6K Loop/ First part of 18k- Marking

Trail Marking Descriptions

- Place a pink flag every ¼ mile, considering the line of sight. Flags should always be placed beyond an intersection. If the course is turning at an intersection, use a minimum of 4 flags, creating an arc to show the path. Place an additional flag in sight from the intersection.
- Use blue X flags to mark the "wrong way." These flags are useful if the course makes a hard turn.

3.5 mile hike (Signs #1-6)

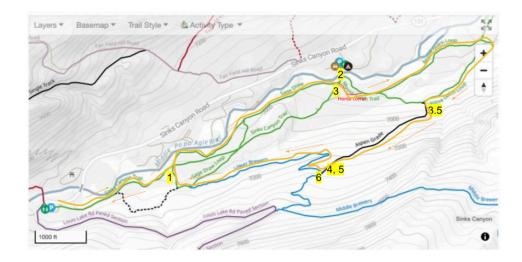
- Start at the forest service gate below Bruce's parking. (All distances start here)
- Turn left on the single track at the Brewer's intersection. (Leave sign #1 here for later)
- Run along the river, staying on the trails closest to the river.
- When you get to the end of the trail near the foot bridge, the 6k/18k will turn right through the horse corral. (#2).
- 50K runners will turn left over the footbridge (#3).
- The 6k/18k will run towards Moose Gulch. When you arrive at the Moose Gulch loop intersection, stay left and continue along the river on the Sinks Canyon Trail. Sinks Canyon Trail will continue towards the state park and loop towards the right staying out of the state park. Continue until you get to Aspen Grade.
- Turn left up Aspen Grade (#3.5). Place the sign before the intersection. This junction is often missed and needs to be flagged heavily.
- Continue up Aspen Grade until you get to Brewers intersection (#4-5). (Ellen will place these)
- The 6K will continue right (down) the Brewer's Trail and 18K will turn left (up).
- Place sign #6 on Brewers (approaching Aspen Grade from the upper side). (Ellen will place this one)
- Continue down Brewers. At this point, all distances are finishing on Brewer's.
- Stay on Brewer's until you get back to the Brewers intersection on the two track. Place sign #1
 here. Don't put flags at this intersection for the finish. Flags should only be placed on the North
 / river side of the two track so runners know where to go at the beginning of the race. Ellen
 will move the pink flags for the finish after all races have started.

Sinks Canyon Race Maps

GPX can be downloaded from each link → menu → download 6K course

18K course

50K course



18K Course- Fossil Hill Loop- Marking

Trail Marking Descriptions

- Place a pink flag every ¼ mile, considering the line of sight. Flags should always be placed beyond an intersection. If the course is turning at an intersection, use a minimum of 4 flags, creating an arc to show the path. Place an additional flag in sight from the intersection.
- Use blue X flags to mark the "wrong way." These flags are useful if the course makes a hard turn.

8 mile hike (Signs #7-16)

- Starting at the Brewer's trail on the 1st Switchback (Loop Road) (#7) Ellen will place sign before the turn off Lower Brewer's. 18K will turn off Brewer's and run on the road. Keep flags on the left side of the road.
- Continue towards the 2nd switchback to the snowmobile trail. (#8) (Ellen will place)
- Continue up the snowmobile trail, flagging abundantly especially when the trail is faint. Continue through the trees towards upper Brewers. Follow the cairns straight up.
- Turn left at Upper Brewers towards Fossil (#9). This is where the 50K will join and will have the same course to the finish. Make sure it is clear runners are supposed to turn left on the trail, but not flagged in a way where 50K runners go down the snowmobile track. (Worthen to Fossil Course Marking volunteer will place this sign)
- At the road (#10), cross directly to the beginning of Middle Brewers single track (#11). Runners will not cross the road towards the parking lot. They must stay on the trail. (Ellen will place these signs)
- Approximately halfway between the road crossing and the Aid Station which will be located just the the left of the "T" intersection, place the sign so that runners know that they need to check in at the Fossil Hill Aid Station.(#12). (Ellen will place)
- Fossil Hill Aid Station Sign/how many miles to finish will be placed at the "T" intersection (#13).
 (Ellen will place)
- After leaving the Aid Station, place sign (#14) for runner confidence further down Middle Brewers but before crossing the Wolf Trail/ Limestone Mountain Cutoff Road (Ellen will place)
- Cross the Wolf Trail/Sawmill two track at the cattle guard to continue on Lower Brewer's trail (#15). (Ellen will place)
- Continue on Lower Brewer's Trail. There is an unofficial side trail that goes off to the left at the end of the first meadow (where you can see Wind River Peak). Do not take this left. Use the main trail, which continues forward/ right.
- When you get to the end of the lower meadow, there will be about 2 miles until getting back to the Loop Road.
- At the Loop Road, 18k and 50k runners will continue down Brewer's (#16). (Ellen will place)
- Continue to flag to Aspen Grade. 18k will be on this 0.4 mile section running up and down.

