



IMPORTANT RETREAT INFORMATION & WAIVER

DATE: Friday January 16-19, 2015 (MLK Weekend)

LOCATION:

Galilee Camp and Conference Center
1776 Hwy 50, Glenbrook, NV 89413 www.galileetahoe.org

COST:

\$225 includes 3 nights lodging (Fri, Sat, and Sun) and all meals except lunch Saturday & Sunday since we will be out exploring Lake Tahoe both afternoons. Price does NOT include lift ticket.

PAYMENT:

Please make your check payable to "Metropolis of San Francisco" with memo "Young Adult Winter Retreat."
Please mail your check to 245 Valencia Street San Francisco, CA 94103 by January 2, 2015.

ONLINE REGISTRATION:

Click this link to register online:

https://docs.google.com/forms/d/1Sgb3lrTJRqqpFAviQ4RauPpteOS7505orgG97A1jIDM/viewform?usp=send_form

HEALTH INSURANCE:

If you have health insurance, please bring your insurance card with you.

SKIING OR SNOWBOARDING:

There will be opportunities to go skiing or snowboarding on Saturday and/or Sunday. You will need to purchase your lift tickets on your own. There are two resorts near the retreat center:

- Heavenly Ski Resort - www.skiheavenly.com (15 minute drive south from the retreat center)
- Diamond Peak - www.diamondpeak.com (25 minute drive north from the retreat center)

FOR THOSE NOT SKIING OR SNOWBOARDING:

That's okay, you do not have to ski or snowboard to have a blast on this trip! There will be a large group going sledding and ice skating on Saturday and then watching NFL Football on Sunday in the South Lake Tahoe area.

ACCOMMODATIONS:

We will have the entire retreat center to ourselves. All of the cabins have attached bathrooms, electricity, are heated, and have bunk beds. (Bedding not provided)

ARRIVAL ON FRIDAY:

The Retreat begins at 6pm on Friday. Please plan to arrive around 5pm-5:30pm to get settled in. Dinner will be provided Friday night starting at 6:30pm.

DEPARTURE ON MONDAY:

Monday morning we will have Orthros, breakfast, pack up, and head home.

WEATHER:

There is a good chance of snow this time of year. Typical weather is high 40's during the day and low 20's at night. If you are driving a car, you should have snow chains with you.

PACKING LIST:

- sleeping bag and/or warm blankets and sheets
- pillow
- toiletries
- bath towel
- snow gear for skiing or snow play
- waterproof snow boots or shoes
- gloves, scarf, hat
- bring lots of layers (thermos/leggings/long sleeve shirts)
- comfy warm clothes for lounging around at the retreat center
- flashlight
- phone charger
- chapstick and sunscreen
- water bottle
- sled or blow up inner tube
- playing cards & board games

TO FINALIZE YOUR REGISTRATION YOU WILL NEED TO:

- Fill out online registration form
- Bring to Retreat: Signed waiver and check for \$225 made out to Holy Trinity Church

***DEADLINE TO REGISTER: January 13, 2014**

BAY AREA YOUNG ADULT WINTER RETREAT AT LAKE TAHOE
Hosted by Holy Trinity Greek Orthodox Church of San Francisco
January 17-20, 2014

RELEASE WAIVER FORM

IT IS THE INTENTION OF (PARTICIPANT)

- BY THIS

AGREEMENT TO EXEMPT AND RELIEVE Holy Trinity Greek Orthodox Church of San Francisco (Holy Trinity), and the Greek Orthodox Archdiocese of America (the Archdiocese) AND ITS OFFICERS, AGENTS, SERVANTS, OR EMPLOYEES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH OF (PARTICIPANT) _____ CAUSED BY ANY ACT OF NEGLIGENCE OF Holy Trinity AND ITS OFFICERS, AGENTS, SERVANTS, OR EMPLOYEES. For and in consideration of permitting him or her to observe, or use any facility or equipment of Holy Trinity to engage in and/or receive instruction in any activity or activity incidental thereto SOME OF WHICH MAY INVOLVE DANGERS AND RISK OF BODILY INJURY at: Galilee Episcopal Camp and Conference Center Inc., in the county of Glenbrook, in the State of Nevada, at Heavenly Ski Resort in the city of Lake Tahoe, in the county of El Dorado, in the State of California, and Holy Trinity Greek Orthodox Church in the city and county of San Francisco, in the State of California, on the days of January 17-20, 2014, the participant named above hereby voluntarily and absolutely releases, discharges, waives, and relinquishes any and all loss or damages or actions or causes of action for personal injury, property damage, or wrongful death occurring to participant named above as a result of his or her observing or using facilities or equipment of Holy Trinity or engaging in or receiving instructions in any activities SOME OF WHICH MAY INVOLVE DANGERS AND RISK OF BODILY INJURY or in activities incidental thereto wherever or however the same may occur, and for whatever period said activities or instructions may continue.

The participant named above for him/herself, his/her heirs, executors, administrators, or assigns agrees that in the event any claim for personal injury, property damage, or wrongful death shall be prosecuted against Holy Trinity and the Archdiocese or its officers, agents, servants, or employees, the undersigned parent or guardian will indemnify and hold harmless Holy Trinity, and the Archdiocese and its officers, agents, servants, or employees from any and all claims or causes of action by the participant named above or by any other person or entity, by whomever or wherever made or presented, and under no circumstances will the participant named above present any claim against Holy Trinity and the Archdiocese and said persons for personal injuries, property damage, wrongful death, or otherwise, caused by any act of negligence by Holy Trinity and the Archdiocese and said persons.

The participant has read this Release, has requested and has been provided with, or has requested and declined advisement on the potential dangers/risks of engaging in the observation, activities, or instruction offered, assumes all risks associated with such dangers and risks, and is fully aware of and understands the terms and the legal consequences of the signing of this Release. The participant intends his or her signature to be a complete and unconditional release of all liability to the greatest extent allowed by law and if any portion of the Release is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

SIGNATURE OF PARTICIPANT:

PRINTED FULL NAME:

DATED: