LHS CAREER LEARNING OPPORTUNITIES & JOB UPDATES Updated June 4, 2024

Ms. Fasold, Career Coordinator

I welcome questions via email: <u>sfasold@pps.net</u> or <u>call/text</u>: <u>971-420-3683</u>, or schedule a meeting with me <u>HERE</u>.

Follow us on Instagram <u>@lhscareercenter</u>

Don't Miss all of the great resources on the <u>CAREER CENTER</u> homepage!

The best way to get the most current information is by downloading the <u>Trivory App</u> to your phone

GENERAL ANNOUNCEMENTS

The Bodecker Foundation has announced their summer creative workshops!

See all details and apply for these <u>workshops online</u> (limited spaces-don't delay). Students will be asked to upload samples of their work when they apply

- Soft Sculpture July 8-12
- Shoot from the Hip (Pocket): iPhone Filmmaking July 15-19 & July 29-August 2
- Writing in Surround Sound July 27
- Songwriting & Demoing August 5-9
- Watercolor Figurative Painting August 5-9
- Mixed Tape Mixed Media Master Making August 12-13
- Lighting Techniques August 15-16

If you have questions about a specific workshop, please email workshops@bodeckerfound.org

Red Cross Summer Youth Corps

It's not too late to become a Summer Youth Corps Donor Ambassador to the Red Cross! Opportunity to sign-up is still available - go online or use the QR code on **this flyer**.

Questions? Contact LHS Red Cross Student Club President, William Sanchez, wsanchez8590@student.pps.net

Interested in a Career in Health Services/Medicine?

ProvidenceReady plans to continue offering experiential learning events for high school students over the summer months. Please complete <u>THIS FORM</u> to be notified of the summer events Providence will be rolling out in the coming weeks.

Once you have participated in one of the career related learning experiences, complete a <u>CRLE</u> <u>Reflection</u> (2 required for graduation)! <u>QR code</u>

FEATURED INTERNSHIP, LEADERSHIP, & MENTORING OPPORTUNITIES!

Calling all rising seniors: Get Schooled is hiring Student Ambassadors for the 2024-2025 school year! Fill out this interest form and we'll be in touch soon about the application and next steps. Some opportunities for Student Ambassadors include:

- Attending Monthly Leadership Meetings
- Supporting & Engage Your Peers
- Sharing Get Schooled's Tools & Resources
- Building relationships w/ other student leaders

Paid Leadership Position focused on Climate Solutions

Are you ready to be a climate solutions leader? Join the Our Future "Regional Leaders" team! The overall Our Future program is a statewide network of students involved in team building, idea generation, planning, climate action, civic engagement/service learning, and having some fun. Students who are involved are making positive change in the world! The Regional Leaders is a special team within the Our Future network that guides the success of the team within a region.

Some Regional Leaders activities include:

- Develop and implement projects that reduce greenhouse gas (GHG) emissions, and find ways to address climate justice.
- Create articles and posts for Instagram, Facebook, and the Our Future website.
- Find new "members" for Our Future, and get them involved in the team's activities.
- Contact various organizations throughout Oregon, and find meaningful ways to collaborate with them.

This is a great way to meet with other students across the state, and prepare yourself for college or careers. If you are a freshman, sophomore or junior, Partners for Sustainable Schools (PSS) wants to hear from you!

- This internship with Our Future will require a total of approximately 4 hours per week, between Oct. 2024 and May 2025. (There is also a part time internship available.)
- This is a paid internship and includes a stipend of up to \$1000 for students who are full-time, and fully participate in project team activities.
- Students on the "regional leaders" team will gain valuable experience, and have the opportunity to make a difference.

If interested please fill out the application ASAP (Priority Deadline June 10, 2024), and we will contact you very soon! (Click Here to Apply Now)

Check out our website: <u>ourfutureoregon.org</u> Instagram: instagram.com/ourfutureoregon

Email any questions you have to: info@ourfutureoregon.org

First Ever US formula E Girls on Track Event

We are excited to invite you to a groundbreaking event coming to the United States for the first time: the Formula E Girls on Track event! This unique program, developed by the FIA—the governing body of Formula 1 and Formula E—focuses on empowering the next generation of female participants in STEM careers within the racing industry.

