THE MASTER WAR MODE DAY PLAN + REPORT

D=difficulty

I=Importance

(1 is hardest and 10 is easiest)

(1 is least important and 10 is most important)

Do the tasks with the highest number first

□ The Mastery Checklist Explained to achiev...

V / X	D/10	I/10	/20	Master Checklist:	Task Time:
V	10 -	10 -	20 -	Morning Workout (PC)	2 hours
V	10 -	10 -	20 -	Cello Lesson	1 hour
V / X	10 -	10 -	20 -	DPUC	30 minutes
V	10 -	10 -	20 -	Evening Workout	1 hr 15 min
V	10 -	10 -	20 -	Throwing program	15 min
V	10 -	10 -	20 -	Step 2 module	1.5 hrs
V	10 -	10 -	20 -	Step 3 module	1.5 hrs
×	10 -	10 -	20 -	Deeper OODA loop of prospect (clarifying question needed to be asked, currently awaiting a response)	1 hr
V	10 -	10 -	20 -	Cooking (Lunch & Sauce)	1 hr
V	10 -	10 -	20 ·	Acc. Chat	20 min
☑/ ×	10 -	10 -	20 -	Reflection	10 min
V	10 -	10 -	20 ·	Streching	10 min
✓/ ×	10 -	10 -	20 -	Plan tomorrow	15 min
✓/ ×	10 -	10 -	20 -	850 Crunches	All day
V	8 -	10 -	20 -	Hitting Lesson	2.5 hrs
☑/ ×	10 -	10 -	20 -		
☑/ ×	10 -	10 -	20 -		
V /X	10 -	10 -	20 -		

V / X	D/10	I/10	/20	Master Checklist:	Task Time:
✓/ ×	10 -	10 -	20 -		
V / X	10 •	10 •	20 ·		

Start The Day With Tasks Valued 20 Then Move Down

Total Hours Planned In The Day: /24

	77 DAY NUMBER + DATE + TIME 🕒
Day Number:	15
Date:	7/11/23
Start Time:	5:15 AM

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My Relationship with the Lord
2.	The Aeon Pathwalkers
3.	My Friends and Family

1.	Workouts
2.	Cello Lesson
3.	Step 2 and 3 content







What Did I Learn Today?	
XWhat Problems Did I Face In The Day? X	

www.What Do I Plan To Do Differently Tomorrow?
♦ What Do I Plan To Do The Same Tomorrow?
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
✓ What Tasks Were Left Undone? ✓

Brain Dump: