

Date: October 22, 2021

Subject: An Overview of Pediatric Orthopedics

APA citation:

Cluett, Jonathan. "An Overview of Pediatric Orthopedics." *Verywell Health*, Verywell Health, 21 Oct. 2020, <https://www.verywellhealth.com/pediatric-orthopedics-4013607>.

Assessment:

After deciding that I want to focus on pediatric orthopedics, I realized that there will be some additional information I will need to educate myself on if I want to successfully conduct my research as well as research interviews. I needed an overview on orthopedics again anyways, especially since I changed my ISM topic later in the year, so a refresher would be beneficial to me. The article titled "An Overview of Pediatric Orthopedics" by Jonathan Cluett was able to help me accomplish this goal of mine.

Reading this article was very beneficial to me by providing me a general overview of the field. Especially since I am interested in becoming a physician assistant in this field, instead of a surgeon, having an overview instead of the exact specifics was helpful to grow my knowledge and research. The article provided me with some of the most common orthopedic injuries that children will come in to get treated for (Cluett, 2020, p.1). Most of these seemed familiar to me, especially from the research I already conducted, but it was helpful to see. It made me realize how easy it is for these injuries

to happen, as most instances of falling off a bike, getting hurt in a sport, etc might result in an orthopedic injury (Cluett, 2020, p.4). This is especially true for children specifically. It was interesting to see how many of these experiences have happened to me, or people that I know, and how commonly those instances are tied to orthopedic treatment.

I also was intrigued by the fact that the article stated that young children's bones heal faster than adults (Cluett, 2020, p.2). Although I already knew this fact, it made me question how exactly the treatments differ due to this. This also inspired me to further research that topic, and potentially include it in my original work since it is focused on injury prevention in pediatric orthopedics. This is also a question I can ask in my research interviews, and potentially observe in person after I have a mentor as well.

The article provided me with ways that parents can be more supportive and better behaved when it comes to orthopedic injuries in pediatrics (Cluett, 2020, p.5). I did not expect to learn about this in an overview, so clearly, it is an important aspect. I myself have had experience where adults have questioned if I am really injured or not, or if I am truly in pain. Seeing the alternate responses that parents can use to determine whether their child is actually injured, without making them feel unheard, was a very useful piece of information. I am also inspired now to further research parent's input and responses to pediatric orthopedic injuries, and potentially include it in my brochure research for my original work.

Overall this article was able to provide me with a very beneficial refresher on my topic of pediatric orthopedics. It was a very necessary recall of information that allowed me to feel more comfortable with my topic. Also, it allowed me to ask myself several

questions about how I can incorporate this research into my original work. I look forward to progressing my research, and applying it into my end of semester project.

Article Annotations:

<https://docs.google.com/document/d/17hg5V1jqIKxUzZ-ojP2qEdcGmDR78DLoYWoWGTky9bU/edit?usp=sharing>