



California Nurse-Midwives Association

MID-OCTOBER 2021 | Newsletter

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Register for the CNMA Annual Meeting!

The CNMA Annual Meeting will take place on **November 6-7, 2021** in Millbrae, California (just a few miles from San Francisco). We are delighted to offer both in person and virtual access for the 2021 CNMA Annual Meeting. Day 1 includes 8 CEUs and an after hours dance party. Day 2 will offer a FREE anti-racism preceptor workshop. Register [here](#)!

November 6th, 8am-5pm: The main event!

In-Person (full vaccination status required) or Virtual Attendance

Are you achieving your full practice potential? California laws have changed DRAMATICALLY in recent years, and we're strategically positioned to make a huge impact on the culture of birth and reproductive healthcare on a grand scale! Join CNMA President Paris Maloof-Bury at the CNMA Annual Meeting on November 6 as we explore your scope, skills, and synergistic potential under the current statute. If you can envision it, together we can create it! The future is in our birth-working, baby-catching, advocating, health-promoting, justice-seeking, space-holding, choice-honoring, person-empowering hands.

We believe that every birthing person deserves a safe, gentle birth, and that re-diversifying the midwifery workforce is a key factor to achieving birth equity. Want to find out how you can play a part in this important work? During this session on Mentoring and the Imperative of Midwifery Workforce Diversity, we'll learn from Asmara Gebre, Kim Dau, and Angela Sojobi about the Midwifery Mentoring and Belonging Program, as we hone our vision and strategize to create a truly equitable and safe culture of birth.

Midwives Save Lives in all kinds of situations! Are you ready to help your patient prevent HIV in conception, pregnancy, and lactation? Join us as we explore PrEP and nPEP for HIV prevention: its effectiveness, its safety, when it's appropriate to prescribe, how to get the medications paid for, and who to contact when you have questions. If you have barriers, Alison Young, CNM has solutions!

Plus, learn all about trauma-informed care with Lily Bastian, CNM. More details to come.

Breakfast and Lunch Included

8 CEs offered

Shuttle from the airport available

\$250 in-person (\$250 members/\$350 non-members)

\$\$\$ Discounts for students and retirees!

\$85 virtual (includes CEs)



November 6th, 7pm-10pm

Afterpartyyyyyyyyy!

Drinks, dessert, and dancing to support CNMA's sister organization (a 501c(3))

Tickets sold separately

November 7th, 12-4pm Day 2: An Optional Anti-Racist Clinical Preception Workshop. Come prepared to learn how to up your game in building a strong and diverse midwifery workforce.

25 **FREE** tickets: first come, first serve!

Tickets registered separately.

California BIPOC Birth Worker Fall Happy Hour

The BIPOC midwives of CNMA will be hosting a virtual happy hour on October 25 from 6-7 PM. This will be a space for California-based BIPOC birthworkers to connect and build community. [RSVP and spread the word!](#)

Birth Happens Museum Exhibit

This special exhibit will explore the history of midwifery in Santa Cruz from pre-contact through the present. Join us now through January 2022 at the San Lorenzo Valley Museum in the Faye G. Balardi Gallery. For more information, [click here](#) or call (831)338-8382.

SB 65 California Momnibus Bill and Midwifery Workforce Training

SB 65 (Skinner), the California Momnibus bill is officially law! Governor Newsom signed this historic piece of legislation on October 4. California is the first state to adopt a package of measures that will close the gap on maternal and infant health disparities. This act established a fund for midwife training programs that meets the priorities of underrepresented groups and those from underserved communities, and prioritizes training and placement of graduates in California's maternity care deserts. It also ensures that pregnant people are exempt from CalWORKS welfare-to-work requirements and codifies and expands California's Pregnancy-Associated Mortality Review Committee to investigate maternal mortality and morbidity, specifically looking at racial and socio-economic disparities, as well as Queer, Trans, and Gender Non-Comforming birthing outcomes. We at CNMA plan to hit the ground running in 2022 to have the new **Midwifery Workforce Training Act** funded by the legislature. Congratulations and thank you to everyone for your hard work and advocacy! You can watch this historic bill-signing and celebration [here](#).



