



Things to Bring weather = sunny with an average temp of 78

Summer clothes-conservative avoid short shorts or spaghetti straps
Light weight long sleeve shirts and pants to protect from mosquitoes
One nice outfit for church
Bathing suit (modest) , sunblock, towel, water shoes
Old clothes and shoes for painting project, long sleeves and pants recommended
Refillable water bottle (only refill from approved sources)
Shower supplies and water shoes
Medications
Cell phone, extra battery
***Bug repellent and after bite
Hand sanitizer
Protein bars or cup of noodles, nuts, traveling snacks
Money for meals while traveling to and from Belize
Journal, bible or bible ap on phone