

I am grateful that you choose to have a look at it!!!

Hope You Like it.

Greetings(Spanish version)

My name is (Insert name)...

I have spent 5 long and grueling years inside and outside the gym...

After 5 years of exercising and sweating to reach my goals, I finally...

DID IT!!!

Skills like the muscle up, the planche, and the shredded physique were mine.

'Where to go from here?' I asked myself...

The answer was obvious, it is time to...

SHARE!!!

That thought led me to create my membership program based on my solid and proven 5-year experience. Do not fret, it is not going to take you 5 years.

DON'T WASTE YOUR TIME LOOKING THROUGH COUNTLESS PROGRAMS OFFERED BY ANONYMOUS TRAINERS THAT GIVE YOU GENERAL AND OFTEN NOT APPLICABLE INFORMATION...

I HAVE AN EXACT AND PROVEN METHOD THAT I HAVE PERFECTED THROUGH MY 5-YEAR CALISTHENICS JOURNEY THAT COMBINES THE BEST OF BOTH WORLDS... CALISTHENICS AND THE GYM.

Let's go over some benefits...

- Monthly updates: Because YOU becoming stronger is my main priority, every month I will be adding new content (exercises, challenges, inspiration) to be sure that you are constantly reaching new heights.

- No previous experience/fitness level: It does not matter your weight, age, or gender, if are already at the midpoint of your fitness journey or just beginning, this program will get you the results you want.
- Guides and Video Demos: A step-by-step guide accompanied by an in-depth video explaining all the calisthenic skills key points and basic gym exercises.
- 3 Workouts per week Monthly: As with every worthwhile and life-changing goal consistency is key, and that is the bedrock of my training. 3 workouts per week in order to feel the results of your efforts as fast as your first few weeks.
- Community: Get access to a community of like-minded individuals who work just as hard to make their dream bodies a reality. Share experiences, create friendships, motivate and push each other all in the name of a better, fitter you.

PLUS

Online Support: Now, don't go thinking that I will leave you by yourself as long as you join. NO, far from it. You will be supplied with a whats up number that you can always use to call me or text in times of need, and it will be I who will be answering not an assistant. We are in this together.

OK now, let's address the elephant in the room...

You are probably thinking something along the line of '(Insert Name) your program sounds awesome and I can see a lot of value in it...'

BUT!!! (there is always a big scary but)

What it's going to cost me 35\$ 45\$ 50\$, close to a full monthly gym membership?.'

And you see, that is a valid argument BUT the real cost of my program is not even close...

Now before I reveal the price, let's refresh what you will get.

- (LIST OF THE BENEFITS AGAIN)

AND I offer you all that for the staggering price of **20\$ a month.**

NO this is not a scam, hoax, or whatever, this is the actual price I have put on the tools to make your dream body a reality...

And since this program is designed to suit both gym and home workouts I wouldn't want you to get burdened by probably an already pricy gym membership.

So I will go even further because it is my personal mission to help you get the body you deserve and make it **10\$ per month.**

What do you say?

Having read this far into the page tells me that you are a person looking to take his body and life to the next level.

Take this opportunity.



And let's start warming up.