Midwives in the News

Empowering 32 More Future Healthcare Leaders

Congratulations to Ana Rapoport, CNM for being selected as one of 32 future leaders to join the CHCF Health Care Leadership Program! She stands out as the only midwife participating in this year's fellowship program, and at the end of the program she will be poised to make significant changes in maternity care systems. We're grateful for her leadership and service.

[Read the full article here.](#)

Advocacy Opportunities

What Women Want: Midwives' Voices, Midwives Demands

What Women Want: Midwives' Voices, Midwives' Demands is a survey asking midwives about what they want and need to serve women in their care better and for themselves as midwives. Survey results will inform the development of targeted advocacy agendas at the national and global levels – to be taken forward not only by local midwives' associations, the International Confederation of Midwives, and White Ribbon Alliance, but also by gender equality, human rights, and other champions – to create real, lasting, positive change for midwives and women all over the world. [Click here](#) to access the survey. We are thankful and excited about your interest in participating in further surveys and listening sessions.

ACNM Virtual Hill Day

We invite all ACNM members and midwives to make their voices heard at **ACNM's Inaugural Virtual Hill Day** experience on **Monday, November 15, 2021**. During this advocacy event, you will meet virtually with Members of Congress and their health policy staff from your respective state to educate them about midwives, midwifery-led care, and how to improve maternal health outcomes and address racism and inequities within our nation's care continuum. This event will help elevate the strategic priorities of the college and the immediate needs of midwives and midwifery practices nationwide and the people and families midwives serve. [Click here](#) to learn more, or contact Amy Kohl, akohl@acnm.org, with any questions regarding Virtual Hill Day.

ACNM Virtual Health Policy Summit

The **2021 Virtual Health Policy Summit** takes place **Tuesday, November 16, 2021** and includes access to the live Plenary Sessions, OnDemand Education Sessions with continuing education credits, and Networking opportunities. Attendees will have access to the virtual event



platform during the meeting and for 30 days after. [Click here](#) to learn more about ACNM's Health Policy Summit.

The BABIES Act and Midwives for MOMS Act

AABC is making it easy to build momentum and advance these important pieces of legislation. Click [here](#) for information on how to contact your congressional representatives and senators via phone or email. The BABIES Act (H.R.3337/S.1716) seeks to promote the accessible and affordable use of freestanding birth centers by Medicaid beneficiaries. It would build off the Strong Start initiative by creating a demonstration payment program under Medicaid and providing guidance to develop a prospective payment system to reimburse birth centers for prenatal care, perinatal care, and postpartum mother and infant care. The Midwives for MOMS Act (H.R.3352/S.1697) is designed to expand educational opportunities for midwives by establishing two new funding streams for midwifery education. Additionally, the bill will address the significant lack of diversity in the maternity care workforce by prioritizing students from minority or disadvantaged backgrounds.

Encourage FDA to maintain access to preterm birth prevention options

Preterm birth disproportionately affects ethnically diverse parents, yet clinical research on treatment impact often leaves diverse communities underrepresented. The FDA is considering a proposed withdrawal of Makena® (a hydroxyprogesterone caproate injection commonly referred to as "17P") and its generic versions despite being the only FDA-approved class of treatments for spontaneous, recurrent preterm birth. The [Preterm Birth Prevention Alliance](#), of which AABC is a member, believes that the FDA must hear directly from the providers who treat these at-risk women day in and day out, and is coordinating a sign-on letter which will be submitted to the federal docket to highlight the need for access to 17P. [Join fellow midwives, nurses and doulas to encourage the FDA to maintain access to 17P](#) as a therapeutic option for preventing preterm birth, while studying its impact on diverse at-risk populations.

Volunteer with CNMA!

San Francisco Bay Area Chapter Chair

San Francisco Bay Area Midwives! We are seeking a new chapter chair (or co-chairs) to take over for the Bay Area Chapter. Duties of the chapter chair include presiding at all chapter meetings, maintaining communication among chapter members and with CNMA, and developing a plan/agenda for chapter meetings. BIPOC CNMs are especially invited to apply, as



CNMA is actively working to bring more BIPOC CNMs into leadership positions throughout the state. This is an exciting role which will allow you to promote networking and engagement among your fellow local area midwives. You will be supported by your fellow leadership team (vice chair, secretary, and treasurer) as well as by CNMA who is here to help you every step of the way! If you're interested in taking on this role, please email our membership chair, Emily Carter at membership@cnma.org.

