

Odyssey Plans

To edit this worksheet, please feel free to download or make a copy by clicking File > Make a Copy. You may then save a copy of this worksheet to your personal Drive.

An Odyssey Plan is a brainstorm for what you would like your life to look like in the near future. For more information about what an Odyssey Plan is, watch the following video:

<https://youtu.be/wnU5DaIPr2Q>

Use this worksheet to create your own Odyssey Plan(s). Try incorporating various aspects of your life: career, academic, fun, health, and other life goals. See below for examples of an Odyssey Plan. Consider creating multiple plans for different major and career options!

Blank Odyssey Plan Template:

0	1	2	3	4	5

Alternative Plan # _____

6 word title:



RESOURCES



I LIKE IT



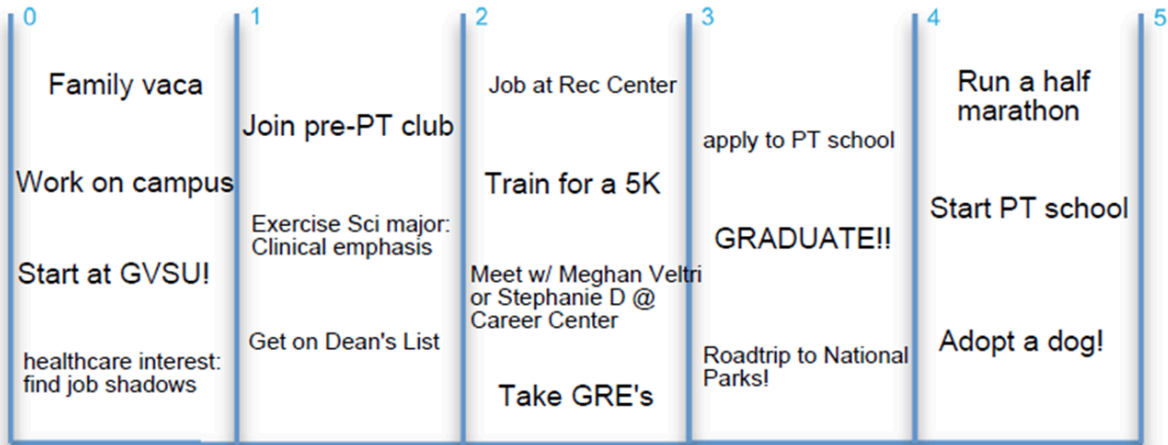
CONFIDENCE



COHERENCE

Questions this plan addresses:

Plan #1 Example:



Alternative Plan # 1

Bright outlook; \$62k-\$127K avg

6 word title:

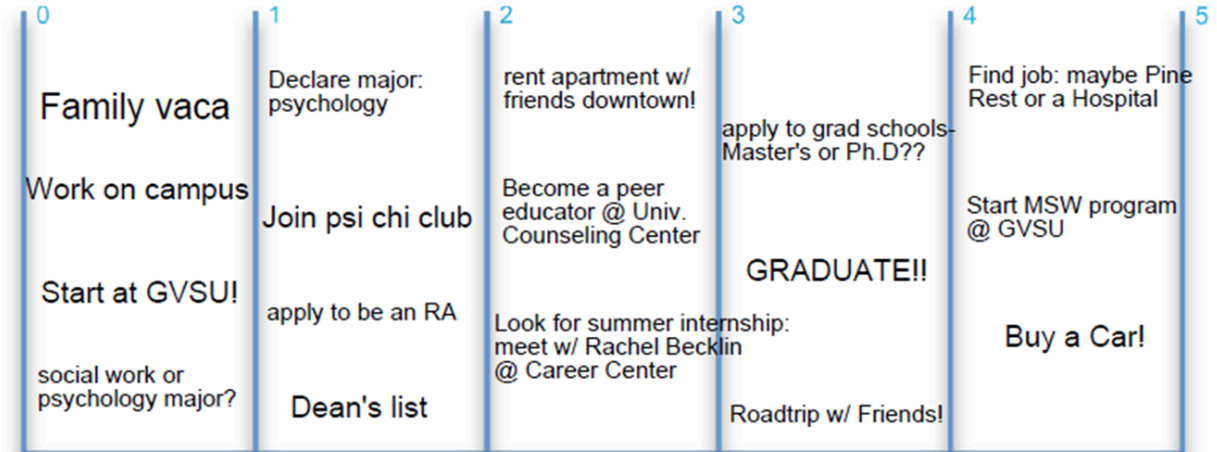
Physical Therapy plan- steady and secure

Questions this plan addresses:

- Do I want to go to DPT school for 3 years?
- Will I have the grades/GPA to make it?
- What will I do if I don't get accepted to DPT program?



Plan #2 Example:



Alternative Plan # 2

Bright outlook; \$40k-70k avg

6 word title:

Medical social worker- still helping others

Questions this plan addresses:

- Will I get burnt out in mental health field?
- Will I make enough money?
- Do I want to go to grad school?

