

Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Trips, Slips & Falls						
People at risk:	Young People, Leaders, Audience Members, Venue Staff						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Uneven Flooring/Staging Risks: Potential for trips or ankle sprains.</p> <p>Obstacles on Stage Risks: Cords, props, or set pieces can pose tripping hazards.</p> <p>Poor Lighting Risks: Decreased visibility can result in slips, trips, and falls.</p> <p>Lack of Guardrails or Markings Risks: Falling off the edges of the stage.</p> <p>Wet or Slippery Surfaces Risks: Slips can occur, possibly causing sprained or broken limbs.</p> <p>Footwear Risks: Inappropriate or ill-fitting shoes can cause slips, trips, and falls.</p> <p>Quick Movements/Choreography Risks: Fast or complex movements increase the chance of losing balance.</p>	3	4	12	<p>Regular Inspection Ensure the stage and all props are well-maintained.</p> <p>Clear Markings Mark out areas where performers should not go.</p> <p>Good Lighting Make sure the stage is well-lit during both rehearsals and performances.</p> <p>Safety Briefing Educate young performers on the risks and how to avoid them.</p> <p>Rehearsals Ensure adequate time for performers to familiarise themselves with the stage and choreography.</p> <p>Proper Footwear Ensure everyone wears suitable, well-fitting shoes.</p> <p>Clean up Make sure the stage is clear of any debris or liquids before performances.</p>	3	2	6



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<p>Crowding Risks: Too many people on stage can result in bumping into each other and falling.</p> <p>Costume Hazards Risks: Long gowns, cloaks, or accessories can be tripping hazards.</p> <p>Lack of Rehearsal Risks: Unfamiliarity with the stage layout or choreography can lead to accidents.</p> <p>Height Risks: Falls from elevated platforms or props.</p> <p>Lack of Supervision Risks: Unattended young performers may engage in risky behaviour, increasing the chance of an accident.</p>			<p>Supervision Always have responsible adults supervising both rehearsals and performances.</p> <p>First Aid Have a first aid kit and someone knowledgeable in first aid present at all times.</p> <p>Emergency Procedures Establish and communicate what steps to take in case of an accident.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Falling Objects							
People at risk:	Young People, Leaders, Audience Members, Venue Staff							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Unsecured Props or Equipment Risks: Objects can fall due to poor fastening or accidental bumps, posing a risk of head or bodily injury.</p> <p>Overhead Rigging and Lighting Risks: Lights, speakers, or other overhead equipment could fall if not properly secured.</p> <p>Unstable Set Pieces Risks: Large or towering set pieces can tip over if they're not well-balanced or secured.</p> <p>Handheld Objects Risks: Performers dropping handheld props, microphones, or other equipment.</p> <p>Costume Accessories Risks: Pieces of costumes, such as hats or jewellery, falling off and tripping performers or creating other hazards.</p> <p>Wind or External Forces Risks: Outdoor performances may involve the risk of objects being blown over by the wind.</p>	4	3	12	<p>Regular Inspection Ensure that all objects, especially those that are elevated or hanging, are secure.</p> <p>Safety Harnesses and Cables Use safety cables, nets, or other restraining devices for overhead equipment.</p> <p>Clear Safety Zones Designate areas underneath potentially hazardous overhead objects as off-limits.</p> <p>Training and Briefing Train crew and performers on how to handle and secure props and equipment properly.</p> <p>Warning Signs Use signs to indicate potential danger zones both onstage and backstage.</p> <p>Weight Distribution Ensure that set pieces are well-balanced and securely anchored.</p> <p>Regular Maintenance</p>	4	2	8	



