

MCD GENETIC TESTING RESULT INTERPRETATION

For Healthcare Providers

CLIA-Certified & CAP-Accredited Laboratory

Alpha-tryptasemia Copy Number Variation Result Interpretation

Your patient's result	Meaning	Clinical Significance
Abnormal	3 or more total copies of a-tryptase OR 2 or more copies of a-tryptase on the same allele (cis)	The patient has the hereditary alpha-tryptasemia trait. Hereditary alpha-tryptasemia (H α T) is when a patient has additional copies of the <i>TPSAB1</i> gene. The <i>TPSAB1</i> gene encodes both α -tryptase and β -tryptase, which encode for the mast cell mediator tryptase. Additional copies of α -tryptase lead to elevated blood tryptase levels (it is unclear what additional copies of β -tryptase mean and is considered benign). Increased tryptase levels cause H α T symptoms. Increased copies of α -tryptase are predictive of higher blood tryptase levels (i.e., a patient with 4 α -tryptase copies would have greater disease severity than a patient with 3 α -tryptase copies). Even if a patient carries the trait for hereditary alpha-tryptasemia, they may not experience symptoms; however, they are still capable of passing down the trait and having a symptomatic child.
Normal	No more than 2 copies of Q-tryptase on opposite alleles (trans)	The patient does not have the hereditary alpha-tryptasemia trait. Patients with a negative report but high clinical suspicion of hereditary alpha-tryptasemia should be monitored closely.
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High Sensitivity KIT D816V Mutation Hotspot Result Interpretation

Your patient's result	Meaning	Clinical Significance
Positive	KIT D816V mutated allele percentage is ≥ 0.015%	The patient satisfies a minor criterion for the diagnosis of systemic mastocytosis. Systemic mastocytosis (SM) is when a patient has abnormal proliferation and accumulation of mast cells in multiple, noncutaneous organ systems. The KIT gene produces a receptor tyrosine kinase that controls the growth and development of mast cells. A specific mutation in the KIT gene, KIT c.2447A>7 p.D816V, known as KIT D816V, produces a dysfunctional form of this receptor that causes increased mast cell growth, development, and mediator release. Increased levels of mast cell mediators, such as histamine and tryptase, cause SM symptoms. Detection of the KIT D816V mutation satisfies a minor criterion for the diagnosis of systemic mastocytosis. A higher percentage of mutated alleles indicates increased risk for disease. The KIT D816V mutation is a somatic mutation and cannot be passed down
Negative	KIT D816V mutated allele percentage is 0%	The patient does not satisfy a minor criterion for the diagnosis of systemic mastocytosis. Patients with a negative report but high clinical suspicion of systemic mastocytosis should be monitored closely with consideration of repeat testing if their condition worsens.
Inconclusive	KIT D816V mutated allele percentage is 0.005-0.015%	Repeat testing is necessary to determine if the patient satisfies a minor criterion for the diagnosis of systemic mastocytosis. The presence of the KIT D816V mutation cannot be confirmed and repeat testing should be performed with a new sample.

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