

CAREER INTERESTS EXPLORATION

Purpose

Think about the things you like to do to consider how your current interest and skills can inform your future career pathway.

Process

1. Think about the following questions: What kinds of things do you like to do now? What do you hope to do in the future? Circle at least five of the activities that would align with your responses.

Grow plants	Be imaginative	Help others	Explore other cultures	Design environments	Figure out how things work
Work with my hands	Be outdoors	Conduct research	Make complex ideas easier to understand	Solve social problems	Create efficient processes
Solve technical problems	Plan and organize	Analyze data	Tell stories	Advocate for justice	Solve mechanical problems
Follow careful procedures	Budget and keep records	Make laws and policies	Innovate new technologies	Put different ideas together	Learn about history
Communicate through writing	Operate and maintain technology	Debate and discuss issues	Study the natural world	Create art	Conduct experiments
Perform for others	Learn about the natural world	Help people work together	Network with/meet new people	Speak publicly	Resolve conflict
Design media	Lead others	Be an advocate for or defend others	Teach or coach	Persuade others	Study environments
Work with numbers	Buy and sell things	Investigate and report	Make logical arguments	Work in a lab	Make new materials

2. What are one or two careers that you can think of that align with your interests?