1) Type of Trader

I'm a momentum trader. I like to keep trades as simple as I can, and allowing price action and appropriate market analysis to guide my decisions will eventually lead to consistent profits. I enjoy using zone to zone trading and looking for box breakouts: There's something intrinsically appealing to me about this trading method.

2) Time Availability

I work 8-4:30 and have 2-3 hours to watch charts during market hours, most of that time being in 15-20 minute intervals. I feel that holding positions for a few days up to a week will be the best use of my time.

3) Risk Sentiment

I am risk averse. One large loss could completely knock me out of the game. I have a cash flow system in the works to be fully functional in the next few months, but for the time being I am playing it safe with rigid entry criteria and tight stop losses. Sticking with a trend from start to finish is always the goal, but I will take partials at major zones or signs of reversal.

4) Asset Class

I will trade trending stocks and ETF's with equity, and utilize options when conditions are favorable for them.