On June 29th and 30th, Formula E will arrive in Portland, bringing international participants from around the world. Previous Girls on Track events have been held in cities like Shanghai, London, Berlin, and Mexico City. Now, it's our turn to host this incredible event right here in the U.S. **The event will take place on June 26th and/or 27th, leading up to the race**.

Don't miss out on this fantastic opportunity to be part of a historic event. Join us for a day of inspiration, learning, and fun, as you explore the exciting world of racing and STEM.

The link to sign up is here - more information will be sent once you sign up! For more information about the program, click here.

One Week Summer Social Services Internship

This summer, from July 14th - 19th, <u>Clay Street Table</u> will be hosting an internship centered around distributing food, building empathy, and fostering community for food-insecure individuals in Portland! If admitted, you will work 30+ hours collaborating with other high schoolers to engage in various activities, including cooking meals, talking with community members, and more. You will have an opportunity to learn from a former Nike Designer, Bruce Kilgore, about techniques to unlock your creativity and critical thinking, all while cultivating leadership skills! This internship is open to incoming 10th-12th graders across Portland and it counts as a CRLE.

Applications are due by June 14th at 11:59 PM! Feel free to email <u>mlevine2226@student.pps.net</u> with any questions.

Link to apply: https://forms.gle/AiBRwLrwKeh1rZtGA

Leadership Opportunity for Rising Seniors with the Oregon Dept. of Education

The Oregon State Board of Education and the Oregon Department of Education encourage rising high school seniors to apply for a one-year appointment as either a **Student Advisor to the Board** or a **Student Rule Advisor**. These appointments begin August 2024 and end July 2025. To qualify, students must be current high school juniors (seniors during the 2024-25 school year) with strong leadership qualities and the ability to deliberate policy issues. Students who do not have direct experience or expertise on policy deliberations are still welcome to apply, and can receive coaching if selected.

Judge Beckerman Criminal Justice Internship - Apply ASAP!

Applications are now open for the Stacie Fatka Beckerman, US Magistrate Judge,

HS Criminal Justice Internship (August 12-15, 2024). The theme of the fifth annual program is "Why Prison?" See all the details and apply ASAP

POWGirls Summer Workshops - Register Now! https://www.powfilmfest.com/powgirl-workshops

**POWGirls offers workshops in video production, cinematography, audio recording, set lighting, digital editing and media literacy for girls and non-binary youth ages 15-19. Our instructors are working media producers who inspire girls to be creative, tech-savvy leaders who will help realize gender equity in the film industry.

NW Cyber Camp

NW Cyber Camp offers a week of hands-on projects related to the growing field of cybersecurity, coed and girls-only options. Multiple locations:

- GenCyber NW Cyber Camp @ PCC-Sylvania (Portland): July 29th-August 2nd Co-ed and Girls-Focused Classrooms Register Now!
- NW Cyber Camp @ Clackamas Community College (Clackamas): July 29th-August 1st Co-ed Classroom Register Now!

Lykins for City Council is offering a summer fellowship

The <u>Lykins campaign</u> is excited to announce that we will be offering a <u>summer fellowship</u> for high schoolers. Students will have a chance to learn (both on-the-job and seminar-style) from professionals in campaigns, elections, and local policy. They'll have the chance to put their knowledge and skills to use, backed by a pot of campaign money earmarked for them. **Our <u>application form</u>** is live and we're accepting applicants on a rolling basis.

