

You can learn more about Blessings in a Backpack here:

lvpnnews.com/20240918/blessings-in-a-backpack-marks-10-years-in-salisbury/

And learn more about donating here:

<https://giving.blessingsinabackpack.org/organizations/lehigh-valley>

Initial Steps:

1. Identify a day/time for packing
2. Decide on how items (listed below) will get purchased:
 - Easiest method- Plan to buy bulk from BJ's or other retailers (Walmart, Costco, Amazon). **I found BJs has all the items needed and utilized the app to order online and do curbside pick up.** The most cost efficient method is to pick up!
 - For 175 kids, about \$25/ person will cover it IF you have 24-25 people attend. Sometimes the pricing can be a little cheaper depending on what coupons are active at BJs. I did all the math on how many packages/boxes you need to buy to cover 175 weekend bags.
 - Alternate method - ask each person to sign up to bring 1-2 bulk items. You can create a sign up genius or google sign up sheet to track it. They can buy from wherever they choose.
3. At the event,
 - Arrange a table with all key items
 - Use plastic bags OR ask Giant to donate the bags you need
 - Place 1 of each item listed below in each bag using an assembly line process
 - Place packed plastic bags into box or other way to transport
 - Contact Jess Schwartz to coordinate drop off (phone:610-657-1374)

Items needed in each bag (quantity and approx price per item based on BJ's availability):

Item	Package Description	Quantity to Buy	Price per Package	Total Cost
Chef Boyardee with Meat	12-pack cans	15	\$12	\$180
Mac and Cheese	12-pack bowls	15	\$12	\$180
Goldfish or Pirate's Booty	45-count box	4	\$18	\$72
Nutri-Grain Bars	48-count box	4	\$17	\$68
Slim Jim Sticks	120-count box	2	\$28	\$56
Applesauce	36-count box	5	\$11	\$55