Invasion Ball

This game is a mix between Dodgeball and Capture the Flag.

- Game starts by dividing the class into two teams.
- Each team lines up with one hand on the wall on opposite sides of the gym. (Similar to the beginning of a game of dodgeball.)
- Dodgeballs are placed along the half court line.
- A "flag" is then placed in the basketball lane underneath each basket. (Anything can work as a "flag." We will most likely have a cone with a jersey pushed down in it.)

Rules:

- There are two ways to win this game. 1st: All of your opposing teams get out from being hit with a ball.
  2nd: Your team successfully captures the opposing team's flag.
- Regular Dodgeball rules apply.
- Only one player from each team can attempt to go to the other side to steal the flag. If more than one player from the same team attempts to capture the flag then both players are out.
- If a player from the other team enters your side in an attempt to capture you

flag you may not throw the ball at them. They have to be tagged in order to be out.

- If a player gets out they then go to the "out" area. The out area for each team is underneath the basket on the opposite side.
- Players may also attempt to get their teammates that are out back in. If a player makes it to their out area safely without getting tagged they are allowed to bring one player back with them to their home side.
- If you get tagged trying to get a player then you join your other teammates in your out area.
- Teams are not allowed to guard their flags. Players are not allowed to enter the basketball lane of their side where the flags are.

First team to either capture their flag or get the opposing team out WINS!