Volunteer with Youthline as a Peer Crisis Intervention Specialist

YouthLine is a free teen-to-teen help, support and crisis line that operates every day from 4-10pm. Peer Crisis Intervention Specialist position which requires students to be aged 15-24 and able to commit to one 3.5-hour shift per week (3:45-7:15PM or 6:45-10:15PM). Volunteers in this position answer calls, texts, and chats from folks reaching out. We ask for a minimum of a **one-year** commitment from volunteers due to the required training. If students are interested, they can text "ORVOL" to 85511, email YouthL@linesforlife.org or check out our website to learn more!

The Multnomah County Youth Literary Magazine is Seeking Team Members

Do you want to work collaboratively with youth from around the city to create a magazine? The <u>Multnomah County Youth Magazine</u> is a library project that aims to spotlight youth voices in PDX. This is a great opportunity for students who want to gain experience in collaborating, writing, and publishing. <u>Apply online</u>. For more information, contact student leads: LHS student Mo Damtew (<u>mohammedmmed637@gmail.com</u>) or Olivia Shreefter at St. Mary's Academy (<u>olivia251@smapdx.org</u>)

Evergreen Aviation & Space Museum Summer Camps

This summer, the Museum is hosting two camps from July 8 - 19. Learn more about <u>Aviation Camp</u> and <u>Galaxy Camp</u>. Both are excellent opportunities for students to participate in an educational summer activity based on STEAM fundamentals.

The Northwest Oregon Leadership Fellowship

(NWOLF) is a prestigious 11-week program designed to cultivate the next generation of public service leaders in Oregon. Hosted by Representative Bowman, Majority Leader of the Oregon House of

Representatives, NWOLF offers a comprehensive experience that equips promising young Oregonians with the skills and knowledge needed for a successful career in politics, campaigns, and public policy. Students can apply to the internship with **this link**. Deadline to apply is mid-June 2024

My Creative Brand is looking for volunteer interns

We are a PR boutique firm that offers media outreach, media planning, marketing or special communications services for lifestyle, and Brands types of businesses. Internship opportunities include Social Media and Event Project Coordinating and Marketing. Internships can be either in the summer or fall. This is a great opportunity to gain hands-on skills and build your portfolio REQUIRED QUALIFICATIONS

- You are creative and come up with super awesome ideas and concepts
- Result driven and resourceful with great communication skills
- Perfect for someone who wants to be hands on and build portfolio and likes working on projects and bringing them life
- Work an average 4-6 hours a week, students work remotely
 Interested students can send resumes to mycreativebrand@gmail.com

JOBS & JOB SEARCH RESOURCES

For job search tips and resume sample see the <u>Career Center website</u>

- **KinderCare Downtown is hiring:** The downtown KinderCare, located near Lincoln High School on 5th Ave is hiring students who are **16 years or older** and have a passion for working with children.
- At KinderCare, we are committed to providing quality childcare services, and we believe that offering job opportunities to motivated and enthusiastic students can benefit both our center and the students themselves. We have openings for positions during the upcoming summer and school year, and we are eager to welcome students who are interested in gaining valuable experience in childcare.
- If any students at Lincoln High School are interested in learning more about these job opportunities or applying, they can apply online:
- https://www.kcecareers.com/job/240513301702T/Teachers-at-Downtown-Portland-KinderCare send an email: christina.luna@kindercare.com or stop by 1400 SW 5th Ave #100
- Work odd jobs for a business created by LHS Alumni Sebastian Morse: Need extra cash? Want to work on your own schedule? Odd Jobs Connect goes beyond the typical! Founded in 2021 by a Lincoln High School student, our mission is to connect local neighbors and businesses with reliable help, regardless of the task at hand. We value all skills! Whether you're a tech whiz, babysitter, lawn mower, creative problem-solver, handy helper, or anything in between, we have opportunities for you. Sign up today at OddJobsConnect.com/Join. If you sign-up by June 1, you will be entered into a raffle to win gift cards.
- Dishwasher needed at The Emerald Line Restaurant (1800 NW 16th Ave). Must be 16+ and available to work Mondays and Tuesdays, 6:00 pm Close (usually between 9:30-10:30 pm).
 Applicants need to have an Oregon Food Handler's Card (or in process of getting one). To apply, bring your resume to the restaurant between 3:30-5:00 and ask for Jacq.
- Part- time Administrative Support Job with FETCH Eyewear \$18/hr
 - FETCH donates all profits to animal rescue
 - Projects include the design of a new eyewear collection, marketing initiatives to partnerships, and follow up to press initiatives. Also will work on a separate tile program
 - About 20 hours/per week, located on NW 23rd & Glisan
 - Email resumes by Fri. May 31 (*Extended deadline) to Ann Sacks, ann@fetcheyewear.com.
 Questions? Call Ann at 971-442-1270
- <u>Downtown Buffalo Exchange</u> is hiring a Floor Assistant
- OMSI Overnight Camps are hiring Camp Counselors
- Northwest Youth Corps and Idaho Conservation Corps Summer Opportunities Work outside and away from home; meet people from all around the state and neighboring states

