

Seton Track & Field 2009 Performance List

100m Dash

Time	Name
13.40	Kaitlyn Cappel
13.43	Jaclyn Loechel
13.7	Natalie Rudolf
13.8	Ashley Niemann
13.8	Chelsea Lipps
13.9	Kelley Hayhow
14.1	Becca Weidner
14.2	Ashley Combs
14.5	Ashley Eversole
14.5	Alisha Wilk
14.6	Natalie Watson
14.8	Rachel Loebker
15.4	Emily Miller
15.7	Taylor Heim
15.9	Kiersten Schratt
16.4	Becca Ewald
17.0	Jayne Goines

200m Dash

Time	Name
26.7	Ashley Neimann
27.0	Kelley Hayhow
27.7	Kaitlyn Cappel
28.4	Chelsea Lipps
28.9	Ashley Eversole
29.8	Becca Weidner
30.0	Rachel Loebker
33.5	Becca Ewald
34.2	Kiersten Schratt
36.4	Jayne Goines

400m Dash

Time	Name
1:01.3*	Kristin Hamrick
1:01.8*	Jenna Hilvert
1:01.9*	Jordan Perry
1:02.9*	Kelley Hayhow
1:03.8*	Ashley Niemann
1:05.8*	Natalie Rudolf
1:06.8*	Kelly Leonard
1:07.4*	Julie Corbett
1:07.7*	Kaitlyn Cappel
1:08.0*	Ashley Eversole
1:08.2*	Aniequa Wallace
1:08.3*	Sam Beeler
1:10.6*	Kelsey Smyth
1:10.9	Rachel Loebker
1:02.3*	Alisha Wilk
1:02.8	Becca Ewald
1:03.2	Megan McDonald
1:03.3	Rachel Melgard
1:04.1	Annie Goettke
1:05.1*	Emily Miller
1:15.4*	Robyn King
1:15.8*	Kelsey Pace
1:16.7*	Anne Pace
1:30.8	Brooke Moorhead

800m Run

Time	Name
2:29.9*	Kristin Hamrick
2:33.6*	Jenna Hilvert
2:32.9*	Jordan Perry
2:37.5*	Sam Beeler
2:47.0*	Anne Pace
2:47.6*	Kelsey Pace
2:55.0	Annie Goettke
2:55.6	Emma Lindle
3:00.0*	Mollie Ruffing
3:14.3	Brooke Moorhead
3:16.8	Kelsey Smyth
3:42.0	Caroline Short

1600m Run

Time	Name
5:52.6	Anne Pace
5:57.77	Sam Beeler
6:23.9	Kelsey Pace
6:24.8	Annie Goettke
6:38.9	Emma Lindle
6:45.7	Caroline Short

3200m Run

Time	Name
12:28.57	Anne Pace
13:31.7	Sam Beeler
16:04.0	Caroline Short

100m Hurdles

Time	Name
17.33	Rachel Loebker
20.2	Nicole Robbins
21.0	Robyn King
21.8	Emily Miller

300m Hurdles

Time	Name
52.6	Rachel Loebker
53.9	Natalie Rudolf
56.8	Annie Goettke
57.2	Emily Miller
1:01.1	Kelsey Pace
1:00.6	Becca Ewald
1:02.5	Robyn King

* = Relay Split

Shot Put

Mark	Name
29' 1 ½"	Paige Apel
28' 2 ½"	Catie Adams
26' 7"	Mel Laiveling
26' 3 ½"	Carly Hartman
23' 8"	Maggie Welch
23' 0 ¾"	Shelly Nicholas
21' 5"	Jessica Mueller
21' 3"	Leigh Cucinotta
19' 11 ½"	Beth Hageman
19' 11"	Jessica Goines

Discus

Mark	Name
91' 0"	Mel Laiveling
81' 8"	Carly Hartman
78' 5 ½"	Paige Apel
74' 8"	Maggie Welch
74' 3"	Shelly Nicholas
69' 11"	Jessica Mueller
66' 9 ½"	Leigh Cucinotta
64' 0"	Catie Adams
56' 7"	Beth Hageman
56' 0"	Emma Lindle
52' 4"	Jessica Goines
28' 0"	Caroline Short

Long Jump

Mark	Name
14' 8"	Natalie Rudolf
14' 1"	Kelley Hayhow
14' 1"	Natalie Watson
13' 4"	Ashley Niemann
12' 3"	Jordan Perry
12' 1"	Ashley Combs
11' 7 ½"	Becca Ewald

High Jump

Mark	Name
4' 10"	Annie Goettke
4' 7"	Kelsey Pace
4' 6"	Robyn King
4' 6"	Kelly Leonard
4' 5"	Rachel Melgard
4' 4"	Sam Beeler

Pole Vault

Mark	Name
8' 6"	Julie Corbett

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4 x 100m Relay

<u>Time</u>	<u>Name</u>
52.7	Cappel, Hayhow, Loechel, Niemann

4 x 200m Relay

<u>Time</u>	<u>Name</u>
1:50.4	Lipps, Cappel, Hayhow, Niemann

4 x 400m Relay

<u>Time</u>	<u>Name</u>
4:09.5	Hayhow, Hilvert Perry, Hamrick

4 x 800m Relay

<u>Time</u>	<u>Name</u>
10:15.9	Hamrick, Beeler, Perry, Hilvert

Shuttle Hurdle Relay

<u>Time</u>	<u>Name</u>
1:19.5	King, Robbins, Miller, Loebker