Communications Committee

The social media team needs help creating content for the CNMA platforms! Can you help? Here is what is involved:

- Come across an interesting article relating to maternal health care, reproductive justice, health equity or midwifery
- Summarize the key point in a few sentences or a paragraph
- Drop it into a provided google doc with the link to the original content

It's that easy! Please contact sm@CNMA.org for more details.
#MidwivesWhoLoveSocialMedia

Seeking Assistant Membership Chair!

The CNMA Membership Chair is seeking someone to fill an assistant membership chair role. The membership chair is responsible for communications with new and existing members as well as developing new and creative ways to increase membership and improve engagement. I am looking for someone to take part in brainstorming and carrying out ideas, as well as assisting with tasks such as emailing and updating membership records. This role can be tailored to fit your interests and skills. If you have a desire to help shape the future of our organization please contact Emily Carter at ercarterRN@gmail.com.

Continuing Education Committee

The CNMA Continuing Education Committee is responsible for planning and hosting the CNMA Annual Meeting each year, and is now taking on the added responsibility of creating continuing education content that will be available through www.CNMA.org (coming soon!). Please consider joining this small and focused team. The work is targeted and specific, but there's still plenty of room for creativity. Interested members, please contact jillcauley4@gmail.com.

Midwifery Workforce Development and Education Support Committee

This new committee will focus on building and diversifying the CNM workforce in California, including strategizing to increase the number of clinical placement sites and preceptors in



California, establishing and maintaining two-way communication between midwifery programs that have student nurse-midwives in California and the CNMA Board of Directors, and fostering and supporting student mentoring programs. They will work alongside the Student Representatives to the CNMA Board of Directors. Ideal candidates include any of the following:

- Lead and Chief Midwives from practices throughout the state
- At least one representative from each midwifery program that has student midwives in California
- Midwives who are passionate about supporting students and educators
- Midwives who are passionate about mentoring
- Midwives who are passionate about scaling up midwifery in California

Please contact dmvandewiele@gmail.com for more information.

Other Volunteer Opportunities

BIPOC Midwives Promote COVID Vaccine

California Health Care Foundation is looking for BIPOC midwives to be part of a video campaign to promote covid vaccination. Please email Christa Sakowski at csakowski@stanford.edu for more information.

Address COVID-19 Vaccine Hesitancy

Attention California Nurses! We need your knowledge and compassion to help people make informed choices about the COVID-19 vaccine! Sign up at www.VaxForce.org to volunteer. Flexible schedules, work from home, and address the vaccine concerns impacting YOUR community!



Education, Trainings, and Webinars

Clinical Practice Guideline on the Use of Screening Strategies for the Detection of Breast Cancer

In honor of Breast Cancer Awareness Month, please join us **Tuesday, October 19, 2021**, at 4 P.M. for a live webinar on "Clinical Practice Guideline on the Use of Screening Strategies for the Detection of Breast Cancer." The purpose of this presentation is to review breast cancer

screening guidelines and the evidence used to support the recommendations and highlight new screening modalities and controversies surrounding screening. \$14.99 Students, \$24.99 Members, and \$49.99 Non-Members. [Register here](#).

Why didn't we do this earlier? The new model of NICLET care

The new model of "NICLET Care", where NICU babies are cared for right alongside their mom, has perinatal services providers asking "how do we implement this?" In this **FREE** webinar, you will be introduced to intensive parenting models that can improve bonding and outcomes. Learn how the Couplet Care model is expanding to better support the parents of the NICU infants. For more information and to register, [click here](#). **October 19, 10 - 11 AM. 1 CEU offered.**

Roe's Collapse? The Future of Abortion Care at PPMM

[Register now](#) for this **FREE** webinar on **Tuesday, October 19, 2021 from 11-12** to hear from experts about how patients access abortion care in safe haven states like California and Nevada and how PPMM plans to expand care as more states go dark by severely limiting or eliminating abortion. The Supreme Court will hear a case in December about a Mississippi abortion ban that is a direct attack on *Roe v. Wade*. With the new composition of the Court, the constitutional right to abortion is in grave danger. If you have a question you'd like to be addressed during the webinar, please submit it when you register.

