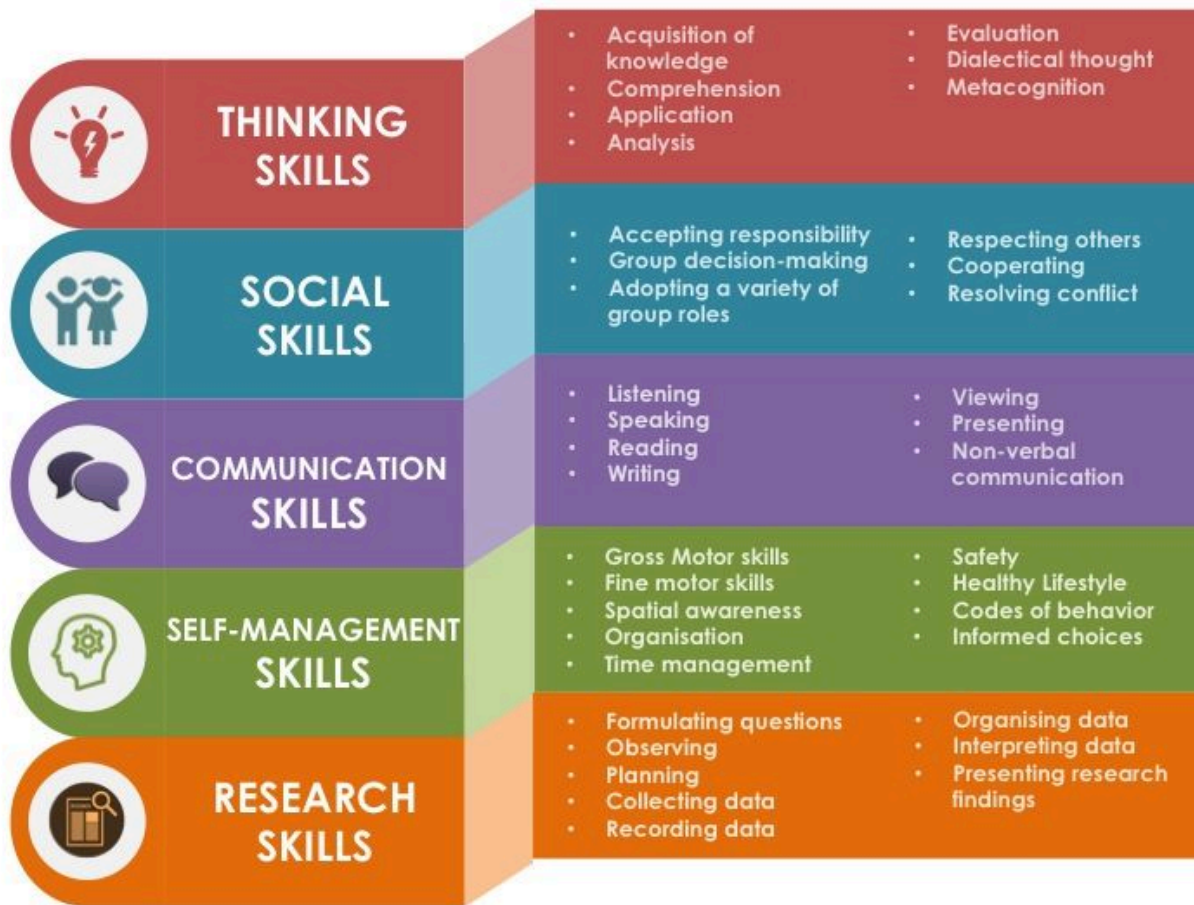




The Approaches to Learning (ATL) were formerly known as the Transdisciplinary Skills. They are organized into five categories of interrelated skills. By focusing on the development of these skills throughout a student's academic career, they will develop into self-regulated, reflective learners who are active participants in their learning. They develop more meta-cognition about how they learn best and take action to develop skills in areas they can improve.