

Speech and Debate Instructions: “Who am I” Speech

In this speech you will need to give us a sense of who you are. You can work from the lists below or tell us something more specific of your choosing.

Please keep your speech within 2-4 minutes.

Please choose three items from this list:

- What you look like and how you like to dress, your sense of style and why
- The things you like and the unique things you regularly do and why
- Your talents and how you “got” them
- Where you live and your family
- Your ancestral background
- Your hobbies and how you like to spend your free time and why.

Also choose one thing from the following list to expand on

- Things you hope to do one day and why.
- Something you are concerned about in the world and why.
- Something about school you wish would be different or you could get better at and why.
- Something you are really excited to see happening in the world and why.

Make this as “light” or as “deep” as you want. Add humor if you feel like it! But, keep the goal in mind, we want to learn about you. You choose what you reveal about yourself. Your words create an impression and show us who you are.

Think about transitions or segues between each “thing” you talk about. Vary your words. Instead of

“I like this. I like that. I like to do this. I like to do that. I don’t like this.....”

Try:

“I really enjoy this because....But I find _____ pretty boring because....It is exciting to me to see.....I am inspired by I would rather stick a fork in my eye than.....”

Rubric:

10 Points	You look at the audience. You have some kind of “stage” presence.
10 Points	You met the requirements and followed the directions.
5 Points	You are prepared on time. You stay within 2-4 minutes.
5 points	You are a good audience member/filled out your comment cards.
30 points	Total points