- Continue down Brewer's towards Aspen Grade. Check signage if it was already placed. The 6k and 18k will split directions at the Aspen Grade/ Brewer's intersection. The 18k and 50k will be running down Brewer's/ NOT Aspen Grade.
- Because all distances will be taking different directions here, flagging should be used beyond the interaction, but not at the intersection.
- Turn around and go back up towards the first switchback to check on flagging line of sight for runners travelling in both directions. Remember that 18k runners will be using this trail going both directions. 50K will only be going down this section.

Sinks Canyon Race Maps

GPX can be downloaded from each link → menu → download 6K course 18K course 50K course



Start of 50 K (will be flagged with 6K/18K courses)

• 50K starts at Bruce's Parking and runs on the single track along the river to the Forest Service Campground.

Timbertop/Fairfield Loop- Marking

Trail Marking Descriptions

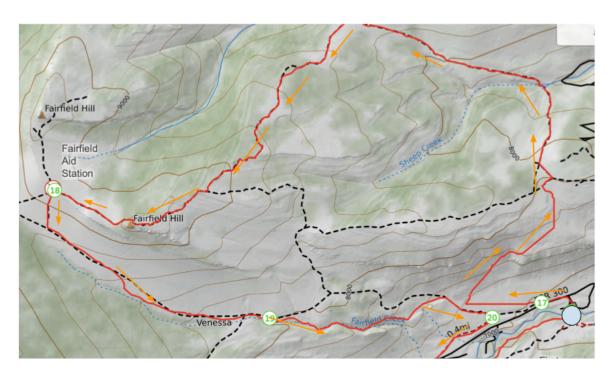
- Place a pink flag every ¼ mile, considering the line of sight. Flags should always be placed beyond an intersection. If the course is turning at an intersection, use a minimum of 4 flags, creating an arc to show the path. Place an additional flag in sight from the intersection.
- Use blue X flags to mark the "wrong way." These flags are useful if the course makes a hard turn.

11 mile hike (signs #17-20)

- Ellen will flag from the campground bridge, along Sinks Canyon Road, to the Fairfield parking lot
- Start flagging at Sinks Canyon Road / Vanessa Street/ Fairfield/ Moss Cave parking lot to the "Sunny Side Singletrack." (#17) (Ellen will place)
- Climb towards the cabins following the fence line at the Hamilton's property.
- Continue past Lander Mountain road and head down towards Sheep Creek. Cross the creek and climb up towards Timber Top.
- Turn left towards Fairfield. The aid station is located on the Fairfield saddle. (#18)
- Continue down the road (Vanessa St.). Turn right down the "stuck truck trail" (#19)
- Continue to use the single track that parallels Vanessa St on the right until you get to the parking area.
- Take a sharp right through the parking area and two large boulders (#20) towards the forest service horse corrals. Continue on the faint two track until you hit Sinks Canyon Road.
- Continue to place flags more closely on Sinks Canyon Road on this section.
- Continue on the right side of Sinks Canyon Road directing runners through the driveway to Bruce's Picnic Area and all the way to the Aid Station location.

Sinks Canyon Race Maps

GPX can be downloaded from each link → menu → download 6K course 18K course 50K course



Bruce's Aid Station to Worthen- Marking

Trail Marking Descriptions

- Place a pink flag every ¼ mile, considering the line of sight. Flags should always be placed beyond an intersection. If the course is turning at an intersection, use a minimum of 4 flags, creating an arc to show the path. Place an additional flag in sight from the intersection.
- Use blue X flags to mark the "wrong way." These flags are useful if the course makes a hard turn.

9 mile hike (Signs #21-22)

- Follow the one-way loop to the right. The aid station will be located on the left at the second pull out (#21). (Ellen will place)
- Leave the aid station through the picnic area towards the Middle Fork trail. Use the single track at the end of the picnic area on the right side.
- Continue on the Middle Fork trail for 5 miles until you reach the Sheep's Bridge turn.
- Turn Left on Sheep's Bridge (#22) and go over the bridge. Make sure that the sign is placed at the intersection directing runners to take a hard left and then cross the bridge.
- Mark with blue flags heading up the middle fork/ if runners miss the hard left turn to cross the bridge.
- Turn left at the Worthen/Twin Lakes intersection and climb towards Worthen. There is often
 water disguising this intersection. Flag well! We unofficially have a volunteer water station
 here.
- Continue past Upper Brewer's trail to the aid station at Worthen Trailhead (#23) <placed by Worthen to Fossil course marker volunteer>
- This will be an out and back to the aid station and back to Upper Brewers. Take extra caution
 when flagging, thinking about what runner's will see from both directions. Only pink flags and
 signs should be used here.

