

Waynflete Fall Pre-Season Sports Policy

Upper School Pre-Season begins in the middle of August. Annual dates are below. Attendance is mandatory for athletes trying out for varsity teams. Pre-season is extremely valuable for the purposes of conditioning, safety, injury prevention, skill development, team development and bonding. Varsity coaches use the first week as a tryout period and varsity squads are generally selected by the end of the first week. **All athletes, even those wishing to play on JV teams are encouraged to come to the entire pre-season.**

Athletes need to attend five practices prior to playing in any game or scrimmage. Any athlete who cannot report to pre-season by Monday, August 16 must contact the head coach and/or athletic director in advance.

Student Health and Family Information forms are required for students to begin practices. Pre-season schedules and coaches' contact information will be on the Waynflete website in July under Athletics News. All fall athletes and parents are invited to the preseason picnic.

Pre-season begin dates:

2023 August 14

2024 August 19

2025 August 18