

Considering we keep hearing more and more about the Hopkins psilocybin trials I figure there may be more interest in this. I personally talked to the research team at Hopkins and they told me they are still using this playlist in active research (they have several different variations).

Excerpt From: William A. Richards. "[Sacred Knowledge: Psychedelics and Religious Experiences.](#)"

A HOPKINS PLAYLIST FOR PSILOCYBIN STUDIES (2008 VERSION)

States of Consciousness Research

WILLIAM A. RICHARDS AND BRIAN D. RICHARDS

SEQUENCE: COMPOSER, SOURCE OF RECORDING, SELECTION, TIME

Antonio Vivaldi. Guitar Concerti. Los Romeros, Iona Brown, Academy of St. Martin in the Fields. Philips 412-624-2

Andante, Concerto RV532 in G Major for 2 guitars, strings, and continuo, 3:30

Largo, Concerto RV93 in D Major for guitar, strings, and continuo, 3:53

Largo, Concerto RV356 in A Minor, 2:20

Paul Horn. Inside the Taj Mahal. Kuckuck 11062-2

"Mumtaz Mahal," 3:21

"Shah Jahan," 5:36"

"Ron Korb. Flute Traveller: A Musical Journey Across Five Continents. Oasis Productions, SOCAN NHCD 205

"Alto Flute," 2:16

Russill Paul. PM Yoga Chants Gaiam. Relaxation 3142. CD included with the book The Yoga of Sound. Novato, Calif.: New World Library, 2004

"By the Stream," 10:54

"Om Namah Shivaya," 2:27

Edward Elgar. Enigma Variations. Leonard Bernstein. BBC Symphony. The Artist's Album. DGG 457 691-2

No. 9, "Nimrod," 6:08

Morten Lauridsen. A Robert Shaw Christmas: Angels On High. Robert Shaw. Shaw Chamber Singers. Telarc20 CD-80461

"O Magnum Mysterium," 6:13

Russian Orthodox Chant. Sacred Treasures III, Hearts of Space. St. Petersburg Chamber Choir, 025041111423

"Alleluia, Behold the Bridegroom," 5:29"

“Henryk Górecki. Symphony 3, Op. 36. Dawn Upshaw. David Zinman. London Sinfonietta.
Elektra Nonesuch 9 79282–2
Lento—Sostenuto Tranquillo ma Cantabile, 26:25

Johannes Brahms. Ein Deutsches Requiem, Op. 45. Herbert Blomstedt, San Francisco
Symphony and Chorus. London 443 771–2
“Selig sind die, da Leid tragen,” 10:36
“Denn alles Fleish, es ist wie Gras,” 14:33

Johannes Brahms. Symphony 2 in D Major, Op. 73. Leonard Bernstein. New York Philharmonic.
Sony. SMK 61829
Adagio non Troppo, 10:08

Johannes Brahms. Ein Deutsches Requiem, Op. 45. Herbert Blomstedt. San Francisco
Symphony and Chorus. London 443 771–2
“Wie lieblich sind Deine Wohnungen,” 5:34

J. S. Bach. Mass in B Minor. Robert Shaw. Atlanta Symphony and Chamber Chorus. Telarc
CD-80233
Kyrie I, 10:21
Kyrie II, 4:24

Samuel Barber. String Quartet, Op. 11. Leonard Bernstein. New York Philharmonic. Sony SMK
63088
Adagio for Strings, 9:54

Antonio Vivaldi. Gloria in D Major, R589. Robert Shaw. Atlanta Symphony and Chamber
Chorus. Telarc CD-80194
“Gloria in Excelsis,” 2:22
“Et in terra pax,” 5:58

J. S. Bach. Bach Stokowski. Leopold Stokowski. EMI CDM 7243 5 66385 2 5
“Komm süßer Tod,” BMV 478, 5:51

W. A. Mozart. Vesperae solennes de confessore, K/KV339. Kiri Te Kanawa. Sir Colin Davis.
London Symphony and Chorus. Philips 412 873–2
“Laudate Dominum,” 5:11

Johannes Brahms. Concerto for Violin and Orchestra in D Major, Op. 77. Jascha Heifetz. Fritz
Reiner. Chicago Symphony. HMG 09026-61742–2
Adagio, 8:12

Henryk Górecki. Symphony 3, Op. 36. Dawn Upshaw. ”
“David Zinman. London Sinfonietta. Elektra Nonesuch 9 79282–2

