

J. L. Mann High School Weekly Lesson Plans 2025-2026

Teacher's Name: **Bailey Green**

Course: **Health Science 1**

Dates: **October 19-October 23, 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STANDARDS	STANDARDS	STANDARDS	STANDARDS	STANDARDS
Standard 3.2	Standard 3.2	Standard 3.1-3.2	Standard 3.2	Standard 3.0
LEARNING TARGET	LEARNING TARGET	LEARNING TARGET	LEARNING TARGET	LEARNING TARGET
I can demonstrate how to accurately present nutrition information and create a detailed nutrition plan and workout plan.	I can demonstrate how to accurately present nutrition information and create a detailed nutrition plan and workout plan.	I can demonstrate how to accurately present nutrition information and create a detailed nutrition plan and workout plan.	I can demonstrate how to accurately present nutrition information and create a detailed nutrition plan and workout plan.	I can demonstrate how to accurately present nutrition information and create a detailed nutrition plan and workout plan.
ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY	ACTIVATING STRATEGY
Find your groups and review your given disease	Review your roles and begin working on your project	Review your roles and begin working on your project	Begin working on your project .	Begin working on your project
LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES	LESSON ACTIVITIES
1.bellringer 2.Part 3 Nutritional Plan Project 3. Group introduction 4. Work with groups 5.closure	1.bellringer 2.Part 3 Nutritional Plan Project 3. Review with teacher to ensure accuracy 4. Work with groups 5.closure	1.bellringer 2.Part 3 Nutritional Plan Project 2. Work with groups 3.closure	1.bellringer 2.Part 3 Nutritional Plan Project 3. Review with teacher to ensure accuracy 4. Work with groups 5.closure	1.bellringer 2.Part 3 Nutritional Plan Project 4.closure
CLOSURE	CLOSURE	CLOSURE	CLOSURE	CLOSURE

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Work on project	Work on project	Work on project	Work on project	Project due
Important Due Dates:	Important Due Dates:	Important Due Dates:	Important Due Dates:	Important Due Dates: Project due

How are you utilizing UDL learning guidelines and strategies within your weekly lessons? Check the boxes or highlight :)

REPRESENTATION options for presenting content	ENGAGEMENT options for engaging student interest	EXPRESSION options for students to demonstrate learning	CULTURAL CONSIDERATIONS	ASSESSMENTS
☐ Artifacts ☐ Pictures ☒ Graphic Organizers ☒ Video Clips ☐ Audio Recordings ☐ Lab ☒ Lecture ☐ Other:	☐ Cooperative Work ☐ Partner Work ☐ Manipulatives ☐ Movement ☐ Debates ☐ Role Plays or Simulations ☐ Other:	☒ Written Response ☐ Illustrated Response ☐ Oral Response ☐ Model Creation ☐ Construction ☐ Other:	☐ Nature of content & ethnicity and/or culture of students ☐ Other:	☒ Class Work ☒ Journals ☐ Group Discussion ☐ Individual Participation ☒ Quiz / Test ☐ Project ☐ Conference ☐ Essay ☐ Other:

*All adjustments to the teacher's lesson plans will be communicated to the students.