

# Saint Joseph's University

## 3+ BS Exercise Physiology/DPT Major Curriculum Requirements (97 ugrad credits years 1-3)

Name \_\_\_\_\_

ID # \_\_\_\_\_

### General Education Program (GEP)

#### Signature Core (19 credits)

Sem.	Course #
	First Year Seminar
	PHL 154 Moral Foundations
	Theology Signature Core (THE 153, THE 154, or THE 155)
	ENG 102 Texts and Contexts
	HIS 154 Forging the Modern World
	<a href="#">Faith and Reason Course</a> (pre-reqs: THE 154 and PHL 154)
	INT 151 Inequality in American Society (Required for students entering Fall 2023 and later)

#### GEP Variable Courses (28-30 Credits. Credits will vary based on language choice and placement)

	<a href="#">Art, Music/Theatre/Film, or Lit</a> (Suggested to choose one that satisfies an Overlay)
	MAT 120 Precalculus or MAT 155 or 161 Calculus (Based on Math Placement)
	BIO 101/101L Biology I: Cells + Lab (Natural Science GEP)
	<a href="#">Non-Native Language I</a>
	<a href="#">Non-Native Language II</a>
	<b>PSY 100 Intro Psychology</b> (Social/Behavioral Science GEP) PHL 2xx or above (Pre-req: PHL154) ANY PHL course (Phil Anthropology) Fulfills DPT Social Science
	<a href="#">Religious Difference</a> (THE or REL)
	ENG 101 Craft of Language

**GEP Overlays:** Students in the Direct Entry Programs are required to do two overlays: Writing-intensive, Ethics-intensive, Diversity, globalization or non-western).

	1 of 2 overlays (W-I, E-I Diversity, globalization or non-western)
	2 of 2 overlays (W-I, EI, Diversity, globalization or non-western)

### GEP Integrative Learning Courses (11 credits)

Sem.	
	BIO 102/102L Biology II: Genetics w/Lab (4CR)
	MAT 118 Intro to Statistics or MAT 128 Applied Statistics
	BIO 261/261L Anatomy & Physiology II w/Lab

### Major Requirements (39 credits - core + area studies)

	EPH 120 Foundations of Exercise Science
	EPH 380 Intro to Kinesiology
	EPH 360 Fitness & Sports Nutrition/HSC 253 Nutrition: Health and Disease.
	EPH 300 Exercise Testing and Prescription
	BIO 260 /260L Anatomy & Physiology I with Lab

### Area studies courses are designated for the students in the DPT Direct Entry Exercise Physiology Major (22 credits)

Sem.	
	PSY Any additional PSY course
	CHM 120/120L General Chemistry I with Lab
	CHM 125/125L General Chemistry II with Lab
	PHY 101/101L General Physics I with Lab
	PHY 102/102L General Physics II with Lab
	Additional Social Science Course (GEP Social Science) HSC 323 Health & Soc/Soc Deter of Health & EPH 340 Ex. Psychology also fulfill req.

**NOTE:** 30 credits completed during the first professional year (senior year) will be applied to the requirements for the undergraduate BS in Exercise Physiology Degree

### Questions related to Undergraduate Degree:

Dr. Patrick Davitt, Program Director

[pdavitt@sju.edu](mailto:pdavitt@sju.edu)

### Questions related to DPT program:

Dr. Eric Folkins, Chair, Physical Therapy

[efolkins@sju.edu](mailto:efolkins@sju.edu)

## Typical and Advised Course Sequence for EPH 3+ Direct Entry DPT Students

- When reviewing the “example” course sequence above it is imperative that you identify the semester when each course is offered (Fall vs Spring semester) in order to fulfill your requirements for on-time graduation. **Many courses are only offered once a year.**
- 30 credits completed during the first professional year will be applied to the requirements for the undergraduate BS Exercise Physiology Degree
- \*Students are encouraged to use the Art/Lit to satisfy the second overlay requirement. Students may complete an Art Lit course that is certified in Diversity, Ethics-intensive, globalization, or non-western.