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<p>Stacked Items Risks: Improperly stacked items backstage could topple over.</p> <p>Heavy Objects on Elevated Surfaces Risks: Objects placed on shelves or elevated platforms could fall.</p> <p>Lack of Knowledge or Training Risks: Crew or performers may not know how to properly secure objects.</p> <p>Vibration or Movement Risks: Dancing, heavy footfall, or machinery can cause vibrations that dislodge objects.</p>			<p>Check clamps, ropes, and fastenings regularly to make sure they're in good condition.</p> <p>Avoid Stacking Do not stack objects in a manner that makes them prone to falling.</p> <p>Emergency Procedures Make sure everyone knows what to do if something does fall to minimise injury.</p> <p>First Aid Have a first aid kit and someone trained in first aid on hand at all times.</p> <p>Professional Installation For complex rigging or setups, consult with professionals to ensure safety.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Risk of burns						
People at risk:	Young People, Leaders						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Stage Lighting Risks: High-intensity lights can get extremely hot and cause burns upon contact.</p> <p>Pyrotechnics/Special Effects Risks: Incorrect use or malfunction can result in burns or fire.</p> <p>Hot Surfaces Risks: Equipment such as fog machines or amplifiers can heat up and cause burns.</p> <p>Electrical Equipment Risks: Malfunctioning or poorly maintained equipment can cause electrical burns.</p> <p>Hot Liquids Risks: Spilled drinks or substances used in effects can cause scalds.</p> <p>Flammable Costumes/Materials Risks: Costumes or set pieces made from flammable materials can catch fire.</p> <p>Candles or Open Flames</p>	3	3	9	<p>Regular Inspections Check all equipment for faults that could lead to overheating or malfunction.</p> <p>Professional Oversight Only allow qualified professionals to handle pyrotechnics and electrical installations.</p> <p>Safety Barriers Install barriers or guards around hot or dangerous equipment.</p> <p>Safety Briefing Educate performers and crew about the risks and safe handling procedures.</p> <p>First Aid Keep a well-stocked first aid kit on-site, and make sure some attendees are trained in treating burns.</p> <p>Flame-Resistant Materials Opt for flame-resistant or flame-retardant materials for costumes and set pieces.</p> <p>Signage Clearly mark areas where there is a risk of burns.</p>	2	1	2



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<p>Risks: Used for effect or ambiance, these can cause burns or start fires.</p> <p>Chemicals Risks: Certain cleaning products or substances used in special effects can cause chemical burns.</p> <p>Outdoor Performances Risks: Sunburn due to prolonged exposure to sunlight.</p> <p>Lack of Safety Protocols Risks: Failure to follow safety guidelines can increase the likelihood of burns.</p>			<p>Emergency Exits Ensure that there are clear and easily accessible escape routes in case of fire.</p> <p>Chemical Storage Store any hazardous chemicals safely and away from heat sources.</p> <p>Protective Gear Provide appropriate gloves or clothing when handling hot equipment or substances.</p> <p>Sun Protection For outdoor performances, provide sunscreen and shade structures.</p> <p>Regular Training Keep all staff up to date with the latest safety protocols for burn prevention and treatment.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Risk of fire							
People at risk:	Young People, Leaders, Audience Members, Venue Staff							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Electrical Equipment Risks: Overloaded circuits, faulty wiring, or malfunctioning equipment can cause electrical fires.</p> <p>Pyrotechnics/Special Effects Risks: Improper use or malfunctions can lead to a fire or explosion.</p> <p>Flammable Materials Risks: Costumes, props, and set pieces made from flammable materials can easily catch fire.</p> <p>Open Flames Risks: Candles, lighters, and other open flames can ignite nearby materials.</p> <p>Smoking Risks: Smoking near flammable materials or in unauthorised areas can start a fire.</p> <p>Hot Surfaces Risks: Overheated equipment can ignite nearby materials.</p> <p>Heating Equipment</p>	4	4	16	<p>Regular Inspections Inspect all electrical and heating equipment for safety and compliance.</p> <p>Safety Protocols Have a detailed fire safety protocol that is regularly reviewed and practised.</p> <p>Fire Extinguishers Ensure fire extinguishers are available, visible, and in working condition.</p> <p>Fire-Resistant Materials Use fire-resistant or fire-retardant materials wherever possible.</p> <p>Professional Oversight Only allow trained professionals to handle pyrotechnics, electrical systems, and other potentially hazardous equipment.</p> <p>Clear Signage Use signs to indicate fire risks and to guide toward emergency exits.</p> <p>Training and Awareness</p>	3	1	3	



