NCOA
Northern California Officials Association

2023 Training Options

Updated 1/13/2023

Training Options (18hr. Required by CIF/SJS)

All Umpires	# Required	Hrs. Credit	Total Req. Hrs.
General Meeting	1	2	2
Classification Exam (required by CIF)	1	1	1
Concussion in Sports Course (NFHS Video)	1	1	1
Scrimmage (approved and verified) (2 max.)	1	2 ea	2
Study Group Session (4 of 5)	4	2 ea	8
Webinars (4 of 6)	4	2 ea	8

Optional Training Hours

Study Questions (Completed prior to scheduled weekly class)	.5
Extra Study Group	2
GSSA/USA General Meeting	2
GSSA/USA National School	4
NCAA Clinic (verified) (non paid)	2

NOTE:

- Required sessions can be made up with approval of the Group Leaders on a case-by-case basis with an agreed upon training plan.
- It is the responsibility of the umpire to submit an email request for an alternate training plan.