

Learning How to Use Zoom: <https://shiningwatersregionalcouncil.ca/zoom-video-conferencing>

LGBTQ2S+ Youth

Friends of Ruby- Drop – In Person and Virtual Spaces

Offers meals, activities, support groups and community.

Address: 489 Queen Street East, Lower Level | Toronto, ON

Phone: 416-359-0237

Email: info@friendsofruby.ca

Drop In Hours: Please call for weekly schedule.

Queer and Connect – David Kelley Services

Free virtual group for LGBTQI2S+ youth (ages 16 – 29). Peer-led educational workshops and social groups offers participants the opportunity to discuss challenges being in the LGBTQI2S community.

Every Wednesday 2pm – 4pm on zoom

Phone: 416-595-9618

Email: sau@familyserVICetoronto.org

Website: <https://familyserVICetoronto.org/our-services/programs-and-services/queer-and-connected/>

Sherbourne Health – Supporting Our Youth Weekly Community Check-In Virtual Group for LGBT2SQ Youth

Youth 14-29 years of age, identifying as lesbian, gay, bisexual, trans or questioning

Phone: 416-324-4100

Email: soy@sherbourne.on.ca

Parents & Families

Toronto Pflag – Virtual Monthly Support Meetings

For parents, LGBTQ2S+ individuals as well as their family members and friends. Typically meet on the second Tuesday and fourth Wednesday of each month, 7pm - 8:30pm.

Email: support@torontopflag.org

The 519 – EarlyOn Child and Family Centre

Provide a virtual supportive space for families of diverse sexual orientations, gender identities and configurations and their children (age 0 to 6) to meet, play, talk learn and grow with each other.

Email: SPeters@The519.org

Website: <https://www.the519.org/programs/early-on-child-and-family-centre>

LGBTQ2S+ Older

Sherbourne Health – Mature Trans Sisters (MTS) Virtual Weekly Support Group

Women of all types of trans experiences who are 45+

Email: transprograms@sherbourne.on.ca

Phone: 416-324-4100

Dorothy's Place & Rainbow Tea Time

Inviting folks to weekly social programs both in-person and virtually.

Address: 33 East Rd. | Scarborough, ON

Phone: 647-360-5767 (Rev. Carmen Llamas)

Email: dorothysplace4u@gmail.com

Sunshine Centres for Seniors – Virtual Programs

Diverse selection of virtual rooms (zoom) to choose from including, What's on Your Mind, Sunshine After Hours, Rainbow Circle, Exercise, and Coffee Tea, and Sunshine.

Access different rooms: <https://sunshinecentres.com/covid-19-programming/>

Chatline: 647-847-9853 (Mondays to Fridays, 10:00 am – 3:00 pm)

Egale – Rainbow Table: Connecting LGBTQI2S Seniors

“Take a (virtual) seat at our Rainbow Table” – virtual space where LGBTQI2S seniors can connect during Covid and beyond

Facebook Link: <https://www.facebook.com/groups/rainbowtable>

All Ages

The Toronto Bisexual Network – Virtual Monthly Meetings

Website: <https://www.torontobinet.org/events>

Email: info@torontobinet.org

LGBTQIA+ of Canada Facebook Page

Safe bullying free and discrimination free place for local LGBTQIA+ to chat and meet others.

<https://www.facebook.com/groups/1938518362882586>

Empty Closets

A place where you can figure out who you are, surrounded by other people just like you. Empty Closets offers a forum where you can join in with a wide range of discussions or start your own, a chat room, useful articles and links. For ages 13 and up. Registration is free.

Website: <http://emptyclosets.com>