

2025

League Track & Field Championships
4A & 5A – Wednesday, April 30, 2025
Jefferson County Stadium

Meet Starts Sharply at 3:00pm
Prelims: Times are approximate

Starting Time (ARRIVE)	Running Event	Final/Prelim
2:55pm	National Anthem	
3:00 (2:00)	4A Girls 4 x 800m Relay	Finals*
3:15	5A Girls 4 x 800m Relay	Finals*
3:25 (2:00)	4A Boys 4 x 800m Relay	Finals*
3:40	5A Boys 4 x 800m Relay	Finals*
3:55 (2:30)	4A Girls 100m Hurdles	Prelim
4:00	5A Girls 100m Hurdles	Prelim
4:15 (2:30)	4A Boys 110m Hurdles	Prelim
4:25	5A Boys 110m Hurdles	Prelim
4:30 (3:00)	4A Girls 100m Dash	Prelim
4:40	5A Girls 100m Dash	Prelim
4:50 (3:00)	4A Boys 100m Dash	Prelim
4:55	5A Boys 100m Dash	Prelim
5:10 (3:30)	4A Girls 400m Dash	Prelim
5:20	5A Girls 400m Dash	Prelim
5:30 (3:30)	4A Boys 400m Dash	Prelim
5:40	5A Boys 400m Dash	Prelim
5:50 (4:00)	4A Girls 300m Hurdles	Prelim
6:00	5A Girls 300m Hurdles	Prelim
6:10 (4:00)	4A Boys 300m Hurdles	Prelim
6:15	5A Boys 300m Hurdles	Prelim
6:25 (4:30)	4A Girls 3200m Run	Final*
6:40	5A Girls 3200m Run	Final*
6:55 (4:30)	4A Boys 3200m Run	Final*
7:10	5A Boys 3200m Run	Final*
7:25 (5:00)	4A Girls 200m Dash	Prelim
7:30	5A Girls 200m Dash	Prelim
7:40 (5:00)	4A Boys 200m Dash	Prelim
7:45	5A Boys 200m Dash	Prelim

Field Events Are All Finals

Weigh ins: 2:15pm

3:05pm

4A Girls High Jump

5A Girls Triple Jump

4A Boys Long Jump

4A Boys Pole Vault

4A Girls Discus

5A Boys Shot Put

Immediately Following

5A Girls High Jump

4A Girls Triple Jump

5A Boys Long Jump

4A Girls Pole Vault

5A Girls Discus

4A Boys Shot Put

*All field events arrive by 2:00pm

2024

ORDER OF EVENT: Times are approximate - ROLLING SCHEDULE

Starting	Time	Event Final/Prelim
3:00	National Anthem	
3:05	4A Girls 800 Medley Relay	Finals*
3:10	5A Girls 800 Medley Relay	Finals*
3:15	4A Girls 4 x 800m Relay	Finals*
3:30	5A Girls 4 x 800m Relay	Finals*
3:40	4A Boys 4 x 800m Relay	Finals*
3:55	5A Boys 4 x 800m Relay	Finals*
4:10	4A Girls 100m Hurdles	Prelim
4:20	5A Girls 100m Hurdles	Prelim
4:35	4A Boys 110m Hurdles	Prelim
4:45	5A Boys 110m Hurdles	Prelim
4:55	4A Girls 100m Dash	Prelim
5:00	5A Girls 100m Dash	Prelim
5:10	4A Boys 100m Dash	Prelim
5:15	5A Boys 100m Dash	Prelim
5:25	4A Girls 400m Dash	Prelim
5:35	5A Girls 400m Dash	Prelim
5:45	4A Boys 400m Dash	Prelim
5:55	5A Boys 400m Dash	Prelim
6:05	4A Girls 300m Hurdles	Prelim
6:15	5A Girls 300m Hurdles	Prelim
6:25	4A Boys 300m Hurdles	Prelim
6:35	5A Boys 300m Hurdles	Prelim
6:45	4A Girls 3200m Run	Final*
7:00	5A Girls 3200m Run	Final*
7:15	4A Boys 3200m Run	Final*
7:30	5A Boys 3200m Run	Final*
7:45	4A Girls 200m Dash	Prelim
7:55	5A Girls 200m Dash	Prelim
8:05	4A Boys 200m Dash	Prelim
8:15	5A Boys 200m Dash	Prelim

FIELD EVENT SCHEDULE:

Starting at 3:05pm

4A Girls High Jump
5A Girls Triple Jump
4A Boys Long Jump
4A Boys Pole Vault
4A Girls Discus
5A Boys Shot Put

Immediately Following

5A Girls High Jump
4A Girls Triple Jump
5A Boys Long Jump
4A Girls Pole Vault
5A Girls Discus
4A Boys Shot Put