

2024 1st Quarter!

EVENING AGOGE NEW IDENTITY

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Graeme Blakey, and I work on turning my flywheel daily
- **I am Graeme Blakey, and any future event I trust future Graeme will handle it.**
- I am Graeme Blakey, and I find a way or make a way to conquer every day!
- **I am Graeme Blakey, and I focus on doing complicated things to become the best version of myself.**
- I am Graeme Blakey, and I am a formidable human being who is perspicacious and indefatigable!
- **I am Graeme Blakey, and I find a way or make a way to conquer every moment!**
- I am Graeme Blakey and I choose to become stronger, faster, and bigger than I was yesterday!
- **I am Graeme Blakey, and I can sell anything in any market!**
- I am Graeme Blakey, and I stay **Calm** in every situation!
- Imagine what I would be if I put **all** my effort into everything I did!

Core Values (2-3)

- Brave - Bravery starts in the Chest!
- **Perspicacious** - I am Aware of my surroundings, situation and all solutions.
- Indefatigable - I am incapable of tiredness. I only know full of energy.
- **Respected** - As I do harder and more challenging things, I gain more respect from Everyone!
- Grateful - I make a point to be grateful for everything I already have!
- **Feared** - *I only fear God*
- Strong - I am stronger than ever!
- ***"Making what mortals call impossible, my bare minimum for the day."***
- ***"You can't get rich when you think and act like every other loser. You NEED new habits and a new firmware update." Emory Andrew Tate II***
-

Daily Non-Negotiables (2-3)

- Daily Checklist!
 - Review your identity
 - Review Google Calendar / Daily Goals
 - MPUC
 - Review your notes / Analyse a top player
 - Train - 100 burpees under 6 mins or 100 chin-ups or 100 pushups minimum
 - 45 min G work session or 3 - 10 outreaches
 - Review the day's wins/loses
 - Set tasks in Google Calendar for the next day
 - Read your identity before bed

Goals Achieved

- I made it into the “experienced” section of the copywriting campus in five days!
- I have just made the **Rainmaker** role!
- I am receiving \$2,570 per week through Online Marketing Consulting
- I have my first Client on a Retainer (\$1500p/m)
- I have another Client on a Retainer (\$1250p/m)
- I replaced mine and Shona’s income!

Rewards Earned

- I achieve 10x the results I promised for all of my clients every month!
- I bought myself a new *Full Spec* Apple MacBook Pro 14-inch M3 Max to continue my “work from anywhere” dream as a reward for getting my first \$100k!
- I paid for Shona and my teeth to be fully fixed back to perfection
- I have the reward of taking my Family out to dinner once a week (and we order whatever we want, no matter the price)
- I have over \$100,000 in savings!
- I have the reward of being in the experienced section of the copy campus
- I am planning our holiday to experience Snow for the first time
- I take the kids camping once a month (2 at a time)





Appearance And How Others Perceive Him

- Perfectly Sculpted Body
- Very Well Respected
- Known to Create High Value in any Business through Marketing
- Full of Courage
- Dedicated
- Disciplined
- Can Sell Anything!
- Can't be Stopped!
- "My unmatched perspicacity coupled with sheer indefatigability makes me a feared opponent in any realm of human endeavour." — Emory Tate.
- **"Get Your hands off your dick and put them on your socks. It's time to go to work, Time to Conquer this World!"**
- **Sleep is work.**



Day In The Life (Week Day)

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

I am Graeme Blakey, and I wake up with the first rays of dawn, my mind already buzzing with plans and ambitions. Today is a new canvas waiting for my artistry, and I am ready to paint it with purpose and determination.

As I stretch and prepare for my morning routine, my thoughts drift to the challenges awaiting me. I remind myself, "I focus on doing complicated things to become the best version of myself." Each day is an opportunity to grow, to learn, and to excel.

Breakfast is a whirlwind affair, a balanced meal meticulously chosen to fuel my body and mind. Sipping my coffee, I affirm, "I am a formidable human being who is perspicacious and indefatigable." I am ready to tackle the day ahead.

My first meeting is a high-stakes negotiation, a test of my persuasive skills and market knowledge. Stepping into the online boardroom, I remind myself confidently, "I can sell anything in any market." Hours fly by in intense discussions and strategic maneuvers, but I remain calm and collected, my focus unwavering.

As the day progresses, challenges arise and opportunities present themselves. I adapt and improvise, always reminding myself, "I find a way or make a way to conquer every moment." Creativity flows in brainstorming sessions, pushing the boundaries of conventional thinking and exploring innovative solutions.

Evening approaches, but my energy shows no signs of waning. "Any future event I trust future Graeme will handle it," I muse, confident in my ability to plan ahead and anticipate challenges. The day's final tasks are tackled with determination and precision.

As I settle into bed, exhaustion mingles with satisfaction. "Imagine what I would be if I put all my effort into everything I did," I ponder, already envisioning tomorrow's challenges and victories. With a smile, I close my eyes, ready to rest and recharge for another day of conquering the world, one moment at a time.

Today is my 31st birthday. It's a Monday!

I woke up at 4am and got all my work done that I had planned.

Now I have decided to go for a drive to see my Dad

he's at work today, still working for himself at DNC Metal Works

I arrive at DNC Metal Works in my Pristine Electric Blue S15 Silva RocketBunny and I park opposite my dad's car

I helped him out with some marketing at the end of last year and now he has 3 guys working for him and they are always busy!