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Space heaters or other heating equipment can cause fires if improperly used or left unattended.</p> <p>Chemicals Risks: Combustible chemicals or cleaning products can contribute to fires.</p> <p>Lack of Fire Safety Measures Risks: Absence of fire extinguishers, fire blankets, or clear evacuation routes increases fire risk.</p> <p>Human Error Risks: Lack of training or awareness can lead to mistakes that cause fires.</p> <p>Outdoor Elements Risks: For outdoor performances, natural conditions like dry weather can enhance the risk of fire.</p>			<p>Conduct fire safety training for all participants, including performers and crew.</p> <p>Designated Smoking Areas Clearly mark areas where smoking is permitted, far away from flammable materials.</p> <p>Ventilation Ensure adequate ventilation to disperse heat and fumes that could contribute to fire risks.</p> <p>Emergency Routes Keep emergency routes and exits clear and easily accessible at all times.</p> <p>Chemical Storage Store chemicals in designated, safe locations away from heat and open flames.</p> <p>First Aid Maintain a first aid kit specifically equipped for burn injuries.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Electrical hazards							
People at risk:	Young People, Leaders, Audience Members, Venue Staff							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Faulty Wiring Risks: Exposed or damaged wiring can lead to electrical shocks or fires.</p> <p>Overloaded Circuits Risks: Plugging too many devices into a single outlet can overload the circuit and cause a fire.</p> <p>Unprotected Electrical Outlets Risks: Outlets without protective covers can pose a shock risk, especially to young performers who may be curious.</p> <p>Inadequate Grounding Risks: Poorly grounded equipment can cause electrical shocks or fires.</p> <p>Water Exposure Risks: Electrical equipment exposed to water can short-circuit, posing a risk of electrocution or fire.</p> <p>Equipment Malfunction Risks: Faulty or old equipment can fail, leading to electrical shocks or fires.</p> <p>Cables and Wires on Floor</p>	3	3	9	<p>Regular Inspections Ensure all electrical systems are regularly inspected for wear and tear and are in compliance with safety standards.</p> <p>Training and Briefing Train staff and performers on how to safely operate and handle electrical equipment.</p> <p>Proper Grounding Make sure all equipment is adequately grounded.</p> <p>Circuit Breakers and Surge Protectors Utilise these to prevent overloading circuits and electrical surges.</p> <p>Covered Outlets Use protective covers for all electrical outlets.</p> <p>Water Safety Ensure there's no risk of water coming into contact with electrical outlets or equipment.</p> <p>Cable Management Use cable organisers or guards to keep wires secure and away from walking paths.</p>	2	2	4	



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Tripping hazards that can also damage cables, leading to electrical risks.</p> <p>Lack of Training Risks: Inexperienced staff or performers may misuse equipment, leading to electrical hazards.</p> <p>Unattended Equipment Risks: Leaving electrical equipment unattended can lead to overheating or other malfunctions.</p> <p>Improper Storage Risks: Storing electrical equipment inappropriately can result in damage and subsequent electrical hazards.</p>			<p>Clear Signage Mark areas where electrical hazards may exist and provide instructions for safe usage.</p> <p>Emergency Protocols Have clear procedures for what to do in case of an electrical malfunction or fire, including emergency contact numbers.</p> <p>First Aid Keep a first-aid kit on hand, and make sure it includes treatments for electrical burns.</p> <p>Unplug When Not in Use Make it a policy to unplug equipment when it's not being used, to minimise risks of overheating or electrical fire.</p> <p>Professional Oversight For complex electrical setups, consult with certified electricians to ensure everything is up to code.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Exposure to extremes of temperature						
People at risk:	Young People, Leaders, Audience Members, Venue Staff						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>High-Intensity Lighting Risks: Prolonged exposure can result in heat stress or burns.</p> <p>Outdoor Performances Risks: Exposure to high temperatures, sunlight, or cold weather conditions can lead to heat stroke or hypothermia.</p> <p>Ventilation Systems Risks: Malfunctioning HVAC systems can lead to excessively hot or cold indoor conditions.</p> <p>Pyrotechnics/Special Effects Risks: Heat generated can cause burns or raise ambient temperatures significantly.</p> <p>Proximity to Electrical Equipment Risks: Some equipment can generate heat, increasing the risk of heat stress.</p> <p>Inadequate Breaks Risks: Continuous exposure without breaks can exacerbate temperature-related issues.</p> <p>Unsuitable Costumes</p>	3	2	6	<p>Environmental Controls Use HVAC systems, fans, or heaters to maintain a comfortable temperature. Make sure systems are regularly inspected and maintained. In the lack of HVAC systems, doors and windows should be opened to assist with ventilation and air flow.</p> <p>Regular Breaks Allow for sufficient breaks to give performers time to adjust to comfortable temperatures and hydrate.</p> <p>Appropriate Costuming Choose breathable, weather-appropriate costumes to minimise risk.</p> <p>Hydration Stations Provide easy access to water to ensure that everyone stays hydrated.</p> <p>Monitoring Regularly check temperatures and adjust environmental controls as necessary.</p> <p>Education and Awareness Train staff and performers on the signs of heat stress, heatstroke, and hypothermia.</p>	1	1	1



