



Department of Counseling
Master of Arts Counseling
Clinical Mental Health (CMHC) Course Guide

Student Name: _____

Faculty Advisor: _____

DEGREE REQUIREMENTS

I. *Required Core Coursework (27 hours)*

Course Prefix	Course Number	Course Name	Course Prerequisites	Semester Completed or planned
CNCO	6317	Critical Evaluation of Research in Counseling		
CNCO	6318	Professional Orientation		
CNCO	6351	Counseling Skills and Techniques	CNCO 6318	
CNCO	6352	Counseling Theories		
CNCO	6354	Abnormal Human Behavior and Psychopathology		
CNCO	6355	Counseling Diverse Populations		
CNCO	6356	Human Growth and Development		
CNCO	6363	Legal and Ethical Issues for Counseling Professionals		
CNCO	6364	Introduction to Systems Theories in Counseling		

II. *Concentration Courses (33 Hours) (Must have completed at least 18hrs of core course work)*

Course Prefix	Course Number	Course Name	Course Prerequisites	Semester Completed or planned
CNSL	6353	Group Counseling		
CNSL	6355	Advanced Psychopathology and Psychopharmacology	CNCO 6354	
CNSL	6361	Assessment Techniques		
CNSL	6362	Career Development and Planning		
CNSL	6366	Elective 1 or MCFC Course @@@		
CNSL	6366	Elective 2 or MCFC Course @@@		
CNSL	6360	Addiction Counseling		
CNSL	6371	Crisis and Trauma Management		
CNSL	6367	Counseling Practicum	Program approval, all CNCO courses, must be in the last year of the program. Recommended: CNSL 6353, CNSL 6355 ***	
CNSL	6368	Counseling Internship	CNSL 6367	
CNSL	6369	Counseling Internship II	CNSL 6368	

Notes

***To meet the 39 hour prerequisite for PRAC, full time students will need one semester of 12 hrs. This can be in semester 3 or 4 and will require a petition for approval to ensure the proposed combination of courses is recommended and supported by the MAC department. There is not an option to complete the program in less than 7 semesters and per University policy, students must complete all coursework in their master's degree plan within six years from the time of enrollment in the program.

For practicum, students average 8-10 hours a week of direct and indirect hours to meet requirements. For Internship I and II, students average around 15-20 hours a week of direct and indirect hours to meet requirements. Note that all sites have their own requirements which may differ from the averages stated above.

@ [FA21-FA23 topics courses](#) included: Advanced Childhood Trauma; Eidetic Imagery; Eidetics Counseling; Essential Elements of the Counseling Process; Essentials of Private Practice; Grief and Loss; Integrated Mental Health Counseling & Treatment Plan; Narrative Therapy; Play Therapy; Theory and Practice of Eidetic Imagery

International students should talk with their advisor and OIE to map out their sequencing in line with immigration eligibility.

Clinical Mental Health Counseling Course Sequencing:

<i>Seven Semester Course Sequence</i>						
Year 1			Year 2			Year 3
Semester #1	Semester #2	Semester #3	Semester #4	Semester #5	Semester #6	Semester #7
CNCO 6318 Pro. Orientation	CNCO 6317 Research	CNCO 6351 Skills	CNSL 6353 Group	CNSL 6360 Addictions	CNSL 6366@ Elective or MCFC	CNSL 6366@ Elective or MCFC
CNCO 6352 Counseling Theories	CNCO 6355 Diverse Pop.	CNCO 6354 Abnormal	CNSL Adv. 6355 Psychopatholog y	CNSL 6367 Practicum	CNSL 6368 Intern I	CNSL 6369 Intern. II
CNCO 6363 Legal and Ethics	CNCO 6356 Human Growth and Dev.	CNCO 6364 Systems Theories	CNSL 6361 Assessment	CNSL 6371 Crisis and Trauma		
			CNSL 6362 Career			

<i>Eight Semester Course Sequence</i>							
Year 1			Year 2			Year 3	
Semester #1	Semester #2	Semester #3	Semester #4	Semester #5	Semester #6	Semester #7	Semester #8
CNCO 6318 Pro. Orientation	CNCO 6317 Research	CNCO 6351 Skills	CNSL 6353 Group	CNSL 6360 Addictions	CNSL 6367 Practicum	CNSL 6366 Elective or MCFC	CNSL 6366 Elective or MCFC
CNCO 6352 Counseling Theories	CNCO 6355 Diverse Pop.	CNCO 6354 Abnormal	CNSL 6355 Adv. Psychopathol ogy	CNSL 6362 Career	CNSL 6371 Crisis and Trauma	CNSL 6368 Intern I	CNSL 6369 Intern. II
CNCO 6363 Legal and Ethics	CNCO 6356 Human Growth and Dev.	CNCO 6364 Systems Theories	CNSL 6361 Assessment				

<i>Ten Semester Course Sequence</i>									
Year 1			Year 2			Year 3			Year 4
Semester #1	Semester #2	Semester #3	Semester #4	Semester #5	Semester #6	Semester #7	Semester #8	Semester #9	Semester #10
CNCO 6318 Pro. Orientation	CNCO 6317 Research	CNCO 6355 Diverse Pop.	CNCO 6364 Systems Theories	CNCO 6351 Skills	CNSL 6355 Adv. Psychopat hology	CNSL 6353 Group	CNSL 6360 Addictions	CNSL 6366 Elective or MCFC	CNSL 6366 Elective or MCFC
CNCO 6352 Counseling Theories	CNCO 6363 Legal and Ethics	CNCO 6356 Human Growth and Dev.	CNCO 6354 Abnormal	CNSL 6361 Assessment	CNSL 6362 Career	CNSL 6371 Crisis and Trauma	CNSL 6367 Practicum	CNSL 6368 Intern I	CNSL 6369 Intern II