

SUD among nurses Quiz

1. Which of the following are considered protective factors for nurses regarding the development of substance use disorder?
 - a. Age
 - b. Work Satisfaction
 - c. Workplace social support
 - d. All of the above
 - e. None of the above

2. Which of the following are not factors that increase a nurse's risk for developing substance use disorder?
 - a. Adequate education regarding substance use disorder
 - b. Attitude that substance use is an acceptable strategy for coping with life's challenges
 - c. Stressful work
 - d. Access to medication
 - e. All of the above

3. Which of the following is a sign of substance use disorder for a nurse?
 - a. Complaining about patient assignment
 - b. Frequent gossip about colleagues
 - c. Isolating self from co-workers
 - d. Lateral violence
 - e. Complete and timely documentation of controlled medications

4. What observation(s) might indicate that there is concern about substance use disorder in a nurse colleague?
 - a. Excessive use of sick time
 - b. Diminished alertness, confusion or frequent memory lapses
 - c. Sloppy or illogical charting
 - d. All of the above
 - e. None of the above

5. Which of the following is not a sign of medication diversion?
 - a. Discrepancies in narcotic counts
 - b. Reports of adequate pain management in patients
 - c. High amounts of wasted controlled medication
 - d. Offering to administer medications for co-workers
 - e. Waits to be alone before obtaining controlled medications for assigned patients

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6. True or False: A potential sign of a medication diverter is a colleague who frequently reports he/she was too busy to obtain a witness to discard wasted controlled medications.
7. Short answer: What is an appropriate action to take if you suspect a nurse colleague has SUD?
8. True or False: Reasons cited by health professionals for not reporting a suspected peer are believing someone else would report it, or that nothing would happen as a result of the report.
9. True or False: When a nurse diverts medication, it is considered a felony.
10. Alternative to Discipline programs for nurses with SUD do all of the following EXCEPT:
 - a. Provide monitoring for nurses with Substance Use Disorder or other illness that may lead to impairment in the workplace
 - b. Help nurses avoid disciplinary action by the state board of nursing
 - c. Have a public record of nurses enrolled in the program
 - d. Allow for anonymous third-party reporting
 - e. Include random drug testing for enrollees

Quiz Answers

1. d
2. a
3. c
4. d
5. b
6. true
7. Acceptable answers:
 - Document the observations of appearance and behavior including the shift and date that lead to your concern and forward to the charge nurse or manager on duty
 - Tell nurse manager or charge nurse about concerns
 - Approach the colleague to share observations of concern in a non-judgmental way
 - Plan an intervention to refer the nurse to a treatment program
 - Make a third-party referral to the state alternative to discipline program
 - Make a report to the Board of Nursing
8. true

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9. true

10. c