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Heavy, non-breathable costumes can lead to overheating.</p> <p>Lack of Hydration Risks: Dehydration can make individuals more susceptible to temperature extremes.</p> <p>Extended Rehearsal/Performance Times Risks: Longer durations increase the chance of temperature-related health issues.</p> <p>Inadequate Warm-Up or Cool-Down Risks: Without proper bodily preparation, performers are more susceptible to temperature stress.</p>		<p>Emergency Kits Keep first aid kits stocked with items for treating temperature-related conditions (e.g., cold packs, electrolyte solutions).</p> <p>Warm-Up and Cool-Down Areas Designate areas for performers to prepare for or recover from exposure to temperature extremes.</p> <p>Signage Use clear signs to indicate locations where temperature extremes might be an issue, such as near high-intensity lighting or pyrotechnics.</p> <p>Weather Contingency Plans For outdoor performances, have contingency plans for extreme heat or cold, including cancellation or rescheduling.</p> <p>Health Monitoring Have medical staff on hand, especially in extreme conditions, to monitor for any symptoms of heat-related or cold-related illnesses.</p> <p>Special Effects Safety Ensure that heat-generating special effects like pyrotechnics are used safely and that performers are at a safe distance.</p>
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Exposure to adverse weather conditions							
People at risk:	Young People, Leaders, Audience Members, Venue Staff							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Extreme Temperatures Risks: Heatstroke in hot weather, hypothermia in cold weather.</p> <p>Rain and Wet Conditions Risks: Slippery surfaces, increased likelihood of electrical hazards, and discomfort for performers and audience.</p> <p>Wind Risks: Falling objects, disrupted performances, and potential for cold exposure.</p> <p>Snow and Ice Risks: Slippery surfaces, cold exposure, and potentially dangerous travel conditions.</p> <p>Thunderstorms and Lightning Risks: Electrical hazards, falling objects due to strong winds, and panic among attendees.</p> <p>Poor Visibility Risks: Difficulty in executing performance, increased risk of accidents.</p> <p>Sun Exposure</p>	3	4	12	<p>Weather Monitoring Keep an eye on weather forecasts and have contingency plans for adverse conditions.</p> <p>Emergency Protocols Have clear and practised emergency procedures for weather-related disruptions, including evacuations if needed.</p> <p>Safety Gear Provide necessary safety gear like ponchos, blankets, or sunscreens depending on the forecast.</p> <p>Non-Slip Surfaces Use mats or other anti-slip solutions to reduce the risk of slips and falls in wet conditions.</p> <p>Secure Setup Ensure all stage setups, tents, and other structures are securely anchored to withstand wind.</p> <p>Visibility Aids Use additional lighting or high-visibility tape in areas where poor visibility could be a risk.</p> <p>Covered Areas</p>	1	4	4	



