

ODYSSEY OF **ONSLAUGHT**

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. ✓/✗	 MISSION: Reflect on the week plan min;  Strategic Steps:
2. ✓/✗	 MISSION: Implement page in framer.ai 120 min + 60 min making a new logo + 23 min traffic secrets  Strategic Steps:
3. ✓/✗	 MISSION: Power Up Call 18 min  Strategic Steps:
4. ✓/✗	 MISSION: Marketing IQ; WebPage analysis 15 min copy is everywhere challenge 12 min  Strategic Steps:
5. ✓/✗	 MISSION: Helping TRW Students answering the chats I was tagged 10 min  Strategic Steps: Review Copy 10 min
6. ✓/✗	 MISSION: Pitchcraft - min send new entry later today;  Strategic Steps:
7. ✓/✗	 MISSION: Master Thesis 105 min  Strategic Steps: work on Topolpgies Dodecane_Water + isobar fit_Xsi got new insights on Fit_Xsi and I found a problem source, need to test it if it works
8. ✓/✗	 MISSION:  Strategic Steps:
9. ✓/✗	 MISSION:  Strategic Steps:

✓/✗	🚀 Today's Missions & Strategic Steps To Success 🚀 (Tackle each mission, step by step, and track your progress.)
10. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
11. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
12. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
13. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
14. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
15. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
16. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
17. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
18. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
19. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
20. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:

	July 17 Date of Determination July 17
Date:	21.08.23

🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥
Yesterday's Overall Benchmark Score to Surpass Today = 12/19

	 3 Blessings I Cherish This Morning 
1.	
2.	
3.	

	Magic Trio: 3 Priority Missions (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	IG building
3.	Master Thesis



Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad...

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

1 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

2 AM: Mission 🏆	
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Strategy 🔍	
Reflection ✎	
Score 🏆	

3 AM: Mission 🏆 ★	
Strategy 🔍	
Reflection ✎	
Score 🏆	

4 AM: Mission 🏆 ★	
Strategy 🔍	
Reflection ✎	
Score 🏆	

5 AM: Mission 🏆 ★	Wake up + Saltwater + Gymnastics
Strategy 🔍	
Reflection ✎	Wake up + Saltwater + Gymnastics
Score 🏆	good

6 AM: Mission 🏆	Make logo
Strategy 🔍	
Reflection ✍️	Making new logo
Score 🏆	good

7 AM: Mission 🏆	Make logo + Train + Breakfast
Strategy 🔍	
Reflection ✍️	Making logo + Train + Breakfast
Score 🏆	good

8 AM: Mission 🏆	Breakfast + Analyze lead magnet from competition
Strategy 🔍	
Reflection ✍️	Making logo + Breakfast
Score 🏆	good

9 AM: Mission 🏆	Lead Magnet
Strategy 🔍	
Reflection ✍️	Making logo + Fixing small technical stuff on website
Score 🏆	good

10 AM: Mission 🏆	Brainstorm for ideas for Lead Magnet
Strategy 🔍	
Reflection ✍️	Buying groceries + Fixing small stuff in Framer
Score 🏆	good

11 AM: Mission 🏆	Work on Creating Lead Magnet + SEO Russel Brunson + Eat + Nap
Strategy 🔍	
Reflection ✍️	Buying groceries + Eat
Score 🏆	good

12 PM: Mission 🏆	Nap + Master Thesis
Strategy 🔍	
Reflection ✍️	Eat + Nap
Score 🏆	good

1 PM: Mission 🏆	Master Thesis
Strategy 🔍	
Reflection ✍️	Nap + Master Thesis

Score 🏆	good
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2 PM: Mission 🏆	MPU + Marketing IQ + Review Copy + Copy is everywhere
Strategy 🔍	
Reflection ✍️	Master Thesis
Score 🏆	good

3 PM: Mission 🏆	Master Thesis + MPU + Marketing IQ
Strategy 🔍	
Reflection ✍️	Master thesis
Score 🏆	good

4 PM: Mission 🏆	Analyze Sabri video
Strategy 🔍	
Reflection ✍️	MPU + Marketing IQ + Reading Copy
Score 🏆	good

5 PM: Mission 🏆	Implement Copy Framer.ai
Strategy 🔍	
Reflection ✍️	SEO Traffic Secrets

Score 🏆	good
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6 PM: Mission 🏆	Copy is everywhere challengei + Music
Strategy 🔍	
Reflection ✎	Everywhere is copy + Music
Score 🏆	good

7 PM: Mission 🏆	Prepare Day
Strategy 🔍	
Reflection ✎	Music + Eat
Score 🏆	good

8 PM: Mission 🏆	Puffer
Strategy 🔍	
Reflection ✎	Eat + Prepare Day
Score 🏆	good

9 PM: Mission 🏆	Puffer
Strategy 🔍	
Reflection ✎	Prepare Day

Score 🏆	bad
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10 PM: Mission 🏆	Sleep
Strategy 🔍	
Reflection ✍️	Sleep
Score 🏆	bad

11 PM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

12 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	



Twilight's Review





Today's Learnings: Wisdom or lessons learned from the day

Become a terminator and be relentless to reach your goal

Set more deadlines for smaller processes to be faster. -> Set deadlines for every task



Victories Celebrated: Accomplishments and successes of the day

Finished the page, it's ready to launch.

Made the logo, made few changes so it's easier to modify the page

Framer.io can be a pain in the butt but slowly making progress



Stumbles Along the Way: Points of difficulty or mistakes made.

In Framer sometimes it just takes longer than you think, wasted 30 min on small stuff

Making breaks to prevent headaches -> did that, saved time and kept the overview of the major goal



Tomorrow's Illuminations: Plan how to improve and progress the next day.

Use deadlines to increase my performance

Look for other ways to use SEA or SEO -> look for blogs in my niche that client could need a backlink

Do more of the Copy is everywhere challenge



Consistencies to Keep: Recognize what worked well and should be repeated.

Filling out this plan



Communications: Identifying individuals to connect with.



Pending Missions: Tasks that remain uncompleted



Day's Overall Score: A final assessment of the day's productivity

14/17

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)