

Spazketball

Equipment: Soccer small goals, basketball court, softer soccer ball, pinnies

Set up:

Place the small goals under the basket on basketball court end line

Play with three teams (winner stays on) or two depending on numbers

One team should be in pinnies

Rules/Activity:

You get only three steps with the ball in your hands

You win by scoring 5 points

You score 2 points for a basketball shot (except on three point shots =3) and one point for soccer

There are no goalies

The game is played moving off the ball and passing quickly to get a shot

The ball may not be basketball dribbled because once the ball touches the ground it becomes soccer

To be able to get it back to passing with hands you must pop the ball up in the air with your feet to your hands or a teammates hands. You may pop it up from your feet off the wall

If the ball bounces it MAY NOT be caught and played with hands- since it hit the ground so must be soccer now

You may not slap a ball out of a players hands and you can not grab it out of their hands- you may intercept a pass or block a shot

**you will notice your kids that love soccer will try to keep it ta foot game and the other kids will desperately try to keep it up in hands

Start with two teams on a jump ball in the middle of the court

Once ball is in play the player with ball in hands can take up to three steps and pass

If the ball hits the ground you just play soccer until someone pops it up to hands

Players should move quickly off the ball and play smart

To score a soccer goal you must kick it in the goal

After a basket or goal is scored the team that got scored on starts the ball under their basket

** You can modify by allowing more or less steps

** you must make so many passes before you score

** you must pass to a girl before you can score (most of my classes are around 30 boys and 4 girls) or double points if a girl scores

** You can play it fast with three teams where first team that scores stays on and losing team switches off with the team that is out