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Sunburn, heatstroke, and dehydration.</p> <p>Dust and Allergens Risks: Respiratory issues, allergic reactions, and discomfort.</p> <p>Inadequate Shelter Risks: Lack of protection from elements can worsen all of the above risks.</p>			<p>Provide covered areas for performers and equipment to protect against rain, snow, or intense sun.</p> <p>Health and Safety Staff Have medical staff on hand to treat weather-related conditions like heatstroke, hypothermia, or allergic reactions.</p> <p>Communication Use loudspeakers, radios, or other means to communicate quickly and clearly in case of sudden weather changes.</p> <p>Hydration Stations Ensure easy access to water to prevent dehydration in hot conditions.</p> <p>Regular Updates Keep attendees informed about weather conditions and any changes in the schedule.</p> <p>Cancellation Policy Be prepared to cancel or postpone the event if conditions are too dangerous.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Injuries from set, props and scenery						
People at risk:	Young People, Leaders						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Sharp or Jagged Edges Risks: Cuts, scrapes, and puncture wounds from poorly finished or damaged sets and props.</p> <p>Falling Objects Risks: Head or body injuries from unsecured items falling from above.</p> <p>Tripping Hazards Risks: Injuries from tripping over ill-placed props or uneven set pieces.</p> <p>Unstable Structures Risks: Risk of collapsing sets causing physical injury.</p> <p>Heavy Objects Risks: Back and muscle strains from lifting or moving heavy set pieces or props.</p> <p>Obstructed Sightlines Risks: Increased likelihood of collisions or falls due to lack of visibility.</p> <p>Flammable Materials Risks: Burns or fires from flammable props or set pieces.</p>	3	4	12	<p>Regular Inspections Ensure all set pieces, props, and scenery are checked for safety before each performance or rehearsal.</p> <p>Safety Training Conduct regular safety briefings for performers and crew on how to interact with the set, props, and scenery.</p> <p>Securing Objects Use ropes, brackets, or other securing measures for items that are elevated or could potentially fall.</p> <p>High-Visibility Tape Use this to mark tripping hazards or edges of set pieces.</p> <p>Lighting Ensure that all areas, especially those with potential hazards, are well-lit.</p> <p>PPE (Personal Protective Equipment) Provide gloves, hard hats, safety shoes, or other relevant PPE for handling heavy or dangerous objects.</p> <p>Clear Signage</p>	2	2	4



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Small Objects Risks: Choking hazards, especially for younger performers.</p> <p>Moving Parts Risks: Injury from mechanically operated set pieces or props.</p> <p>Inadequate Signage Risks: Lack of warning signs can result in unintended interaction with hazardous elements.</p>			<p>Clearly label any potentially hazardous areas or items.</p> <p>Fire Safety If flammable materials are used, ensure fire safety measures like extinguishers are readily available.</p> <p>First Aid Keep a well-stocked first-aid kit readily accessible.</p> <p>Emergency Protocols Have clear procedures for what to do in the event of an accident, including how to communicate quickly with medical professionals.</p> <p>Spotters and Supervisors Employ spotters or supervisors to watch for unsafe interactions with sets, especially during complex scenes or stunts.</p> <p>Documentation Keep records of all safety checks and any incidents to continually update and improve safety protocols.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Participation in stunts						
People at risk:	Young People						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Improper Technique Risks: Risk of physical harm due to incorrect execution of stunts.</p> <p>Lack of Supervision Risks: Accidents due to the absence of trained personnel to oversee stunts.</p> <p>Inadequate Safety Gear Risks: Increased vulnerability to injuries without appropriate protective equipment.</p> <p>Failure of Equipment Risks: Malfunctions can lead to falls or other injuries.</p> <p>Insufficient Rehearsal Time Risks: Inadequate practice can result in poor execution and accidents.</p> <p>Physical Strain Risks: Overexertion can lead to muscle strains, sprains, or more serious injuries.</p> <p>Miscalculation Risks: Errors in timing, positioning, or speed can result in accidents.</p>	3	3	9	<p>Professional Training Only allow trained stunt coordinators and performers to execute complex stunts.</p> <p>Safety Gear Ensure that all required safety gear, like helmets or pads, is used and is in good condition.</p> <p>Rehearsals Schedule sufficient rehearsal time and do multiple run-throughs before live performances.</p> <p>Equipment Checks Inspect all stunt equipment regularly to ensure it's in proper working condition.</p> <p>Supervision Always have qualified supervisors or experts present during stunt practices and performances.</p> <p>Clear Communication Use clear signals or cues for timing, initiation, and termination of stunts.</p> <p>Emergency Protocols</p>	2	1	2



