# - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. //	V -	Wake up, go and meditate for the hour, just sit there and truly think.
2. <b>V</b> /X	<b>V</b> •	Work out, cardio, Cold shower afterward.
3. <b>V</b> /X	<b>V</b> •	Research the prospect before writing an outreach and free value.
<b>4. V</b> / <b>X</b>	V -	Find a minimum of 5 prospects
5. <b>//</b> /	1.	
6. <b>//</b> /X	V -	Write a personalized outreach
<b>7. /</b> / <b>X</b>	V -	Write a personalized free value
8. <mark>V/X</mark>	<b>V</b> •	chess.
9. 🔽/🗙	1	
10. 🔽/🗙	1.	
11. 🔽/🗙	2	
12. 🔽/💢	2 -	
13. 🔽/💢	2	
<b>14.</b>	3 -	
<b>15. V</b> / <b>X</b>	3 -	
<b>16.</b>	3 ·	
17. <b>/</b> /X	3 ·	
<b>18.</b>	3 -	
19. 🔽/💢	3 -	
<b>20. /</b> / <b>X</b>	3 ·	

<u>Day Number: fifteen</u>

*Date: 28/03/2023* 

Start Of The Day - Time: 6 am

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	Gaining the first client
2.	Getting in better shape
3.	Complete real war mode plan everyday



### [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

#### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

#### 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 6 am: Task \$	Wake up, go and meditate for the hour, just sit there and truly think.
🔔 Intention 🔔	Im gonna wake up, and sit out in my back yard, and just think, about where I'm headed, where I'm going, what needs to be done, just thinking with no distractions.
/ Reflection /	complete
\$ 7 am: Task \$	Work out, cardio, Cold shower afterward.
🔔 Intention 🔔	After meditating, I plan to work out straight away, doing cardio as I want the benefits of cardio.
/ Reflection /	complete
ф. <b>-</b> ф.	
\$ 8 am: Task \$	Chess along with breakfast, semi break.
🔔 Intention 🔔	Half hour of chess, take a half hour to refresh.
/ Reflection /	complete
\$ 9 am: Task \$	Find minimum 5 prospects

🔔 Intention 🔔	Just finding prospects to add to the potential prospect list
/ Reflection /	complete
\$ 10 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 11 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 12 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 1 pm: Task \$	
🔔 Intention 🔔	

/ Reflection /	
\$ 2 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 3 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 4 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 5 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	

Intention 🔔  Reflection /	Reviewing everything before planning next day.  complete
•	
9 pm: Task \$	Review my day
Reflection /	complete
Intention 🔔	Write a personalized free value after the outreach.
8 pm: Task \$	Write a personalized free value
Reflection /	complete
Intention 🔔	Write a personalized outreach after researching a prospect.
7 pm: Task \$	Write a personalized outreach
Reflection /	complete
Intention 🔔	As written I will do some research and pick out what I see could use improvements or already good things while noting the noticed funnels, make sure to decide what I'm doing a free value for.
6 pm: Task \$	Research the prospect before writing an outreach and free value, including funnels.

\$ 10 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
\$ 11 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
\$ 12 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
	End-Of-The-Day Report:	
	₩What Did I Learn Today?	
	www.What Do I Plan To Do Differently Tomorrow? www.	

www.what Do I Plan To Do The Same Tomorrow?	
Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧	
<b>∛What Tasks Were Left Undone?</b>	

**Brain Dump:**