

Transforaminal Lumbar Interbody Fusion (TLIF)

Indication:	Spinal stenosis
Position:	Prone with both hands keep in swimming position
Anae:	Remifentanyl x 2 Plain ETT +/- reinforcement tube NS with plain set, SCD, Foley insertion
LA infiltration Please LABEL	<ul style="list-style-type: none"> ✓ Adrenaline (1:10,000) 10ml /amp x 1 ✓ 10 ml Normal Saline x 2 amp ✓ 0.5% Levobupivacain 10 ml/vial x 1 ✓ 3ml syringe x 1, 20ml luer lock syringe x 1, ✓ 21G needle x 1 ✓ Skin marker x 1, sterile stripes x labelling
Instruments	N001, N004, N002b, N106 or N105 N301 N501, N503, N504 N805a, b, c, d +/- N801, N807 On loan instrument from sales, e.g. Medtronic
Supple Instruments:	Bipolar forceps (Aesculap) BP handle, bayonet
Consumables	mini raytec gauze self adhesive drape 75 x75 4pcs Toban 6640 Blade No.20, No.11 1@ Bulb syringe x 1, 20ml syringe on blunt needle x 2 set Bone wax, Surgicel S x 1 Pettis M, S 1@ Mic drape, Sterile X-ray cover x 2 +/- G22 spinal needle (for checking position) Long diathermy blade (insulated)
Sutures	2/0 Vicryl (muscle closure) 3/0 caprosyn (Skin closure)
Dressing	Sterilstrip + Tegaderm Small x 4/ cosmopore

Remarks:

For Pre-op checking position under X-ray, use a stainless steel ruler (inside the skin prep box)

Operating procedures:

- 1 GA □ 2. Positioning (Wilson Frame is preferable) □ 3. Skin preparation
- 2 Draping
 - 2.1 Sterile X-ray cover x 2 to C-arm
 - 2.2 self adhesive drape 75 x75 x 4pcs
 - 2.3 Ioban 6640
 - 2.4 Large disposable drapes x 1 to foot end, x 1 to head side
 - 2.5 Small disposable drapes for left side and then right side. Thus, making a square disinfected area for OT.

**** free an OT table's side rail (opposite side) for anchor of the Metrix holder**

- 3 Incision
- 4 Closing