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Audience Interference Risks: Unpredictable actions from the audience can disrupt stunts, causing hazards.</p> <p>Inadequate Space Risks: Confined or cluttered areas can restrict movement and lead to accidents.</p> <p>Lack of Communication Risks: Miscommunication among participants and supervisors can result in errors and injuries.</p>			<p>Have an emergency action plan in place, including immediate access to first aid and medical professionals.</p> <p>Space Assessment Ensure the area where the stunt will be performed is spacious and free of obstructions.</p> <p>Audience Barriers Employ barriers or sufficient distance to prevent audience interference during stunts.</p> <p>Documentation Document each stunt's planning, rehearsal, and execution for accountability and future reference.</p> <p>Physical Fitness Require that participants undergo a fitness evaluation to determine their ability to perform the stunt safely.</p> <p>Sign Offs Ensure that all involved parties, including performers, coordinators, and supervisors, approve the stunt before execution.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Fatigue						
People at risk:	Young People, Leaders						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Impaired Judgement Risks: Fatigue can lead to poor decision-making, increasing the likelihood of accidents or errors.</p> <p>Reduced Reaction Time Risks: Slower reaction times may lead to mishaps, especially during complex sequences or stunts.</p> <p>Diminished Coordination Risks: Fatigue can affect motor skills, causing clumsiness or imprecise actions.</p> <p>Lowered Attention Span Risks: Inattentiveness can result in overlooked cues or mistakes, impacting both safety and performance quality.</p> <p>Increased Irritability Risks: Fatigue may lead to heightened stress levels or conflicts among cast and crew.</p> <p>Reduced Immune Function Risks: Fatigue can weaken the immune system, making individuals more susceptible to illness.</p> <p>Physical Strain</p>	3	4	12	<p>Adequate Rest Ensure performers and crew have sufficient time between rehearsals and performances for rest and recovery.</p> <p>Scheduled Breaks Implement regular short breaks during long rehearsal periods or performances to reduce stress and fatigue.</p> <p>Rotation of Roles If possible, rotate demanding roles among performers to avoid overburdening individuals.</p> <p>Hydration and Nutrition Provide access to water and balanced meals or snacks to maintain energy levels.</p> <p>Monitoring Keep an eye out for signs of fatigue in performers and crew, and act accordingly.</p> <p>Medical Consultation Consult with healthcare providers for a comprehensive understanding of the physical and mental limits of performers, especially for physically demanding roles or stunts.</p>	1	1	1



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Overexertion and insufficient rest can result in muscle strains or injuries.</p>			<p>Clear Communication Establish an open line of communication where performers and crew can report if they are feeling overly fatigued.</p> <p>Stress Management Incorporate stress management techniques, like brief relaxation exercises or mindfulness sessions, into the schedule.</p> <p>Physical Conditioning Encourage regular physical training that increases stamina and reduces the likelihood of fatigue-related errors.</p> <p>Limit Length of Shifts Keep shifts or rehearsal periods to a reasonable length and avoid long continuous stretches without breaks.</p> <p>Professional Guidance Seek advice from professionals in the field of occupational health to help manage and mitigate fatigue-related risks effectively.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Dehydration							
People at risk:	Young People, Leaders							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Reduced Concentration Risks: Dehydration can impair cognitive functions, leading to poor concentration and an increased likelihood of mistakes or accidents.</p> <p>Physical Weakness Risks: Lack of adequate hydration can lead to muscle cramps and overall physical fatigue, impacting performance quality.</p> <p>Dizziness and Fainting Risks: Severe dehydration can lead to dizziness or fainting spells, potentially resulting in injuries.</p> <p>Slowed Reaction Time Risks: Impaired cognitive and motor functions can slow down reaction time, increasing the risk of accidents.</p> <p>Increased Heart Rate Risks: Dehydration can cause an elevated heart rate, putting additional stress on the body.</p> <p>Heat Exhaustion</p>	3	4	12	<p>Easy Access to Water Make sure water stations or bottles are easily accessible both backstage and onstage if appropriate.</p> <p>Scheduled Hydration Breaks Include time for hydration breaks, especially during prolonged rehearsals or performances.</p> <p>Educational Briefings Conduct briefings to educate performers and crew on the signs of dehydration and the importance of regular hydration.</p> <p>Monitor Physical Condition Supervisors or medical staff should be alert to signs of dehydration and take immediate action if symptoms are observed.</p> <p>Climate Control If possible, control the temperature and humidity of the performance environment to minimise sweat-induced dehydration.</p> <p>Use of Rehydration Solutions In extreme cases, consider providing electrolyte drinks or medical-grade rehydration solutions.</p>	1	1	1	



