



Chicago Bayanihan Project Research (CBPR) Community Membership Application

Suggested CBPR mission statement:

The Chicago Bayanihan Project Research Community works with Filipino and Filipinx/a/o communities in the Chicagoland area to raise awareness and reduce health disparities of our kababayan through engagement and advocacy.

Suggested CBPR Community Agreements:

Welcome emotions
Ground your statements, speak to your experiences
Compassion towards others, compassion towards ourselves
Acknowledge intent and impact
Take space, make space
Respect privacy and confidentiality

CBPR Background:

Chicago Bayanihan Project Research (CBPR) Community is a collaboration between Northwestern University and FYLPRO (Filipino Young Leaders Program). The CBPR will provide community voices to shape an upcoming study "The Bayanihan Project: Filipinx/a/o Community Networks of Care in COVID-19" to listen to the experiences of Filipino and Filipinx/a/o communities disproportionately affected by COVID-19 in the Chicago area: elderly, healthcare workers, and frontline caregivers.

Filipino and Filipinx/a/o Americans (FilAms) have a higher risk of death from COVID-19 than non-Hispanic Whites and other Asians, as well as chronic disease from heart disease, diabetes, and obesity.

- Chicago Bayanihan Project Research lead by FYLPRO and Northwestern University
- The Bayanihan Project is funded by Northwestern University Alliance for Research in Chicagoland Communities (ARCC)

Study recruitment will be conducted through direct community outreach with

- Alliance of Filipinos for Immigrant Rights and Empowerment (AFIRE) Chicago
- Philippine Nurses Association of Illinois (PNAI)
- [TayoHelp.com](https://tayohelp.com), an online platform for trustworthy COVID-19 information in English and Tagalog



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CBPR Member Recruitment:

- Filipino and Filipinx/a/o-identifying community members will be preferentially recruited
- CAB members may include community members, representatives from religious communities, or community-based organizations. We also encourage participation from people living with chronic conditions like heart disease, diabetes, and mental health conditions, as well as community leaders, educators, public health professionals, and physicians.
- Interested community members should complete an application which will be reviewed by the study team and current CAB co-chairs.
- All new CAB members will receive orientation and background materials prior to their first meeting.

Function of CBPR

- Be an advocate for the community and study participants.
- Including community members at all levels of the research process helps build trust and mutual understanding of research issues and ensures that values and cultural differences among participants are respected.
- Advise on scientific and ethical issues regarding study design, recruitment, and protection of study volunteers.
- Provide input on ways to improve the experience of the research participants.
- Inform researchers of local issues or concerns that can affect the conduct and successful implementation of the scientific agenda.
- Evaluate the study impact and disseminate study results.

Responsibilities of CBPR Members:

- Demonstrate commitment to continually learn, attend NU and FYLPRO workshops.
- Work together to develop and provide community education activities (health fairs, kwentuhan forums, media interviews, etc.).
- Advise the study team on study related documents, informed consent forms.
- Help the study team recruit and retain kababayans to the study.
- Share real-life experiences with one another.
- Recruit and orient new CBPR Community members.

Suggested CBPR Guidelines:

- Eight community members plus five study team members
- Members meet 4 times per year for 1-2 hours
- Members will be appointed for at least 2 years and may be reappointed until July 2024



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- Membership is open to all who complete a [CBPR application](#) and orientation by the study team
- Members are no longer active if they miss more than 2 meetings per year
- Active members will receive \$50 per meeting (up to \$200 total per year)

Although membership is by application, participation in meetings are open to all

Contact information about Chicago Bayanihan Project Research

Melissa Palma, MD, MPH | Study Team Leader
Departments of Family Medicine and Preventive Medicine, Cook County Health
Medical and Public Health Advisor, TayoHelp.com
Contact: melissa.palma@fylpro.org

TBD | Community Advisory Board Leader

Afshan Rehman | Research Study Assistant
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Chicago Bayanihan Project Research Community

Membership Application - Fill out on [Google Forms](#), deadline February 21, 2022

Name:

Neighborhood/City (Irving Park, Lincolnwood, Skokie)

Phone number:

Email:

Taga saan ang pamilya po kayo?/Where is your family from?

Languages spoken:

Position, Community Organization (may list multiple):

Occupation, Position, Employer:

Social Media:

Website:

What are your interests in Filipino health or COVID-19? (Example: healthy recipes, utang na loob, immunizations)

What past experiences will help you raise awareness about health disparities in COVID-19 and chronic disease among kababayan in the Chicagoland area? (250 word limit)

Pick 1-2 photos that represent Filipino community health in the Chicagoland area to you.

1. Tell me why you chose each photo. You can write it down in words or record a short clip of yourself talking about the photo.

2. Use the SHOWeS Method: Try to describe what we **SEE** in the photo. What is really **HAPPENING** here? How does it relate to **OUR** lives? **WHY** does this situation, strength, or concern exist? What can we **DO** about it?

What are your questions or concerns about the time commitment and expectations?

Thank you for submitting your application! The NU and FYLPRO study team will review applications and contact you soon.