PSI 2-Day Components of Care and Advanced Training

Postpartum support international is offering the 2-Day Components of Care and Advanced Trainings VIRTUALLY! All training dates offer the 2-day Components of Care, Advanced Psychotherapy, and Advanced Psychopharmacology.

- [October 20-22, 2021](#)
- [November 12-14, 2021](#)



- [February 9-11, 2022](#)

Perinatal Psychiatry: Treatment during Pregnancy and Postpartum

This virtual course will focus on the diagnosis and treatment of psychiatric disorders during pregnancy and postpartum. Exposure to psychotropic medications and the consequence of untreated psychiatric disorders must be considered when treating pregnant women, those who may become pregnant during treatment, and those who are breastfeeding. Up to date and comprehensive knowledge is required to help patients make collaborative and individualized treatment decisions. Focused material will be presented on specialized psychotherapies utilized during pregnancy and postpartum, as well as an overview of embryology and obstetrics

informing a broad range of care modalities. Learning in this course will be facilitated by didactic materials delivered by the faculty from the MGH Center for Women's Mental Health. **October 21, 2021 5.75 CEUs. \$250.** Register [here](#).

CPSP, 12-month Post-Pregnancy Eligibility, and Supportive Perinatal Care in Medi-Cal and MCAP

Please join MCHA, Black Mothers United, and West County (Sonoma) Health Centers for a discussion on Medi-Cal's Comprehensive Perinatal Services Program (CPSP), Social Determinants of Health, and the upcoming 12-month post-pregnancy eligibility. **Friday October 22, 2021 from 10:30 to 11:30 AM.** [RSVP here](#).

ACNM Leadership Development Committee Updates

The next Learning Break is **Wednesday, October 27, 2021 from 9-10 AM PST**. The speaker is Jessica Brumley, PhD, CNM, FACNM. Please email JSaunders@acnm.org by October 26 to RSVP and receive the Zoom link.

Expanding Options in Non-Hormonal Contraception

Join Evofem for a national program to discuss unmet needs in pregnancy prevention, the role of pH in contraception, and Phexxi (a vaginal pH modulator). Register [here](#) for one of the upcoming sessions:

- **Wednesday, October 27, 2021 at 12 PM**
- **Thursday, November 4, 2021 at 3 PM**
- **Wednesday, November 17, 2021 at 9 AM**



Detecting and Responding to Clinical Deterioration in Healthy Newborns

Join AWHONN on **November 2, 2021 from 11 - 12:15** for a webinar to learn how to assess how maternal risk factors impact the fetus and newborn. \$25 for members, \$39 for e-members, and \$50 for members. 1.25 CEUs. Register [here](#).

Spinning Babies 2-Day Workshop

Santa Paula Midwives is hosting a 2-Day Spinning Babies Workshop **November 5-6, 2021** from 9:00 AM - 5:00 PM at the Ventura County Medical Center. Spinning Babies presents a new perspective on the anatomy of fetal positioning and birth. Where dilation stalls, rotation solves! Spinning Babies reduces unnecessary cesareans with a paradigm-shifting approach to physiological birth. Instructor: Kelly Dungan, BSN, RNC-OB. Registration: \$375, or \$425 after October 23. 13 CEs available through ANCC and ACNM. For more information contact Denise Ellison, CNM at DMECNM@gmail.com.

Evidence to Application Summit: Utilizing low-dose aspirin to reduce pre-eclampsia

Leaders from hospitals, provider groups, public health, community-based organizations and birthing people with lived experience are all invited to attend this **FREE** program on **November 7 from 8 AM - 12 PM**. We plan to implement this campaign in target areas with a high risk for preeclampsia and prematurity rates. Our overarching goal of this Summit is to build out implementation strategies utilizing CMQCC's soon-to-be-released Hypertension/ Preeclampsia Quality Improvement Toolkit – which supports hospitals in managing labor and delivery patients presenting with high blood pressure; and March of Dimes Low-Dose Aspirin Toolkit – which helps prenatal care providers and allied health professionals increase access, utilization and acceptability of low-dose aspirin during pregnancy to prevent preeclampsia

Please join us as we work together to ensure California's birthing people, babies and their families have the best possible start to life. [Register here](#).

25th Anniversary Nurse Leadership Forum

Synova welcomes all perinatal and neonatal nurse leaders in person to the [25th Anniversary Nurse Leadership Forum](#) **November 14-18, 2021** in Tucson, Arizona. Join us as we gain the confidence to step up to new opportunities, develop skill in navigating uncomfortable yet important conversations, deconstruct our understanding of other cultures and demographics and how they impact our work, and advance our emotional intelligence to foster the development of our teams. [Learn more and register here](#).



The Science and Mystery of Pregnancy and Birth

The Association for Prenatal and Perinatal Psychology and Health 22nd International Congress will take place **November 19-21, 2021**. This three day virtual conference will feature ACNM's President-Elect Heather Clarke, DNP, CNM, LM, APRN, RN, FACNM! Our growing knowledge about the complex prenatal and perinatal process relies on both the science of the known world and the mystery of the unknown. New aspects of this dynamic universal experience are discovered continually, and these discoveries offer hope and healing for the lives of mothers, babies, and families, which will shape our society. When we change how we think and teach about all dimensions of the birth experience, we are changing the world! [Register here](#).

The Role of Maternal-Fetal Signal Coincidence in EFM

This AWHONN webinar will help attendees understand key concepts related to maternal-fetal heart rate coincidence and other types of artifact and formulate measures for troubleshooting equipment and patterns associated with EFM artifact. **November 30, 2021, 11:00 - 12:30**. 1.5 CEUs. \$25 for members, \$39 for nonmembers. [Register here](#).

Preventing Racial and Ethnic Biases During Pandemics and Other Crises

To empower health care personnel to provide equitable care during crises like COVID-19, [Diversity Science](#), a professional services firm focused on accelerating progress towards diversity, equity, and inclusion in health care, has developed three free online training courses tailored to physicians, nurses, and nonclinical frontline staff. Each of the **FREE** training courses is approximately 25 minutes and can be completed at your convenience.

- [For Physicians: Preventing Racial and Ethnic Biases During Pandemics and Other Crises](#)
- [For Nurses and Other Providers: Preventing Racial and Ethnic Biases During Pandemics and Other Crises](#)
- [For Reception, Admin & Clerical Staff: Preventing Racial and Ethnic Biases During Pandemics and Other Crises](#)

Saving the Lives of Moms and Babies

[The National Partnership for Women & Families](#) has joined the [National Birth Equity Collaborative](#) to produce the [Saving the Lives of Moms & Babies](#) series. The 10-part series connects the dots between how different socioeconomic factors affect maternal and infant health, the outsize impact these factors have on Black, Indigenous, and other People of Color (BIPOC) communities, and recommendations to effect the change we need to ensure all moms



and babies thrive. [Saving the Lives of Moms & Babies: Addressing Racism and Socioeconomic Influencers of Health](#) presents a ground-breaking summary of how racism directly affects the bodies of moms and babies.

Inclusive Healthcare in Perinatal Nursing

Identifying and rectifying our own biases allows us to improve the outcomes of our patients. This online session will explore challenges related to implicit bias, health equity, disparities, and health care outcomes, as well as strategies and recommendations for addressing implicit bias to achieve the goal of health equity in perinatal healthcare. [Registration: \\$25.00 for AWHONN Members, \\$39.00 E-members, \\$50 Non-members. 1.25 Contact Hours](#)

Medi-Cal Rx

The Medi-Cal Rx Monthly Bulletin for October is available [here](#) and includes updates on changes to the contract drugs list, and updated Medi-Cal Rx NCPDP payer specification sheet, changes to the Family Pact Pharmacy Formulary, and the Medi-Cal Rx electronic claims

submission. Information on the Medi-Cal Rx pharmacy providers electronic funds set up and opt out is available [here](#).

Job Opportunities

Evidence Based Birth Systems Administrator

Evidence Based Birth is seeking a talented Systems Administrator to work in a fully remote capacity. This is a great opportunity for someone who is looking for a flexible environment. Both full and part-time options are available. The right candidate will be responsible for maintaining the highest level of quality of systems support for the EBB team members and must have experience in WordPress and systems/technology. Learn more [here](#). Please contact April Cash at: april@evidencebasedbirth.com.

