

De Pere Middle School - 7th Grade Second Step Curriculum Alignment

Links: [CASEL - SEL Framework](#) [SEL Competencies Guide - WI DPI](#) [Second Step Website](#)

	Program Themes	Second Step Lesson
Mindsets and Goals	- Academic Success - Belonging - Growth Mindset - Helping Others - Perspective Taking - Planning Ahead - Resilience - Starting Right	SS.1.1: Starting Middle School
		SS.1.2 Creating Pathways in Your Brain
		SS.1.3 Learning from Mistakes and Failure
		SS.1.4 Identifying Roadblocks
		SS.1.5 Overcoming Obstacles
		SS.1.6 Overcoming Roadblocks
Recognizing Bullying & Harassment Unit	- Bullying and Harassment - Conflicts - Helping Others - Relationships	SS.2.8 What is Harassment?
		SS.2.9 What is Sexual Harassment?
		SS.2.10 The Effects of Sexual Harassment
		SS.2.11 Gender-Based Harassment
		SS.2.12 Our Rights and Responsibilities
		SS.2.13 Preventing Harassment
Thoughts, Emotions, & Decisions Unit	- Conflicts - Resilience - Staying Calm - Thoughts and Emotions	SS.3.14 Emotions Matter
		SS.3.15 Feel, Think, Do
		SS.3.16 Unhelpful Thoughts
		SS.3.17

	Program Themes	Second Step Lesson
		Reframe the Situation
		SS.3.18 Practicing Positive Self-Talk
		SS.3.19 Making Better Decisions
Managing Relationships & Social Conflict Unit	• Conflicts • Perspective Taking • Planning Ahead • Relationships	SS.4.20 What Makes a Conflict Escalate?
		SS.4.21 Keeping Your Cool in a Conflict
		SS4.22 Conflicts and Perspectives
		SS.4.23 Resolving Conflict