Lento e Largo—Tranquillissimo, 9:22

Edward Elgar. Serenade for String Orchestra, Op. 20. Mark Elder. Hallé Symphony. CDHLL 7501

Larghetto, 6:29

Gabriel Fauré. Requiem, Op. 48. Choir of St. John's College. Cambridge. George Guest. London 436 486–2

"In Paradisum," 3:41

W. A. Mozart, Clarinet Concerto in A Major, KV 622. Jacques Lancelot. Jean-François Paillard. Orchestra de Chambre Jean-François Paillard. Erato 2292–45978–2

Adagio, 7:04

Arvo Pärt. Sanctuary. Richard Studt. Bournemouth Sinfonietta. Virgin Classics. CSC 7243 5 45314 2 2

"Cantus in Memory of Benjamin Britten," 6:10

Bohuslav Matěj Cernohorsky. Cernohorsky Religious Works. Czech Madrigal Singers. Frantisek Xaver "

"Thuri. Gioia Della Musica. Supraphon 11 1598–2 931

"Quare Domine, iraceris—Memento Abraham," 8:58

Ludwig van Beethoven. Piano Concerto 5 (Emperor), Op. 73. Leon Fleisher. George Szell. Cleveland Orchestra. Sony SBK 46549

Adagio un Poco Moto, 8:25

Charles Gounod. St. Cecelia Mass. Barbara Hendricks. Georges Prêtre. French Radio New Philharmonic. EMI, CDC 7 47094 2

Sanctus, 5:18

Benedictus, 3:16

Russill Paul. The Yoga of Sound, Shakti Yoga. Relaxation, CD 3133

"Om Namah Shivaya," 17:35

Richard Wagner. Tristan and Isolde. Jesús López-Cobos. Cincinnati Symphony. Telarc CD-80379

Prelude and Liebestod, 17:24

W. A. Mozart. Grosse Messe C-Moll. Leonard Bernstein. Chor und Symphonie-orchester des Bay"erischen Rundfunks. Deutsche Grammaphon 431 791–2

"Ave Verum Corpus," KV618 3:56

Gustav Mahler. Symphony 5. Lorin Maazel. Vienna Philharmonic. Sony SBK 89850

Adagietto, Sehr Langsam, 10:33

Alan Hovhaness. Symphony 2, Op. 132: Mysterious Mountain. Gerard Schwarz. Royal Liverpool Philharmonic. Telarc 80604

Andante con Moto, 7:42

Joseph Canteloube. Songs of the Auvergne. Dawn Upshaw. Kent Nagano. Orchestre de l'Opéra National de Lyon. Erato 0630-17577-2

"Bailèro," 5:36

"Perl'èfon," 3:09

Richard Strauss. Death and Transfiguration. André Previn. Vienna Philharmonic. Telarc CD-80167

Moderato, 2:20

Tranquillo, 6:03

Russill Paul. The Yoga of Sound, Nada Yoga. Relaxation CD 3133

"Evening Shadows Fall," 23:29

J. S. Bach. Bach Stokowski. Leopold Stokowski. CDM 7243 5 66385 2 5

Passacaglia and Fugue in C Minor, BMV 582, 14:51

Enya. Watermark. Reprise 9 26774-2

"Storms in Africa II," 2:59

Ladysmith Black Mambazo. Shaka Zulu. Warner Brothers Collection. Rhino/WEA 081227998622

"King of Kings," 4:07

Adiemus. Pure Moods. Virgin 724384218621

"Adiemus," 3:59

John Lennon. The John Lennon Collection. Abbey Road Capitol 077774644624

"Here Comes the Sun," 3:03

Gipsy Kings. Mosaique. Nonsuch 075596089227

"cCaminando Por la Calle," 4:22

Mercedes Sosa. Polygram International, Serie Millennium, 042283231429

"Gracias a La Vida," 4:22

Leontyne Price. The Essential Leontyne Price: Spirituals, "Hymns, and Sacred Songs. RCA 090266815722

"Swing Low, Sweet Chariot," 3:24

Louis Armstrong. What A Wonderful World. Intercontinental 600 607707405826

"What a Wonderful World," 2:21"

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- You can find numerous playlists on YouTube that try to mimic this list, but the playlist format is worthless for actual trip music since there will be ads between songs. Also all of the playlists have gaps, substitutions, songs that have since been removed or taken private, etc. I created my own improved version of this that will not have gaps and will be downloadable, a single track, not a playlist: <https://www.patreon.com/posts/32638441>