







DAILY DOMINATION

 	 Today's Tasks & Steps To Success 
1.  	 Task: Attend RES meeting  Action Steps: 9am.
2.  	 Task: Attend Insurances calculations training  Action Steps:
3.  	 Task: Strategize how to sell basic insurances  Action Steps: Solidify knowledge of the products
4.  	 Task: Do outreach and find a client for insurances  Action Steps: Create a list of businesses and individuals
5.  	 Task: Find a person for introductory meeting to begin sales of insurances  Action Steps: Do proper outreach
6.  	 Task: Muay thai session  Action Steps: Attend.
7.  	 Task: Daily checklist  Action Steps: Do daily checklist
8.  	 Task: TBA  Action Steps:
9.  	 Task:  Action Steps:
10.  	 Task:  Action Steps:

	<div> <div>July 17</div> <div>Date</div> <div>July 17</div> </div>
Date:	22.04.2024

	<div>  <div>3 Blessings I'm Grateful To Have</div>  </div>
1.	Great warrior team at my gym
2.	A light pen for writing
3.	More opportunities to grow

	<div> <div>  <div>3 Priority Tasks</div>  </div> <div> (These are non-negotiable tasks and must be conquered today!) </div> </div>
1.	Muay thai session
2.	Everything work related
3.	Further planning



Hourly Commitments & Reflections



Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

00:30 AM: Task 🏆	This is the deadline of finishing tasks and maximizing time.
Strategy 🔍	Don't cross the deadline. Be disciplined
Reflection ✍️	Slept 00:30 - 8:40, got a coffee and took a shower

9 AM: Task 🏆	Attend RES meeting
Strategy 🔍	Strategize 1st client with our leader, get ahead of the conquest plan
Reflection ✍️	I'm 99% sure I will drop it after the client, which is my uncle, get the bag and dip out.

10 AM: Task 🏆	Do the rest of morning routine, do more copy lessons
Strategy 🔍	Self explanatory
Reflection ✍️	200 burpees is fucking nuts XD

12:00 - 13:20 Task 🏆	Attend the insurance meeting,
Strategy 🔍	Gain knowledge to outpace the group
Reflection ✍️	The calculating system is pretty straight forward and can be easily used while doing client meetings.

13:20 - 14:20 PM: Task 🏆	Comeback home, do more lessons on the way, plan out how to improve outreach
Strategy 🔍	Use the resources, cut the noise, be professional
Reflection ✍️	I really should be working harder...

14:20 - 15:00: Task 🏆	Prepare food, change, eat food, get ready for PUC
Strategy 🔍	Use the resources, cut the noise, be professional
Reflection ✍️	What am I not doing that I should be doing...?

15:00 - 17:00: Task 🏆	G work session
Strategy 🔍	See how the topic of power up call can help in the conquest
Reflection ✍️	TBA

17:00 - 17:30: Task 🏆	
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Strategy 🔍	
Reflection ✍️	

17:30 - 18:30: Task 🏆	G work session/outreach improvement/lessons
Strategy 🔍	Analyze outreach techniques for a glorious creation of invitation towards freedom.
Reflection ✍️	TBA

19:00 - 20:30: Task 🏆	Muay thai session
Strategy 🔍	Give 120% of your potential
Reflection ✍️	I love training

20:30 - 21:30 PM: Task 🏆	Do the lessons on the way home
Strategy 🔍	No scrolling, no noise
Reflection ✍️	TBA

21:30 - 22:00 PM: Task 🏆	Change, shower eat
Strategy 🔍	Don't fuck around
Reflection ✍️	I should check my teeth because I've had a toothache



Twilight's Review



☀️ What wins did I achieve today? ☀️

Gave an absolute best in training, had another 150 burpees at the session -_-

📖 What lessons did I learn today? 📖

I know that I don't know a lot

🚧 What roadblocks did I face? 🚧

Toothache

💡 How will I improve and progress tomorrow? 💡



I should do "How to fix my brain section"

🔄 What worked well and will be repeated? 🔄

Going absolute beast mode at training

 **Who are the People I need to connect with?** 

Honestly? A dentist.

 **What tasks remain uncompleted** 

Finishing the DD plan due to an unbearable toothache

 **What changes do I need to make to my CONQUEST PLAN?** 

Reconstrut it accordingly

 **The final assessment of the day's productivity** 

The day was okay, but okay is not good enough to be where I want to be

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)