I get out of my car and lock it, the immobilizer beeps back at me. *Beep Beep*

I walk in, the place is clean and tidy thanks to the new guys.

I walk upstairs to the office, as I get to the top of the stairs I notice the carpet is still the same, I turn around to look over the shop and one of the new guys gives me a wave! (I helped him get this job and he has always really appreciated it)

I walk in the office, and it's cool from the aircon and the smell brings back memories.

I walk through the office to the back desk, Dad looks up with slight surprise and greets me.

"Graeme, I thought the car sounded familiar"

"Happy Birthday!" He says and walks around to shake my hand.

I embrace him in a warm hug instead.

"Today might be my birthday but you're the one getting the gift" I say

He gives me a funny-questioning look. "What do you mean, you're not supposed to be giving gifts on your birthday"

I continue "I mean today is your lucky day!"

"My lucky day" he replies with the same look on his face

"As of Today, Your house and Your business are YOURS. The loans have been paid in full and you no longer owe the bank anything."

I wake up at 4 am, ready to conquer the day!

I get out of bed, and I walk to the lounge room

I pull out my laptop and read through my *Daily Identity*

I pull up my Google Calendar and review what I need to complete today.

I head to the bathroom and brush my teeth while having a cold shower

I put my fight gear on and get my change of clothes for afterwards.

Everything is ready near the door.

I sit in front of my new Macbook Pro 14in full spec and log into TRW.

I head to the MPUC tab and watch today's MPUC. Now, I set up my Google doc with the "Take Notes Like a G" doc and write out the concept of the MPUC.

It's now 5 am I drink a glass of cold water and set up my client's work. I spend 45 minutes on one of my client's work, and then I pull on my running shoes and run to the fight gym (DF Gym).

My fight class runs for an hour, and then I run back home, shower, make coffee, and get the kids ready for the school drop-offs!

New



14-Core CPU
30-Core GPU
36GB Unified Memory
1TB SSD Storage¹

14-inch Liquid Retina XDR display²

Three Thunderbolt 4 ports, HDMI port,
SDXC card slot, headphone jack and
MagSafe 3 port

Magic Keyboard with Touch ID

Force Touch trackpad

96W USB-C Power Adapter

A\$5,599.00

Includes GST of approx. A\$509.00.^o



I wake up just before 4 am and I beat my alarm every morning!

I walk out to my kitchen that overlooks the ocean out to the east, it's a full moon this morning and the colours from the sun are just starting to change the night sky. White top waves are crashing about with a gentle breeze blowing already, I can hear the waves crashing against the cliff below.



I grab a glass from the custom red oak timber cupboard and fill it with refreshing filtered water and I walk out to the patio that overlooks the ocean. Now I can see the waves that are crashing against the cliff and rocks below. It's the most beautiful sight to see, the reflection of the moon behind me over the water with the horizon in sight as the sun gets closer to view. This is why we picked this spot! It's away from the rush but close enough to the city that it's only a 40-minute drive to everything we need.

I sit outside on the patio watching the sun rise as I drink the most refreshing glass of water I've ever tasted. It's like pure silk that soothes the soul and invigorates the body.

As the sun begins to break the horizon I hear the kids starting to stir. I walk into the kitchen and flick the SMEG jug on to boil.



The kids are getting ready for school now and we are all in the kitchen bantering while making breakfast. We sit at the kitchen table together and go through what we need to do today to achieve our goals.

Now it's time to get them to school. The older girls catch the bus, Shona takes the little ones in her car, and I am off to the home office. It's got an ocean view and a cave-like feeling about it, this is where I get all my ideas from! The Office of Inspiration I call it. Full of books from business to adventure!

All my favourites!



I work here until lunch when I head out to the kitchen to make lunch with Shona. We eat some fruit, some salad and A juicy, tender, mouth-watering steak, straight from the BBQ.

First Day-In-The-Life

I get up at 4 am and start my day with a glass of water and the MPUC at the kitchen table with my new Mac Book Pro, after I take notes of the MPUC, I walk outside and do 200 burpees on the grass!



After I finish the burpees I cool down slowly while thinking of a couple of thrilling and engaging posts for X



I am in the shower by 5 then I read through my daily plan, add any extras I would like to do and read through my notes until the kids wake up at 6 am



I spend the morning with my kids getting them ready for their day at school. Making them feel inspired and prepared for the day ahead.



I drop them to school and now it's time to get to work. (my best/most focused hours for work are 8-11:30 am)

I work on my client's work for 2 hours and then I take 30 mins going over any lessons that are helpful for the section of marketing I am studying

It's now 11:30 so I start to make some lunch and sit to eat it with my partner.



After lunch, I sit down in my home office and work until the kids get home.

Now the kids are home I guide them through their daily chores and homework.

Or I spend some time in the shed to get inspired to create my next sculpture!

At 4:30 its time to start dinner,

After dinner is ready I head out to my Fight Club for my Daily training! This takes about 90 mins



I am usually home by 7 just before the kids go to bed. I eat a juicy steak for dinner and spend some time with my kids reading them a book(or two) before they head to bed.

It is now 8 pm and all the kids are in bed. Now I spend some time with my partner or I pull out my favourite book and read that for 40mins

I go to bed at 9 so I get a good night's rest and I am ready to conquer the next day!