

Kindergarten Hoops Rules

*This is an Instructional League.
It is designed to teach fundamentals.*

PRACTICES AND GAMES:

This is an introductory League to basketball. The program features instruction emphasizing skill development. Each week the program will feature 30 minutes of instruction **emphasizing** skill development. After practices there will be 20 minutes of actual game time where the coaches will continue teaching in game situations.

TIME: The clock will run through the 20 Minutes.

DEFENSE: Both man to man and/or zone defense is allowed. No double teaming. Defense must be played within the 3-point line. No Full Court Press.

Hoop: 7.5 ft

Basketball: 27.0

COACHES RESPONSIBILITIES: Coaches, you are to help the referee. Please direct kids during this scrimmage. Traveling, double dribbling and fouls will be called... there will not be foul shots awarded. Try your best to keep the game at a controlled pace. Stop the game and re-group.

SCORES: There will be no scores kept.