

# Parent and Family Workshops

The Parent and Family Engagement Office is excited to offer workshops designed to help parents and family members gain a deeper understanding of their student's college experience. These workshops offer a general insight into the world of higher education and ACC's student resources and services. The workshops are always free and meant for any parent or family member who wants to learn more.

## Workshop 1 - "How College Works"

This workshop will help parents and family members talk to their students about college and everything that is involved: from selecting a major, to what to expect that first week of class, to tuition and registration deadlines, and much more. Family members will feel empowered to support their students and help them navigate the college experience. We'll have the answers to questions you didn't know you needed to ask! Whether your student is a first-generation college student or it's been some time since your own college days, this workshop will help you understand and support your student.

### *Topics:*

- ACC: One college - 11 campuses
- What it means to select an "Area of Study" or career path
- Courses that align with each career path and general education courses
- Academic Calendar - Semester framework /Course modalities
- Registering for classes - working with an advisor/course load
- Payment deadlines
- Preparing for that first week of classes; understanding course syllabi
- Changing expectations: Allowing for study and homework time in addition to attending classes
- The Family Educational Rights and Privacy Act (FERPA)
- Glossary of ACC terms

### **SCHEDULE:**

#### ***Workshop 1 - How College Works***

- **How College Works: English Only**, Monday., September 30th, 6:30 pm - 8:00 pm (Virtual only via Zoom)

Click [here](#) to REGISTER

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*Note 1:* Students are welcome to attend either session with their family member with the understanding that the workshops focus on parent and family member needs.

*Note 2:* All in-person workshops are held at the ACC Welcome Center (Highland Campus, Bldg. 1000, Rm. 2350)

## Workshop 2 – “Resources Galore”

ACC resources range from academic coaching to financial aid, career guidance, personal resources, technology, and more. Students are more successful when their family support network is familiar with the tools and resources available, both in person and online. The information in this seminar is intended for parents and family members who want to encourage their students to seek out all the support they need to succeed.

### *Topics:*

- Academic supports: learning labs, success coaches, librarians, ACCelerator space
- Financial resources: financial aid, scholarships, Z-degrees, student emergency fund, student money management office
- Personal resources: Food access, transportation, child care/family support, mental health, rent/housing & utility assistance
- Tech resources: Access to technology devices, WiFi, tech support
- Career resources: career counseling, job search class, resumes, internships, interviewing skills
- Student life: engagement opportunities including clubs and intramurals

### **SCHEDULE:**

#### ***Workshop 2 - Resources Galore***

- Resources Galore - English Only - Wed., September 25th, 12:00 pm - 1:00 pm (Virtual Only via Zoom)

Click [here](#) to REGISTER

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*Note 1:* Students are welcome to attend either session with their family member with the understanding that the workshops focus on parent and family member needs.

*Note 2:* All workshops are held at the ACC Welcome Center (Highland Campus, Bldg. 1000)

## Workshop 3 - “College Conversations”

The “College Conversations” workshop will help you and your family member explore how to balance the new relationship that is developing between you and your student. Together, you will examine what boundaries to set, what are realistic expectations, and how to communicate your needs. The workshop is perfect for students, parents, and family partners. Please note that family is a broad term. You can invite anyone you consider part of your support network, including a parent, sibling, extended family member, friend, guardian, spouse, or anyone you call family. This workshop is intended for family members to attend TOGETHER!

### **SCHEDULE:**

### ***Workshop 3 - College Conversations***

COMING SOON. Please complete the registration form and indicate your preferred time for the workshop. We are trying to find the best time for families to attend with their students. We will notify families who completed the registration form of the day/time. [Click here to REGISTER](#)