Locum CNMs to care for Afghan Refugees

CNMs needed to assist recently taken in Afghan refugees in Virginia, New Mexico, and New Jersey. Full time coverage needed with 12 and 8 hour shifts available. Must be flexible with day shifts/night shifts weekdays/weekends. Needed immediately and ongoing, and as soon as possible. California state licenses are acceptable. Must be COVID-19 vaccinated. [Apply here](#).

Sutter Women's Health in Davis - Certified Nurse-Midwife

Sutter Women's Health in Davis is seeking certified nurse-midwives to join us in an award winning and nationally recognized collaborative practice working in the office and community hospital setting. Both full and part time positions are available. Sutter Davis Hospital has a Level 1 nursery and offers a full spectrum of labor and delivery options, including low intervention birth, TOLAC/VBAC, hydrotherapy, nitrous oxide, anesthesia, and a volunteer doula service. The hospital is expanding and we are excited to grow our practice to meet our community's needs. This full scope position includes obstetrics, family planning, simple gynecology, and group prenatal care. Additional highly desirable skills: maternal mental health, first and third trimester ultrasound, cesarean first assist, leadership, support of physiologic labor and birth, and experience with LARC methods. For more information, please contact Krysta Burris, Physician Recruiter, at Develops@sutterhealth.org.

Sutter Women's Health in Davis - Physician Position

Sutter Women's Health in Davis is seeking a full time OB-Gyn to join us in an award winning and nationally recognized collaborative practice working with certified nurse-midwives as part of a large multidisciplinary group, both in the office and community hospital setting. Sutter Davis Hospital offers a full spectrum of labor and delivery options, including low intervention birth,

TOLAC/VBAC, hydrotherapy, anesthesia, and a volunteer doula service. The hospital is expanding and we are excited to grow our practice to meet our community's needs. Sutter Medical Group is recognized as a Top Performing Physician Group by the Integrated Healthcare Association, and Sutter Davis Hospital consistently ranks among the best places for families to give birth in California. Join us and enjoy an income guarantee with shareholder track, generous compensation and benefits including 401(k), advanced practice technology, and a positive work-life balance and Northern California's natural beauty and lifestyle. For more information, please contact Krysta Burris, Physician Recruiter, at Develops@sutterhealth.org.

Kaiser Permanente

Kaiser Permanente is currently hiring six (6) certified nurse-midwives in the [Sacramento](#) area and in [Walnut Creek/Antioch](#).

Journal of Midwifery and Women's Health

The editors of the Journal of Midwifery and Women's Health (JMWH) are seeking candidates for a Deputy Editor. The JMWH Editor-in-Chief and Deputy Editors comprise the Journal's senior editors who direct the content, focus, and strategic development of the Journal. To apply, please email a curriculum vitae and letter of interest to Melissa Avery, JMWH Editor-in-Chief Elect at jmwh@acnm.org with questions. For more information, [click here](#).



Maven Clinic

Maven Clinic is a digital telehealth platform that offers support via video appointments and messaging for people who are trying to conceive, are going through fertility treatments, are pregnant, or are post-partum. Maven Clinic is currently hiring doulas, midwives, lactation consultants, nurse practitioners, and reproductive endocrinologists. Apply here:

<https://www.mavenclinic.com/practitioners>

Midwife Crush Mondays!

Do you know an amazing Midwife who is doing revolutionary work? We want to feature them on our social media platforms!

CNMA is looking for submissions for our new social media series "Midwife Crush Monday" where we highlight the stories of trailblazing midwives across the industry who are making a difference in the midwifery profession. You can even submit yourself!

Here's what we're looking for:

- Midwife's name (include pronouns)
- Affiliated organization(s)
- Why you became a midwife (and anything awesome you'd like to brag about)
- Headshot/Photo if available
- *Bonus: Please include social media handles for tagging!*

Please send submissions to sm@cnma.org for consideration!

Questions? News? Want to get involved?

Email us at info@cnma.org

That's all for this month's issue. Catch you next time!

-CNMA MEDIA TEAM

Visit us at cnma.org



This newsletter will be archived on our website at cnma.org/news