USATF-NE Road Competition Guidelines

These competition guidelines apply to all USATF-NE Road Championships—including USATF-NE Road Grand Prix and Stand-Alone Championship events.

The USATF-NE Road Grand Prix consists of seven road races of various distances where participants accrue individual and team points. Prize money is awarded by the races and at the end of the series in team and individual competitions.

A Stand-Alone Championship event can be any distance over a mile that is off the track. Individual participants and teams will compete to be champions of that distance. Prize money is awarded by the races and at the end of the series in team and individual competitions. A Stand-Alone Championship event is not scored as part of the Road Grand Prix and does not affect an individual's or team's standing in the series.

For participating road race requirements, team eligibility and other information, please view the General Rules page.

1. Team Competition

a) Competition is held in the following categories:

| | Open division (18+)- men and women | | | |
|--|--|--|--|--|
| | Age 40-and-over division - men and women | | | |
| | Age 50-and-over division - men and women | | | |
| | Age 60-and-over division - men and women | | | |
| | Age 70-and-over division - men and women | | | |

- b) For all Championship Events, team scoring is by total time of the required number of runners in a division, lowest total time wins. Runners may score in any age division for which they are eligible. Older runners may score in any younger division as well as their own age division. Thus, open teams may include runners in their 40s, 50s, 60s and older; A 40+ team may include any runner over age 40, a 50+ team may include any runner over age 50.
- c) For all Championship Events, only current USATF-NE member clubs are eligible to score for a team in road championship competitions. Only one team per division per member club will be scored (no a, b, c teams).
- d) All scorers for a club team must have current individual USATF membership
- e) For all Championship Events, all scoring is now the same for women's and men's age divisions. The distance dictates the number of runners required to score and are as follows:

| Age Division | 10 km and shorter | over 10 km – 25 km | Over 25 km |
|--------------|----------------------|-----------------------|------------|
| Open (18-39) | 5 | 5 | 3 |
| Masters 40+ | 5 | 5 | 3 |
| 50+ | 5 | 3 | 3 |
| 60+ | 3 | 3 | 3 |
| 70+ | 3 | 3 | 3 |
| 80+ | 3 | 3 | 3 |

- f) For Road Grand Prix Championship Events, points are awarded to all scoring teams in all divisions, women and men. The first place team in each division will receive points equal to the number of scoring teams in that division, with a minimum of five points. The following team will receive one point less, and so on down to one point.
- g) At the end of the Road Grand Prix series, prize money will be awarded to those clubs with the highest number of accumulated points as long as the team scored in at least five races*. The total amount will be determined annually by the USATF-NE Board of Governors. Men's and women's teams will receive equal amounts for the same places in each division and the total amount for each division will be determined by the LDR Committee. *This assumes there will be 7 races and will be reassessed if any races are canceled.

2. Individual Competition

- a) Only current USATF-NE members are eligible for Stand-Alone Championship prize money and for Grand Prix individual scoring. Membership is required before the start of the race.
- b) Each competition is scored for both women and men for 18-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over.
- c) In each age division, points are awarded as a percentage of the number of USATF-NE age group finishers multiplied by 1000. The winner will receive 1000 points, and the next finisher is awarded the number of points equal to the percentage multiplied by 1000. For example, if there are 100 runners in a category, the first finisher will receive 1000 points and the 100th finisher will receive 10 points.
- d) At the end of the series, the three runners with the overall highest point totals and who have run 4 out of 7 races* will receive cash prize awards. Men and

- women will receive equal amounts. *This assumes 7 races and will be reassessed if any races are canceled.
- e) At the end of the series, the runner with the overall highest point totals and who has run 4 out of 7 races* in the 40-44, 4-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+ divisions will be eligible for an award. *This assumes 7 races and will be reassessed if any races are canceled.
- f) An age group bonus will be paid if an age group runner could have finished in first, second or third place in the open category. For example, if a 41-year-old could have accrued more points than the first place open runner if scored as an open runner, the 41-year-old will receive their prize plus a bonus that equals first the first place prize in the open category.
- g) In the event that there is a tie for first place in the overall, or an age division, the tie will be broken by comparing head to head competition.
- h) Runners score in the individual age groups based on age on race day. As of 2014, runners aging into another division during the year will accrue points in the age category in which they began the Grand Prix. They will also begin accruing points in their new age category in any race that happens on or after their birthday.

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