## PP2 PSYCHOMOTOR SCHEME OF WORK TERM TWO

| WE | LES     | STRA                                 | S-                         | SPECIFIC LEARNINIG  | KEY   | CORE                                  | VALUES                               | LEARNING   | LEARNING         | ASSESSME                        | REFLECTIO |
|----|---------|--------------------------------------|----------------------------|---|---|---------------------------------------|--------------------------------------|--|------------------|---------------------------------|-----------|
| EK | SO<br>N | ND                                   | STRAND                     | OUTCOMES  | INQURY<br>QUESTI<br>ONS                                     | COMPETENCE                            | VALUES                               | EXPERIENCES  | RESOURCE<br>S    | N N                             | N N       |
| 2  | 1-5     | BASI<br>C<br>MOT<br>OR<br>SKIL<br>LS | Manipul<br>ative<br>Skills | By the end of the sub-<br>strand the learner<br>should be able to;<br>kick freely for<br>enjoyment  | What do you use for kicking and bouncin g                   | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners<br>to kick freely                                       | Charts<br>realia | Observatio<br>oral<br>questions |           |
| 3  | 1-5     |                                      | Manipul<br>ative<br>Skills | By the end of the sub-<br>strand the learner<br>should be able to;<br>display the ability to<br>balance the body for<br>kicking technique | What do<br>you use<br>for<br>kicking<br>and<br>bouncin<br>g | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Encourage<br>learners to<br>practice kicking<br>techniques             | Charts<br>realia | Observatio<br>oral<br>questions |           |
| 4  | 1-5     |                                      | Manipul<br>ative<br>Skills | By the end of the substrand the learner should be able to; display manipulative skills through bouncing ball for distance estimation      | What do you use for kicking and bouncin g                   | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Organize learners<br>in groups to<br>display<br>manipulative<br>skills | Charts<br>realia | Observatio<br>oral<br>questions |           |
| 5  | 1-5     |                                      | Manipul<br>ative<br>Skills | By the end of the substrand the learner should be able to; bounce and kick balls safely   | What do<br>you use<br>for<br>kicking<br>and<br>bouncin      | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Organize learners<br>in groups to<br>display<br>manipulative<br>skills | Charts<br>Realia | Observatio<br>oral<br>questions |           |

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| 6 | 1-5 |                  | Manipul<br>ative<br>Skills | By the end of the sub-<br>strand the learner<br>should be able to;<br>bounce and kick balls<br>for enjoyment   | What do<br>you use<br>for<br>kicking<br>and<br>bouncin<br>g     | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners to<br>sing songs while<br>bouncing and<br>kicking in pairs<br>and in groups | Charts<br>realia | Observatio<br>oral<br>questions |
| 7 | 1-5 | SWI<br>MMI<br>NG | Pool<br>safety             | By the end of the sub-<br>strand the learner<br>should be able to;<br>identify basic water<br>safety and hygiene<br>rules for application in<br>the pool | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners<br>name the rules of<br>basic water safety<br>and hygiene in<br>the pool    | Charts<br>realia | Observatio<br>oral<br>questions |
| 8 | 1-5 |                  | Pool<br>safety             | By the end of the sub-<br>strand the learner<br>should be able to;<br>state basic water<br>safety and hygiene<br>rules for application in<br>the pool    | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners<br>name the rules of<br>basic water safety<br>and hygiene in<br>the pool    | Charts<br>realia | Observatio<br>oral<br>questions |
| 9 | 1-5 |                  | Pool<br>safety             | By the end of the sub-<br>strand the learner<br>should be able to;<br>name basic water<br>safety and hygiene<br>rules for application in<br>the pool     | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners<br>name the rules of<br>basic water safety<br>and hygiene in<br>the pool    | Charts<br>realia | Observatio<br>oral<br>questions |

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|    |     | Pool<br>safety                    | By the end of the sub-<br>strand the learner<br>should be able to;<br>Talk about basic water<br>safety and hygiene<br>rules for application in<br>the pool | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Encourage<br>learners to follow<br>safety rules<br>accordingly                              | Charts<br>realia | Observatio oral questions       |
| 10 | 1-5 | Pool<br>safety                    | By the end of the substrand the learner demonstrate ability to follow safety rules accordingly should be able to;  | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Encourage<br>learners to follow<br>safety rules<br>accordingly                              | Charts<br>realia | Observatio<br>oral<br>questions |
| 11 | 1-5 | Pool<br>safety                    | By the end of the sub-<br>strand the learner<br>should be able to;<br>demonstrate ability to<br>follow safety rules<br>accordingly                         | What is<br>the<br>importa<br>nce of<br>basic<br>water<br>rules? | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Encourage<br>learners to follow<br>safety rules<br>accordingly                              | Charts<br>realia | Observatio<br>oral<br>questions |
| 12 | 1-5 | Water<br>Orientat<br>ion<br>Water | By the end of the substrand the learner should be able to; confidently move around the pool in readiness for swimming                                      | How do<br>you feel<br>when<br>walking<br>in water               | Self efficacy<br>Critical<br>Thinking | Sharing<br>Turn<br>taking<br>Respect | Guide learners<br>could be guided<br>to walk around<br>the pool to adapt<br>the environment | Charts<br>realia | Observatio<br>oral<br>questions |
| 13 |     |                                   |  |   |                                       |                                      |   | Charts           | Observatio                      |

| &1 |  |  |  |  | realia | oral      |  |
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| 4  |  |  |  |  |        | questions |  |