





























































- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 		Wake up, go and meditate for the hour, just sit there and truly think.
2.  / 		Work out, cardio, Cold shower afterward.
3.  / 		Research the prospect before writing an outreach and free value.
4.  / 		Find a minimum of 5 prospects
5.  / 		
6.  / 		Write a personalized outreach
7.  / 		Write a personalized free value
8.  / 		chess.
9.  / 		
10.  / 		
11.  / 		
12.  / 		
13.  / 		
14.  / 		
15.  / 		
16.  / 		
17.  / 		
18.  / 		
19.  / 		
20.  / 		

Day Number: fifteen







Date: 28/03/2023

Start Of The Day - Time: 6 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Gaining the first client
2.	Getting in better shape
3.	Complete real war mode plan everyday

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!





**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**







\$ 6 am: Task \$	Wake up, go and meditate for the hour, just sit there and truly think.
🔔 Intention 🔔	Im gonna wake up, and sit out in my back yard, and just think, about where I'm headed, where I'm going, what needs to be done, just thinking with no distractions.
✍️ Reflection ✍️	complete







\$ 7 am: Task \$	Work out, cardio, Cold shower afterward.
🔔 Intention 🔔	After meditating, I plan to work out straight away, doing cardio as I want the benefits of cardio.
✍️ Reflection ✍️	complete







\$ 8 am: Task \$	Chess along with breakfast, semi break.
🔔 Intention 🔔	Half hour of chess, take a half hour to refresh.
✍️ Reflection ✍️	complete





\$ 9 am: Task \$	Find minimum 5 prospects
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 Intention 	Just finding prospects to add to the potential prospect list
 Reflection 	complete

 10 am: Task 	
 Intention 	
 Reflection 	



 11 am: Task 	
 Intention 	
 Reflection 	



 12 am: Task 	
 Intention 	
 Reflection 	

 1 pm: Task 	
 Intention 	

 Reflection 	
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\$ 2 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 3 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 4 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 5 pm: Task \$	
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 Intention 	
--	--







 Reflection 	
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\$ 6 pm: Task \$	Research the prospect before writing an outreach and free value, including funnels.
🔔 Intention 🔔	As written I will do some research and pick out what I see could use improvements or already good things while noting the noticed funnels, make sure to decide what I'm doing a free value for.
✍️ Reflection ✍️	complete







\$ 7 pm: Task \$	Write a personalized outreach
🔔 Intention 🔔	Write a personalized outreach after researching a prospect.
✍️ Reflection ✍️	complete

\$ 8 pm: Task \$	Write a personalized free value
🔔 Intention 🔔	Write a personalized free value after the outreach.
✍️ Reflection ✍️	complete

\$ 9 pm: Task \$	Review my day
🔔 Intention 🔔	Reviewing everything before planning next day.
✍️ Reflection ✍️	complete

 10 pm: Task 	
 Intention 	
 Reflection 	



 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 

 What Do I Plan To Do Differently Tomorrow? 

NEW

What Do I Plan To Do The Same Tomorrow?

NEW



Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?





What Tasks Were Left Undone?



Brain Dump: