## De Pere Middle School - 7th Grade Second Step Curriculum Alignment

<u>Links: CASEL - SEL Framework</u> <u>SEL Competencies Guide - WI DPI</u> <u>Second Step Website</u>

	Program Themes	Second Step Lesson
Mindsets and Goals	<ul> <li>Academic Success</li> <li>Belonging</li> <li>Growth Mindset</li> <li>Helping Others</li> <li>Perspective Taking</li> <li>Planning Ahead</li> <li>Resilience</li> <li>Starting Right</li> </ul>	SS.1.1: Starting Middle School
		SS.1.2 Creating Pathways in Your Brain
		SS.1.3 Learning from Mistakes and Failure
		SS.1.4 Identifying Roadblocks
		SS.1.5 Overcoming Obstacles
		SS.1.6 Overcoming Roadblocks
Recognizing Bullying & Harassment Unit	<ul> <li>Bullying and Harassment</li> <li>Conflicts</li> <li>Helping Others</li> <li>Relationships</li> </ul>	SS.2.8 What is Harassment?
		SS.2.9 What is Sexual Harassment?
		SS.2.10 The Effects of Sexual Harassment
		SS.2.11 Gender-Based Harassment
		SS.2.12 Our Rights and Responsibilities
		SS.2.13 Preventing Harassment
Thoughts, Emotions, & Decisions Unit	<ul> <li>Conflicts</li> <li>Resilience</li> <li>Staying Calm</li> <li>Thoughts and Emotions</li> </ul>	SS.3.14 Emotions Matter
		SS.3.15 Feel, Think, Do
		SS.3.16 Unhelpful Thoughts
		SS.3.17

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		Reframe the Situation
		SS.3.18 Practicing Positive Self-Talk
		SS.3.19 Making Better Decisions
Managing Relationships & Social Conflict Unit	<ul> <li>Conflicts</li> <li>Perspective Taking</li> <li>Planning Ahead</li> <li>Relationships</li> </ul>	SS.4.20 What Makes a Conflict Escalate?
		SS.4.21 Keeping Your Cool in a Conflict
		SS4.22 Conflicts and Perspectives
		SS.4.23 Resolving Conflict