- Search "Teen Jobs Portland" in Google or Indeed to see what businesses are hiring, and then apply
 online and drop off your resume in person. It is important to get your name in front of the hiring
 manager more than once, which is why it is important to drop off your resume in addition to applying
 online!
- **Fred Meyer** No Experience necessary; On the job training, flexible scheduling, and store discounts provided. Apply online at <u>jobs.fredmeyer.com</u> and drop off your resume at the Customer Service Desk
- Safeway/Albertsons hiring at All Store Locations
 They hire students aged 16+ for courtesy clerks and barista positions. For position details, go <u>HERE</u>

JOBS & TRAINING for graduating SENIORS!

Multnomah County Health Department is hiring Youth Inspections Staff for our <u>Tobacco Control and Prevention Program</u> for summer job seekers! Pay starts at \$20/hr with a part-time, flexible schedule. Applicants must be 18 or 19 years old. Link to apply:

https://multco.wd1.myworkdayjobs.com/Multco_Jobs/job/Portland-OR/Youth-Inspections-Staff---On-Call_R-148 16

High School the Highway Training Program

The state is seeking applicants for our <u>high school to highway (H2H) trainee program</u>! This new program is designed to help upcoming and recent alternative and high school graduates learn about state government, maintenance work and construction projects. As part of your training, you will work on our dedicated maintenance crew to repair and preserve roadways, bridges, structures and facilities and help keep Oregon's roadways safe for the traveling public. This is a great opportunity to work outdoors with a team and learn about roadway maintenance while working closely with a mentor! This training program will be full-time work in the transportation maintenance specialist entry classification with a projected start date of July 1, 2024, and an end date of June 30, 2025. Your salary will start at \$3,619 per month. After six months, your salary will increase to \$3,776 per month.

This is a phenomenal opportunity for students who would like to go directly into the workforce!

Learn about Plumbers, Installers, and Painter Apprenticeships

Plumbers Joint Apprenticeship & Training Committee (JATC) has a program that is now open. Please see all details **online** to get started.

NW College of Construction has Apprenticeships

See details online for information and apprenticeships

Portland YouthBuilders Bridge to Construction

Bridge is a construction pre-apprenticeship program designed to support high school graduates ages 18-26 living in Multnomah or Washington County with pursuing a living-wage career in the construction trades through hands-on training and individualized career coaching. Throughout the program, students earn industry-recognized certifications and get direct/preferred entry into apprenticeship/trades positions. Students received a stipend of up to \$15 per hour for full participation over the 9-week training program. Learn more and apply! Next Cohorts Start Dates: August 13, 2024

Impact NW Manufacturing Pre-Apprenticeship - Kickstart your career in manufacturing/trades by participating in this free, PAID, 7-week course (175 hours of training!) See all details **HERE**

Manufacturing Pre-Apprenticeship - Kickstart your career in manufacturing/trades by participating in this free, paid, 7-week course (175 hours of training!) See all details **HERE**

