

The Body Therapy Center and School of Massage

4 Executive Woods Court, Swansea, Illinois 62226

2025 Massage Therapy Program

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618-239-6400

Mastery Program

Certificate in Massage Therapy and Myofascial Release Therapy

1 year – 750 clock hours

Tuition \$15,000.00

Approved by Veterans Affairs

Mastery Program 2025 schedule

January – December

Technique and Theory classes

Spring semester; January 16 – May 18

Thursdays 11:30-4:30 and Weekends 9:30-5:30

Weekends: January 18&19, February 1&2, 22&23, March 8&9, April 5&6, May 10&11

Summer semester; June 5 – August 7

Thursdays 11:30-4:30 and Weekends 9:30-5:30

Weekends; June 14&15, July 12&13, August 2&3

Anatomy and Pathology Classes

Spring semester; January 16 – May 18

Tuesdays 3-5pm (zoom) and Thursdays 6-8pm (in-person)

Summer semester; June 5 – August 7

Tuesday, Saturday, and Sundays 3-5pm (zoom) and Thursdays 6-8pm (in-person)

Clinical Internship Experience

Clinical practicum consists of supervised, hands-on massages by appointment only to complete 135 clocked hours.

Myofascial Release Therapy Classes

Fall semester; August 15 – December 14

Friday and Saturdays 9:30-5:30pm, and Sunday 9:30-2pm (one weekend per month)

August 15-17, September 12-14, October 10-12, November 7-9, & Dec 12-14