

Helping Families find Children's Behavioral Health Services

Resources to give to our parents:

[Children's Behavioral Health Programs and Services | Department of Health and Human Services](#)

- **For direct assistance, can call Judy Demerchant**, Family Information Specialist
DHHS/CBHS, 30 Skyway Drive Unit 100, Caribou, Me 04769
Cell (207) 551-2742
email Judy.Demerchant@maine.gov
- [Find a Provider | Department of Health and Human Services](#)

Targeted Case Management:

- Children's Case Management Agency List for Intellectual Disabilities:
[Providers Region 1 ID TCM | Department of Health and Human Services](#)
For Parents: Selecting a Community Service Provider, A Toolkit for Assessing Adult Developmental Services Created by and for Family Members [MaineCare Section 29 Edition Community Support Waiver](#)
- Targeted Case Management Agency List for Mental Health:
[Providers Region 1 MH TCM | Department of Health and Human Services](#)
- [Adult and Child Case Management Resources](#)

Outpatient Services:

[Agencies District 1-2 | Department of Health and Human Services](#)

- Medication/Mental Health Services – Districts 1 & 2 Provider List:
[Medication List Districts 1 & 2 | Department of Health and Human Services](#)

Healthcare Coverage Assistance - Mainecare and Katie Beckett Waiver:

[Health Coverage Assistance | Department of Health and Human Services](#)

- Judy Demerchant shared that families need to apply for both at the same time
- can be done online or use paper forms and takes about 4-6 weeks to process
 - keep photocopies of completed forms and put date sent on them
 - may need to apply several times before approved