Sinks Canyon Race Maps

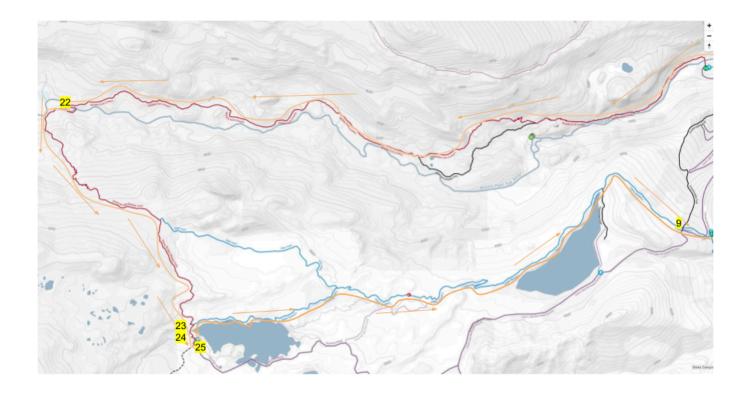
GPX can be downloaded from each link → menu → download

6K course

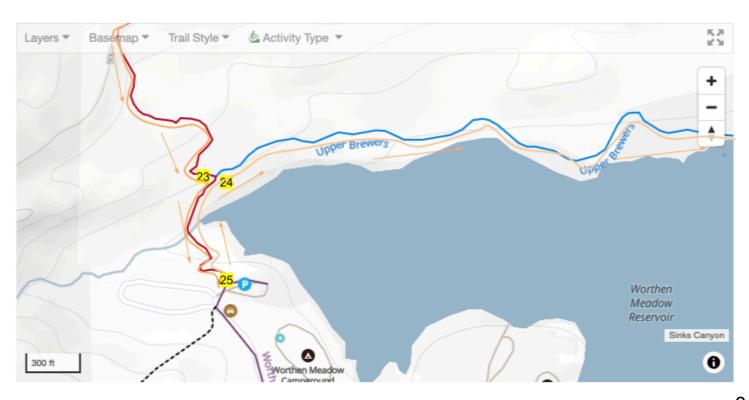
18K course

50K course

Bruce's to Worthen to Fossil



Worthen out and back to AS



Worthen Aid Station to Fossil- Marking

Trail Marking Descriptions

- Place a pink flag every ¼ mile, considering the line of sight. Flags should always be placed beyond an intersection. If the course is turning at an intersection, use a minimum of 4 flags, creating an arc to show the path. Place an additional flag in sight from the intersection.
- Use blue X flags to mark the "wrong way." These flags are useful if the course makes a hard turn.

5 mile hike (Signs #23-25)

- Place "Race in Progress" sign at the Worthen Trailhead.
- The aid station will be placed right where the trail meets the parking area, near the bathroom. (#25) Leave the aid station and head back on the Sheep's Bridge trail towards Upper Brewers.
- Turn right at Upper Brewer's (#24 and #23)
- Check flagging and signage from all directions, ensuring the directions are clear for runners.
- Continue to take Upper Brewer's for about 5 miles.
- Continue past Frye Lake towards the snowmobile track.
- The 18K will meet up at the top of the snowmobile track on Upper Brewers. (#9 will be here, placed by another volunteer). This is where the 18K and 50K will join and will have the same course to the finish. Make sure it is clear that 18k runners go left and 50k runners go straightThe 50K will finish with the same course as the 18K course.

Sinks Canyon Race Maps

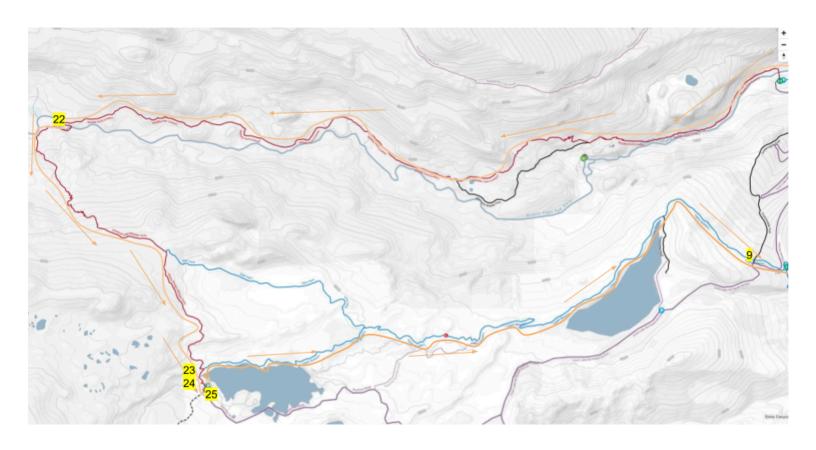
GPX can be downloaded from each link → menu → download

6K course

18K course

50K course

Bruce's to Worthen to Fossil



Worthen out and back to AS

