

Hello [Name],

Your fitness/wellbeing content is beneficial, but it might not be reaching as many people as it can.

I have witnessed the impact of mixing the presentation of benefits with pain and consequences.

These insights will be beneficial for you.

If you're interested, I'd like to share more about these methods.

It's all about maximizing your engagement and helping your valuable content reach a larger audience.

Looking forward to collaborating and helping your account grow!

Best regards,