Opportunities Unlimited - Community Support Company called Opportunities Unlimited is hiring full and part time positions for age 18+. Together with the Portland metro counties and their respective agencies, we service the underserved adult community of the developmentally disabled. FLYER

VOLUNTEER

Volunteer Opportunities at Portland Tennis & Education

There are two options for volunteering:

- 1. After-school program (more flexible option) commit to volunteering one day a week from 3-6 (can accommodate as Lincoln gets out of school later)
- 2. Summer program commit to being a volunteer/camp leader for a three week session in the summer get more hours through this option. After working one summer session (three weeks) or doing a full after-school term (i.e spring, fall or winter), you get promoted to the PTE Student Board which looks great on college applications.

Volunteer at Emerson House (Memory Care Facility)

Emerson House is home to 55 seniors afflicted with dementia. There are lots of volunteer opportunities to match your interests. See <u>FLYER</u> and if interested contact <u>Michelle Grossberg</u> for more information.

Volunteer with YouthLine

Youthline is a free teen-to-teen help, support and crisis line that operates every day from 4-10 PM PST. Teens can call, text or chat us with anything that may be bothering them; including family and relationship problems, substance abuse, eating disorders, depression, suicidal thoughts, and a wide array of other life challenges. Our program has a few main roles:

Students must be 15-24 years old for the Peer Crisis Intervention Specialist position and able to commit to one 3.5-hour shift per week (3:45-7:15pm or 6:45-10:15pm). Volunteers in this position answer calls, texts, and chats from folks reaching out.

We ask for a minimum of a one-year commitment from volunteers. Interested students can text "ORVOL" to 85511, email YouthL@linesforlife.org or check out our website to learn more!

Volunteer with Legacy Emanuel - If you are interested in pursuing a career in healthcare, actively assisting in a hospital setting will provide you with the opportunity to gain a helpful understanding of the hospital environment and the many medical roles filled by our excellent staff! Complete this (the link automatically downloads the application, so check the downloads in your computer) application and submit to Sarah Mitchell, Volunteer Coordinator, Legacy Emanuel Medical Center, SCARMAN@lhs.org

Checkout VolunteerMatch and Greater Hands on Portland

The Friendly House, (On the Corner of NW 26th & Thurman) has a wide variety of volunteer opportunities

Tools to Explore Colleges and Careers From Home



allows students to develop profiles, explore careers that fit those profiles, and build academic, college, and career plans. It helps

them manage college applications, and helps counselors manage student progress. Go to maialearning.com to get started! Log-in with your PPS student login credentials.



Oregon Career Information System (OR CIS)

Steps for logging in:

- 1. Go to your MyPPS
- 2. From the Dashboard, consider completing the assessments in the "Explore Resources" tab
 - When you click on "Learn about Occupations" you can see the assessments or explore the occupational list, or go through the career clusters
 - When you select a specific occupation, you can learn about the skills, abilities, work activities, job outlook, related educational training (majors), related occupations and more!
 - See occupations you like? Click on the heart and they will be in your "Saved Work" on the Dashboard



Get Schooled is a free, digital college & job advisor. For more information go to www.getschooled.com



An amazing resource of video informational interviews and specific career details from those interviewed.

- 1. Go to www.roadtripnation.com
- 2. Under the "Career Exploration" tab, select "Interests"
- 3. Click on one of the interest themes you want to learn more about
- 4. Click on the name of the person to see a highlight video from an information interview conducted (the entire video is only available to "premium subscribers," which we aren't)
- 5. Keep scrolling down from the video link to see the person's milestones in their career path, education, career details, and hurdles they identify.

Oregon Apprenticeship and Bureau of Labor and Industry (BOLI)





Check out the opportunities to participate in apprenticeship programs around the state of Oregon using one of these two sites.

Curious about Careers & Resources in the

Trades?

See this <u>Union Apprenticeships at a Glance</u> page and check out the <u>Google Slides</u> from a Trades presentation. Please email or text (971-420-3683) Ms. Fasold, Career Coordinator with any questions!