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: In warm environments, dehydration can quickly escalate to heat exhaustion, which is a medical emergency.</p> <p>Impaired Temperature Regulation Risks: Dehydration affects the body's ability to regulate temperature, increasing vulnerability to both heat and cold.</p>			<p>Medical Kits Stock first-aid kits with rehydration salts and other necessary medical supplies to treat mild cases of dehydration quickly.</p> <p>Pre-Performance Check Consider a pre-performance health check to monitor hydration levels, especially for demanding roles or in extreme environments.</p> <p>Promote Responsible Caffeine and Alcohol Use Remind performers and crew that substances like caffeine and alcohol can contribute to dehydration and should be consumed responsibly.</p> <p>Clear Communication Channels Establish a way for performers and crew to communicate hydration needs quickly, especially during live performances.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Inappropriate content						
People at risk:	Young People, Leaders, Audience Members, Venue Staff						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Audience Offence Risks: Content deemed inappropriate can offend or alienate members of the audience, potentially leading to reputational damage or legal repercussions.</p> <p>Performer Discomfort Risks: Young or sensitive performers may feel uncomfortable or exploited when dealing with inappropriate material.</p> <p>Parental or Guardian Concerns Risks: The inclusion of inappropriate content can lead to concerns or complaints from parents or guardians, affecting future attendance and support.</p> <p>Legal Risks Risks: Certain kinds of inappropriate content can breach laws or regulations, resulting in legal action against the organisers.</p> <p>Ethical Concerns Risks: Inappropriate content may compromise the integrity of the organisation, leading to a loss of sponsorships, partnerships, or public funding.</p> <p>Cultural Insensitivity</p>	4	2	4	<p>Content Review Implement a thorough script and performance review process to identify potentially inappropriate content well before rehearsals or performances.</p> <p>Cultural Sensitivity Training Provide cultural sensitivity and diversity training for writers, directors, and performers to recognize and avoid problematic content.</p> <p>Audience Warnings If certain mature themes are integral to the performance, provide clear and visible content warnings for audiences.</p> <p>Parental Consent For young performers involved in more mature themes, obtain written parental consent and ensure full understanding of the content.</p> <p>External Review Consider bringing in an impartial third party to review the content for appropriateness, particularly for public or youth-oriented performances.</p> <p>Open Dialogues</p>	1	1	1



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Risks: Material that is culturally inappropriate can create tension or offence, particularly among minority communities.</p> <p>Negative Media Coverage Risks: Inappropriate content can attract negative media attention, affecting future projects and public image.</p>			<p>Maintain open lines of communication between directors, performers, and crew to discuss the appropriateness of content.</p> <p>Legal Consultation Seek legal advice to review the content and ensure it adheres to all relevant laws and regulations.</p> <p>Feedback Mechanism Allow for an easy way for audiences or participants to provide feedback and be prepared to act upon reasonable concerns.</p> <p>Public Apology and Corrections In the event that inappropriate content does make it to the stage, be prepared to issue a public apology and make necessary changes for future performances.</p> <p>Ongoing Training and Updates Keep abreast of evolving societal norms and update guidelines and training sessions accordingly to prevent the future inclusion of inappropriate content.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Child Protection							
People at risk:	Young People, Leaders, Audience Members, Venue Staff							
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures			
	Harm	Chance	Risk		Harm	Chance	Risk	
<p>Physical Abuse or Harm Risks: Inadequate supervision or safeguards could expose children to physical abuse or injuries.</p> <p>Sexual Abuse or Exploitation Risks: Failure to carry out comprehensive background checks or provide secure environments can put children at risk of sexual abuse or exploitation.</p> <p>Emotional Abuse or Harm Risks: Inadequate care or inappropriate behaviour by adults could emotionally harm children.</p> <p>Online Vulnerability Risks: Unauthorised photography or sharing of children's images or information could expose them to online threats.</p> <p>Negligence Risks: Inadequate care, such as failing to provide essential needs like hydration and nutrition, can expose children to health risks.</p> <p>Bullying or Harassment Risks: A lack of monitoring during interactions can lead to peer bullying or harassment.</p>	3	3	9	<p>Background Checks Perform thorough background checks on all staff, volunteers, and anyone else who will interact with minors. All leaders and volunteers with responsibility for young people must have an up to date DBS check and chaperone licence.</p> <p>Supervision Always ensure that children are adequately supervised, following the "two-adult" rule where possible.</p> <p>Training Train all staff and volunteers in child protection policies and procedures, including how to spot and report concerns.</p> <p>Parental Involvement Keep parents or guardians informed about activities, schedules, and who will be supervising their children. Obtain written consent when required.</p> <p>Safe Spaces Designate secure areas for children, restricting unauthorised access.</p> <p>Digital Safeguards</p>	1	1	1	



Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

<p>Parental or Guardian Concerns Risks: Failure to adequately communicate procedures and safeguards can result in concerns or complaints from parents or guardians.</p> <p>Legal Consequences Risks: Failure to adhere to child protection laws and regulations could lead to legal ramifications for the organisation.</p> <p>Reputational Damage Risks: Any incidents relating to child protection can severely damage the organisation's reputation and trustworthiness.</p>			<p>Implement stringent rules regarding the recording or sharing of children's images and personal information.</p> <p>Clear Reporting Procedures Have a clear procedure for reporting suspected abuse or concerns and ensure everyone is aware of how to use it.</p> <p>Regular Audits Periodically review child protection policies and perform risk assessments to identify and fix potential vulnerabilities.</p> <p>Psychological Support Provide access to counsellors or psychological support for children, especially for performances that may involve emotionally taxing material.</p> <p>Legal Consultation Ensure all policies and procedures are in line with current laws and regulations related to child protection. Consult legal experts for compliance checks.</p> <p>Feedback Mechanism Allow an easy avenue for children, staff, and parents to provide feedback on child protection matters, and act upon reasonable concerns promptly.</p>			
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Phoenix Performers Production Risk Assessment (for Rhyl Little Theatre)

Risk:	Stress						
People at risk:	Young People, Leaders						
Hazard	Calculation of existing risk			Control measures to reduce risk	Calculation of risk after control measures		
	Harm	Chance	Risk		Harm	Chance	Risk
<p>Impaired Performance Risks: High stress levels can lead to forgetfulness, impaired decision-making, and decreased quality of performance.</p> <p>Physical Health Risks: Chronic stress can contribute to health issues such as weakened immunity, high blood pressure, and gastrointestinal problems.</p> <p>Emotional Well-being Risks: Excessive stress can lead to emotional issues such as anxiety, depression, and low self-esteem.</p> <p>Interpersonal Relations Risks: Stress can lead to irritability and strained relationships among cast and crew, impacting team cohesion.</p> <p>Burnout Risks: Persistent stress can lead to burnout, which can cause individuals to disengage emotionally and mentally, affecting their long-term commitment to the craft.</p> <p>Safety Hazards</p>	3	4	12	<p>Stress Management Workshops Provide workshops on mindfulness, relaxation techniques, and coping mechanisms to help individuals manage stress.</p> <p>Clear Communication Maintain open lines of communication to discuss stress-related concerns, potential adjustments in roles, or rehearsal schedules.</p> <p>Regular Breaks Schedule time for rest and relaxation, especially during intense rehearsal or performance periods.</p> <p>Physical Exercise Encourage regular exercise as a way to combat stress; even simple stretching exercises can be beneficial.</p> <p>Peer Support Foster a supportive environment where cast and crew can share experiences and coping strategies.</p> <p>Professional Support Provide access to mental health professionals for counselling and stress management techniques.</p>	2	2	4



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<p>Risks: Stress can impair cognitive function and attentiveness, increasing the risk of accidents or mishaps on stage.</p> <p>Reduced Creativity Risks: Stress can inhibit creativity and willingness to take risks, potentially stunting artistic growth.</p> <p>Substance Abuse Risks: Chronic stress may lead individuals to cope using unhealthy means, such as alcohol or drug abuse.</p>			<p>Balanced Nutrition Promote balanced meals and hydration as proper nutrition can help manage stress.</p> <p>Performance Reviews Conduct constructive performance reviews to identify stressors and find solutions collaboratively.</p> <p>Avoid Overworking Monitor workloads and avoid over-scheduling or excessive last-minute changes that can contribute to stress.</p> <p>Community Building Organise social activities and team-building exercises to help relieve stress and improve team dynamics.</p>			
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**Phoenix Performers Production Risk Assessment
(for Rhyl Little Theatre)**

	Carried out by:	Signed off by:	Next Review
Name:	Jacob Jones	Andy Greenow	Jacob Jones
Date:	17/09/2023	17/10/2023	17/10/2024

