

## **Bible Study: Learn to War**

### **Defensive Stand – Ephesians 6:10–13**

“Finally, my brethren, be strong in the Lord and in the power of His might.  
Put on the whole armor of God, that you may be able to stand against the wiles of the devil.  
For we do not wrestle against flesh and blood, but against principalities, against powers,  
against the rulers of the darkness of this age, against spiritual hosts of wickedness in the  
heavenly places.

Therefore take up the whole armor of God, that you may be able to withstand in the evil day,  
and having done all, to stand.”

#### **Key Focus:**

- Strength in **the Lord**, not self.
  - Standing firm in battle — **spiritual resistance**.
  - Awareness of the **real enemy** — spiritual forces, not people.
  - Fully equipped with God’s armor to **withstand attacks**.
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### **Offensive Stand – Ephesians 6:17–18**

“And take the helmet of salvation, and the sword of the Spirit, which is the word of God;  
praying always with all prayer and supplication in the Spirit,  
being watchful to this end with all perseverance and supplication for all the saints.”

#### **Key Focus:**

- The **Sword of the Spirit** (Word of God) is our weapon.
  - **Prayer** is continuous — the believer’s communication in battle.
  - Remain **alert, persistent, and intercessory** for others.
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### **Your Strength Comes from the Inside – Job 22:26–28**

“For then you will have your delight in the Almighty,  
And lift up your face to God.  
You will make your prayer to Him,  
He will hear you, and you will pay your vows.  
You will also declare a thing,  
And it will be established for you;  
So light will shine on your ways.”

### Key Focus:

- True power comes from **intimacy with God**.
- **Prayer** and **declaration** align you with God's will.
- When your delight is in the Almighty, your **words carry authority**.
- Strength is spiritual, not circumstantial.

### Three Pillars of Inner Strength:

1. **Passion** – Fire for God's purpose.
  2. **Desire** – Deep longing for His will.
  3. **Presence** – Living in communion with Him.
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### Fasting – Isaiah 58:6

“Is this not the fast that I have chosen:  
To loose the bonds of wickedness,  
To undo the heavy burdens,  
To let the oppressed go free,  
And that you break every yoke?”

### Key Focus:

- Fasting brings **spiritual freedom and clarity**.
  - It breaks **yokes and bondage**.
  - It aligns your spirit to God's power and compassion.
  - True fasting leads to **action and justice** — setting others free.
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### Summary Thought

The believer's warfare is not physical but spiritual.  
Our victory begins **within** — through passion, desire, and the presence of God.  
When we stand in His strength, speak His Word, and fast with purpose,  
we become **warriors equipped for victory** in every battle.

## **Bible Study: Learn to War – Part 2**

### **Prepare Your Heart for Breakthrough**

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#### **1. Carve Out a Sacred Place for God**

##### **Mark 9:28–29**

“And when He had come into the house, His disciples asked Him privately, ‘Why could we not cast it out?’

So He said to them, ‘This kind can come out by nothing but prayer and fasting.’”

##### **Key Focus:**

- **Power and authority are strengthened through private prayer and fasting.**
- Your breakthrough begins in **the secret place**.
- Prayer and fasting **tune your spirit** to God’s power and authority.

Cultivate a space where **God’s presence dwells daily** — a place of intimacy, not just intercession.

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#### **2. Cultivating Your Heart – Check Your Motives**

##### **James 4:3**

“You ask and do not receive, because you ask amiss, that you may spend it on your pleasures.”

##### **Key Focus:**

- God examines the motives behind our prayers.
- A pure heart produces pure power.
- Prayers aligned with His will, not personal gain, release His blessing.

Let your desire for breakthrough be rooted in your desire for God, not just results.

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#### **3. Humility and Reverence – Let the Holy Spirit Search Your Heart**

##### **2 Chronicles 7:14**

“If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.”

**Psalm 66:17–19**

“I cried out to Him for help, and I praised Him.  
If I had been hiding sin in my heart, the Lord would not have listened to me.  
But God did listen to me; He heard my prayer.”

**Key Focus:**

- Humility opens heaven’s ear.
- Repentance restores connection.
- Let the Holy Spirit search your heart and reveal anything that blocks God’s flow.

A humble heart becomes holy ground where God moves freely.

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**4. Release Unforgiveness and Bitterness****Mark 11:25–26**

“And whenever you stand praying, if you have anything against anyone, forgive him,  
that your Father in heaven may also forgive you your trespasses.  
But if you do not forgive, neither will your Father in heaven forgive your trespasses.”

**Key Focus:**

- Forgiveness breaks chains and clears the path for answered prayer.
- Bitterness blocks the flow of grace and healing.
- Forgiveness is not weakness — it’s warfare.

Let go so that God can move. Healing and breakthrough follow a released heart.

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**5. Strengthen Your Faith and Belief****Hebrews 11:6**

“But without faith it is impossible to please Him,  
for he who comes to God must believe that He is,  
and that He is a rewarder of those who diligently seek Him.”

**Key Focus:**

- Faith activates heaven.
- Doubt delays what God desires to release.
- Believe not only that God can, but that He will according to His Word.

Faith is your bridge from promise to manifestation.

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## **6. Don't Do It Alone**

### **Ecclesiastes 4:9–10**

“Two are better than one,  
Because they have a good reward for their labor.  
For if they fall, one will lift up his companion.  
But woe to him who is alone when he falls,  
For he has no one to help him up.”

#### **Key Focus:**

- God designed breakthrough to happen in community.
- Agreement in prayer multiplies power (Matthew 18:19).
- Stay connected to spiritual partners who can lift, cover, and encourage you.

Isolation weakens; unity strengthens the warrior's heart.

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#### **Summary Thought**

Before God gives the victory, He prepares the vessel.  
Breakthrough begins not with outward war, but with inner surrender.  
When the heart is pure, humble, forgiving, and full of faith,  
the power of God flows unhindered — and breakthrough becomes inevitable