First Year					
Fall	Cred.		Spring	Cred.	
CHM 120/120L: General Chemistry (Area) (Taken in second year for Fall 2023 admits)	4	<input type="checkbox"/>	CHM 125/125L: General Chemistry II (Area) (Taken in second year for Fall 2023 admits)	4	<input type="checkbox"/>
First Year Seminar (GEP Sig)	3	<input type="checkbox"/>	Theology Signature Core (THE 153, 154, or 155) (GEP Sig)	3	<input type="checkbox"/>
EPH 120: Foundations of Exercise Sci (Major)	3	<input type="checkbox"/>	PHL 154: Moral Foundations (GEP Sig)	3	<input type="checkbox"/>
ENG 101: Craft of Language (GEP Var)	3	<input type="checkbox"/>	ENG 102: Texts and Contexts (GEP Sig)	3	<input type="checkbox"/>
<a href="#">Non-Native Language I</a>	3 or 4	<input type="checkbox"/>	<a href="#">Non-Native Language II</a>	3 or 4	<input type="checkbox"/>
<b>Total Semester Credits</b>	<b>16 or 17</b>			<b>16 or 17</b>	
Sophomore Year					
Fall	Cred.		Spring	Cred.	
BIO 101/101L: Biology I: Cells (ILC) (Taken in first year for Fall 2023 admits)	4	<input type="checkbox"/>	BIO 102/102L: Biology II: Genetics (ILC) (Taken in first year for Fall 2023 admits)	4	<input type="checkbox"/>
MAT 120 (GEP Var)	3	<input type="checkbox"/>	MAT 118: Intro to Statistics (ILC) or MAT 128 Applied Statistics	3	<input type="checkbox"/>
PHY 101/101L Physics I/Lab (Area)	4	<input type="checkbox"/>	PHY 102/102L: Physics II/Lab (Area)	4	<input type="checkbox"/>
<a href="#">Religious Difference (GEP)</a>	3	<input type="checkbox"/>	EPH 380: Intro to Kinesiology	3	<input type="checkbox"/>
INT 151 Inequality in American Society	1	<input type="checkbox"/>	PSY 100 Social/Behavioral Science (SSB GEP Var)	3	<input type="checkbox"/>
<b>Total Semester Credits</b>	<b>15</b>			<b>17</b>	
Junior Year					
Fall	Cred.		Spring	Cred.	
BIO 260/260L Anatomy & Physiology I/Lab (Major)	4	<input type="checkbox"/>	BIO 261/261L: Anatomy & Physiology II/Lab (ILC)	4	<input type="checkbox"/>
EPH 360 Fitness & Sports Nutrition/HSC 253 Nutrition: Health and Disease (Major)	3	<input type="checkbox"/>	ANY PHL Phil Anthro GEP (rec. to choose PHL that also satisfies overlay)	3	<input type="checkbox"/>
HIS 154 Forging the modern World	3	<input type="checkbox"/>	PSY Any additional PSY course (Pre-req: PSY 100)	3	<input type="checkbox"/>
<a href="#">Faith &amp; Reason (GEP)</a>	3	<input type="checkbox"/>	<a href="#">ART/LIT (GEP)*</a> (recommended: choose a course to satisfy an overlay)	3	<input type="checkbox"/>
Additional Social Science Course (HSC 323 Health & Soc/Soc Deter of Health & EPH 340 Ex. Psychology also fulfill req)	3	<input type="checkbox"/>	EPH 300: Exer Testing & Prescription (Major)	4	<input type="checkbox"/>
<b>Total Semester Credits</b>	<b>16</b>			<b>17</b>	
Senior Year (First Professional Year)					
Summer/Fall	Cred.		Spring	Cred.	

P1 Courses in DPT Curriculum	15	<input type="checkbox"/>	P1 Courses in DPT Curriculum	15	<input type="checkbox"/>
<b>Total Semester Credits</b>	<b>15</b>			<b>15</b>	